

FIT Food® Lean



FIT Food® Lean is an easy-to-mix functional food for vegans, individuals sensitive or allergic to soy and/or dairy, or anyone seeking an alternative source of quality protein. FIT Food Lean features VegaPro™, an all-natural rice and pea protein blend.

The pea protein in FIT Food Lean is rich in lysine and arginine. Lysine is of particular interest in weight control because it helps maintain lean body mass. Arginine is essential to weight control for its ability to help increase muscle mass and reduce body fat. Pea protein has the highest lysine concentration (7.2%) of all vegetable-based proteins and the highest arginine concentration (8.7%) among all commercially available proteins.*

VegaPro features a full complement of amino acids, including branched-chain amino acids.



FIT Food® Lean Vanilla Delight



FIT Food® Lean Creamy Chocolate

Serving Size: 1 Packet (about 40 g) Servings Per Container: 10			Serving Size: 1 Packet (about 45 g) Servings Per Container: 10		
	Amount Per Serving	%Daily Value*		Amount Per Serving	%Daily Value*
Calories.....	150		Calories.....	160	
Total Fat.....	2.5 g	3%	Total Fat.....	4 g	5%
Saturated Fat.....	1 g	5%	Saturated Fat.....	1 g	5%
<i>Trans Fat</i>	0 g		<i>Trans Fat</i>	0 g	
Cholesterol.....	0 mg	0%	Cholesterol.....	0 mg	0%
Sodium.....	370 mg	16%	Sodium.....	390 mg	17%
Total Carbohydrate.....	14 g	5%	Total Carbohydrate.....	16 g	6%
Dietary Fiber.....	5 g	18%	Dietary Fiber.....	7 g	25%
Total Sugars.....	5 g		Total Sugars.....	6 g	
Includes 5 g Added Sugars.....		10%	Includes 5 g Added Sugars.....		10%
Protein.....	17 g		Protein.....	17 g	
Vitamin D.....	0 mcg	0%	Vitamin D.....	0 mcg	0%
Calcium.....	17 mg	2%	Calcium.....	20 mg	2%
Iron.....	3 mg	15%	Iron.....	4 mg	22%
Potassium.....	350 mg	8%	Potassium.....	325 mg	7%
† The %Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			† The %Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

INGREDIENTS: Pea protein isolate, organic dried cane syrup, fiber complex (inulin (from chicory) and oat fiber), natural flavors (no MSG), glycine, sunflower oil, tripotassium citrate, cellulose gum, xanthan gum, taurine, medium-chain triglyceride oil, fungal proteases^{S1}, rice protein concentrate, guar gum, silica, L-glutamine, and stevia leaf extract.

DIRECTIONS: Mix the contents of one packet (40 g) in 8-12 oz cold water and consume. Adjust amount of water according to thickness desired. May be used as a snack, a “rescue” food, an occasional meal replacement, or as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

S1. AMINOGEN® is a registered trademark of Innophos Nutrition, Inc. AMINOGEN® is protected under U.S. patent 5,387,422.



Typical Amino Acid Profile Per Serving:

Alanine	900 mg	Isoleucine	940 mg	Serine	1,110 mg
Arginine	1,820 mg	Leucine	1,760 mg	Taurine	500 mg
Aspartic Acid	2,400 mg	Lysine	1,500 mg	Threonine	820 mg
Cysteine	210 mg	Methionine	230 mg	Tryptophan	210 mg
Glutamic Acid	3,520 mg	Phenylalanine	1,150 mg	Tyrosine	800 mg
Glycine	2,860 mg	Proline	940 mg	Valine	1,050 mg
Histidine	520 mg				

Typical Amino Acid Profile Per Serving:

Alanine	900 mg	Isoleucine	940 mg	Serine	1,110 mg
Arginine	1,820 mg	Leucine	1,760 mg	Taurine	500 mg
Aspartic Acid	2,400 mg	Lysine	1,500 mg	Threonine	820 mg
Cysteine	210 mg	Methionine	230 mg	Tryptophan	210 mg
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Glycine	2,860 mg	Proline	940 mg	Valine	1,050 mg
Histidine	520 mg				

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FIT Food® Lean Collagen
15 g Bovine Collagen Peptides

Available in Mocha Latte
and Vanilla

FIT Food® Lean Collagen features bovine collagen peptides complemented with beta-hydroxy-beta-methylbutyrate (HMB) and vitamin D3, making it an optimal choice for supporting collagen production, the integrity of connective tissues, and muscle health. A natural metabolite of leucine, HMB increases lean muscle mass through dual mechanisms: inhibiting protein degradation and promoting protein synthesis. This versatile formula rapidly disperses in water and is ideal for athletes or for individuals who need an easily digested protein source.*

FIT Food® Lean Collagen Mocha Latte

FIT Food® Lean Collagen Vanilla

Serving Size: 1 Scoop (about 28 g)
Servings Per Container: About 14

	Amount Per Serving	%Daily Value
Calories	100	
Total Fat	2 g	3%†
Saturated Fat	0.5 g	3%†
Total Carbohydrate	5 g	2%†
Dietary Fiber	1 g	4%
Protein (from bovine collagen peptides)	15 g	
Vitamin D3 (cholecalciferol)	12.5 mcg	63%
Calcium (from calcium beta-hydroxy-beta-methylbutyrate-monohydrateS1 and ingredients with naturally occurring calcium)	400 mg	31%
Sodium (naturally occurring)	120 mg	5%
Calcium Beta-Hydroxy-Beta-Methylbutyrate-MonohydrateS1	3 g	**

† Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Serving Size: 1 Scoop (about 25 g)
Servings Per Container: About 14

	Amount Per Serving	%Daily Value
Calories	100	
Total Fat	1.5 g	2%†
Saturated Fat	0.5 g	3%†
Total Carbohydrate	5 g	2%†
Dietary Fiber	1 g	4%
Protein (from bovine collagen peptides)	15 g	
Vitamin D3 (cholecalciferol)	12.5 mcg	63%
Calcium (from calcium beta-hydroxy-beta-methylbutyrate-monohydrateS1 and ingredients with naturally occurring calcium)	400 mg	31%
Sodium (naturally occurring)	180 mg	8%
Calcium Beta-Hydroxy-Beta-Methylbutyrate-MonohydrateS1	3 g	**

† Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Other Ingredients: Natural flavors (no MSG), sunflower oil, cocoa powder, silica, medium-chain triglyceride oil, cellulose gum, xanthan gum, and monk fruit extract.
DIRECTIONS: Mix one level scoop (28 g) with 6-8 oz of cold water and consume daily, or use as directed by your healthcare professional. Adjust the amount of water according to thickness desired.
FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy protein, dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, and artificial preservatives.

Other Ingredients: Sunflower oil, natural flavors (no MSG), cellulose gum, xanthan gum, silica, medium-chain triglyceride oil, sea salt, and monk fruit extract.
DIRECTIONS: Mix one level scoop (25 g) with 6-8 oz of cold water and consume daily, or use as directed by your healthcare professional. Adjust the amount of water according to thickness desired.
FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy protein, dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, and artificial preservatives.

S1. myHMB® is a registered trademark of Metabolic Technologies, LLC. Nutritional uses of calcium beta-hydroxy-beta-methylbutyrate-monohydrate and vitamin D are licensed to Metabolic Technologies, LLC, under U.S. patents 8,815,280, 9,259,430, and 9,539,224.

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Typical Amino Acid Profile Per Serving:

Alanine	1,290 mg	Hydroxyproline	1,785 mg	Serine	480 mg
Arginine	1,095 mg	Isoleucine	210 mg	Threonine	270 mg
Aspartic Acid	870 mg	Leucine	405 mg	Hydroxylysine	240 mg
Cysteine	0 mg	Lysine	540 mg	Tryptophan	0 mg
Glutamic Acid	1,530 mg	Methionine	135 mg	Tyrosine	120 mg
Glycine	3,330 mg	Phenylalanine	315 mg	Valine	360 mg
Histidine	150 mg	Proline	1,905 mg		

Typical Amino Acid Profile Per Serving:

Alanine	1,290 mg	Hydroxyproline	1,785 mg	Serine	480 mg
Arginine	1,095 mg	Isoleucine	210 mg	Threonine	270 mg
Aspartic Acid	870 mg	Leucine	405 mg	Hydroxylysine	240 mg
Cysteine	0 mg	Lysine	540 mg	Tryptophan	0 mg
Glutamic Acid	1,530 mg	Methionine	135 mg	Tyrosine	120 mg
Glycine	3,330 mg	Phenylalanine	315 mg	Valine	360 mg
Histidine	150 mg	Proline	1,905 mg		

FIT Food® Lean Complete

 Available in French Vanilla
and Dutch Chocolate

FIT Food® Lean Complete is a nutrient-rich shake mix ideal for vegans, individuals sensitive or allergic to soy and/or dairy, or those seeking an alternative source of quality protein. FIT Food Lean Complete features VegaPro™, an all-natural pea and rice protein blend; Aminogen®, a plant enzyme that enhances protein digestibility and absorption; and KiOtransine® chitin-glucan, a novel fiber that supports antioxidant systems in the body. This fructose-free formula provides an array of micronutrients as well, including high-potency vitamins C and B12, activated B vitamins, and Albion® TRAACS® chelated minerals (the real amino acid chelate system).*

- Free of Gluten, Dairy, Lactose, and Other Common Allergens
- Non-GMO
- No Soy Protein
- No Fructose

Blueberry Smoothie

- 1 scoop FitFood Lean Complete French Vanilla
- 1 cup coconut milk
- 1 cup blueberries
- 1 scoop MCT Powder

COMBINE all ingredients in blender and mix to desired consistency.





FIT Food® Lean Complete French Vanilla

Serving Size: 1 Packet (about 41 g)
Servings Per Container: 10

	Amount Per Serving	%Daily Value
Calories.....	160	
Total Fat.....	4.5 g	6%†
Saturated Fat.....	2 g	10%†
Total Carbohydrate.....	14 g	5%†
Dietary Fiber.....	7 g	25%
Total Sugars.....	5 g	**
Includes 5g Added Sugars.....		10%
Protein (from Pea Protein Isolate and Rice Protein Concentrate).....	15 g	
Vitamin A (75% as natural beta-carotene and 25% as retinyl palmitate).....	560 mcg	62%
Vitamin C (as sodium ascorbate, potassium ascorbate, zinc ascorbate, and calcium ascorbate).....	125 mg	139%
Vitamin E (as d-alpha tocopheryl succinate).....	33.5 mg	223%
Thiamin (as thiamine mononitrate).....	5 mg	417%
Riboflavin (as riboflavin 5'-phosphate sodium).....	5 mg	385%
Niacin (as niacinamide and niacin).....	16 mg	100%
Vitamin B6 (as pyridoxal 5'-phosphate).....	5 mg	294%
Folate (as [6S]-5-methyltetrahydrofolic acid, glucosamine salt) ^{S1}	100 mcg DFE	25%
Vitamin B12 (as methylcobalamin).....	125 mcg	5208%
Biotin.....	250 mcg	833%
Pantothenic Acid (as d-calcium pantothenate).....	50 mg	1000%
Choline (as choline dihydrogen citrate).....	9 mg	2%
Calcium (as dicalcium malate ^{S2} and ingredients with naturally occurring calcium).....	40 mg	3%
Iron (naturally occurring).....	3 mg	17%
Iodine (as potassium iodide).....	25 mcg	17%
Magnesium (as di-magnesium malate) ^{S2}	25 mg	6%
Zinc (as zinc bisglycinate chelate) ^{S2}	3.25 mg	30%
Selenium (as selenium glycinate complex) ^{S2}	25 mcg	45%
Manganese (as manganese bisglycinate chelate) ^{S2}	0.125 mg	5%
Chromium (as chromium nicotinate glycinate chelate) ^{S2}	125 mcg	357%
Molybdenum (as molybdenum glycinate chelate) ^{S2}	12.5 mcg	28%
Sodium (naturally occurring).....	330 mg	14%
Potassium (from tripotassium citrate, potassium glycinate complex ^{S2} , and ingredients with naturally occurring potassium).....	510 mg	11%
Chitin-glucan (from <i>Aspergillus niger</i>) ^{S3}	2.25 g	**
Mixed Tocopherols.....	18 mg	**
Inositol.....	9 mg	**
PABA (para-aminobenzoic acid).....	3.25 mg	**
Vanadium (as vanadium nicotinate glycinate chelate) ^{S2}	187.5 mcg	**

† Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Other Ingredients: Dried cane syrup, inulin (from chicory), sunflower oil, glycine, natural flavors (no MSG), medium-chain triglyceride oil, taurine, fungal proteases^{S4}, cellulose gum, xanthan gum, guar gum, silica, L-glutamine, and stevia leaf extract.

DIRECTIONS: Mix the contents of one packet (41 g) in 6-8 oz cold water and consume. Adjust amount of water according to thickness desired. May be used as a snack or meal supplement, or taken as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy protein, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, and artificial preservatives.



^{S1} Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US Patent 7,947,662.



^{S2} Albion®, DimaCal®, TRAACS®, and the Albion Gold Medallion® are registered trademarks of Albion Laboratories, Inc. Malates covered by US patent 6,706,904.

^{S3} KiOtransine® is a registered trademark of KitoZyme S.A.



^{S4} AMINOGEN® is a registered trademark of Innophos Nutrition, Inc. AMINOGEN® is protected under U.S. patent 5,387,422.



100% VEGAN
100% GLUTEN FREE



FIT Food® Lean Complete Dutch Chocolate

Serving Size: 1 Packet (about 41 g)
Servings Per Container: 10

	Amount Per Serving	%Daily Value
Calories.....	150	
Total Fat.....	4 g	5%†
Saturated Fat.....	1.5 g	8%†
Total Carbohydrate.....	14 g	5%†
Dietary Fiber.....	7 g	25%
Total Sugars.....	5 g	**
Includes 5g Added Sugars.....		10%
Protein (from Pea Protein Isolate and Rice Protein Concentrate).....	15 g	
Vitamin A (75% as natural beta-carotene and 25% as retinyl palmitate).....	560 mcg	62%
Vitamin C (as sodium ascorbate, potassium ascorbate, zinc ascorbate, and calcium ascorbate).....	125 mg	139%
Vitamin E (as d-alpha tocopheryl succinate).....	33.5 mg	223%
Thiamin (as thiamine mononitrate).....	5 mg	417%
Riboflavin (as riboflavin 5'-phosphate sodium).....	5 mg	385%
Niacin (as niacinamide and niacin).....	16 mg	100%
Vitamin B6 (as pyridoxal 5'-phosphate).....	5 mg	294%
Folate (as [6S]-5-methyltetrahydrofolic acid, glucosamine salt) ^{S1}	100 mcg DFE	25%
Vitamin B12 (as methylcobalamin).....	125 mcg	5208%
Biotin.....	250 mcg	833%
Pantothenic Acid (as d-calcium pantothenate).....	50 mg	1000%
Choline (as choline dihydrogen citrate).....	9 mg	2%
Calcium (as dicalcium malate ^{S2} and ingredients with naturally occurring calcium).....	45 mg	3%
Iron (naturally occurring).....	4 mg	22%
Iodine (as potassium iodide).....	25 mcg	17%
Magnesium (as di-magnesium malate) ^{S2}	25 mg	6%
Zinc (as zinc bisglycinate chelate) ^{S2}	3.25 mg	30%
Selenium (as selenium glycinate complex) ^{S2}	25 mcg	45%
Manganese (as manganese bisglycinate chelate) ^{S2}	0.125 mg	5%
Chromium (as chromium nicotinate glycinate chelate) ^{S2}	125 mcg	357%
Molybdenum (as molybdenum glycinate chelate) ^{S2}	12.5 mcg	28%
Sodium (naturally occurring).....	330 mg	14%
Potassium (from tripotassium citrate, potassium glycinate complex ^{S2} , and ingredients with naturally occurring potassium).....	330 mg	7%
Chitin-glucan (from <i>Aspergillus niger</i>) ^{S3}	2.25 g	**
Mixed Tocopherols.....	18 mg	**
Inositol.....	9 mg	**
PABA (para-aminobenzoic acid).....	3.25 mg	**
Vanadium (as vanadium nicotinate glycinate chelate) ^{S2}	187.5 mcg	**

† Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Other Ingredients: Dried cane syrup, inulin (from chicory), sunflower oil, glycine, cocoa powder, natural flavors (no MSG), medium-chain triglyceride oil, taurine, fungal proteases^{S4}, cellulose gum, xanthan gum, guar gum, silica, stevia leaf extract, and L-glutamine.

DIRECTIONS: Mix the contents of one packet (41 g) in 6-8 oz cold water and consume. Adjust amount of water according to thickness desired. May be used as a snack or meal supplement, or taken as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy protein, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, and artificial preservatives.



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100% VEGAN
100% GLUTEN FREE

FIT Food® Lean Complete Sugar- & Stevia-Free‡



Available in French Vanilla
and Dutch Chocolate

FIT Food® Lean Complete Sugar- & Stevia-Free‡ is a nutrient-rich shake mix ideal for vegans, individuals sensitive or allergic to soy and/or dairy, or those seeking an alternative source of quality protein. FIT Food Lean Complete Sugar- & Stevia-Free features VegaPro™, an all-natural pea and rice protein blend; Aminogen®, a plant enzyme that enhances protein digestibility and absorption; and KiOtransine® chitin-glucan, a novel fiber that supports antioxidant systems in the body. This sugar- and stevia- free formula provides an array of micronutrients, including high-potency B12, activated B vitamins, and Albion® TRAACS® chelated minerals (the real amino acid chelate system).*

- Free of Gluten, Dairy, Lactose, and Other Common Allergens
- No Soy Protein
- No Sugar, Stevia, or Artificial Sweeteners
- Non-GMO
- Sweetened with Monk Fruit

‡This formula is not a low-calorie dietary supplement. Please see the Supplement Facts panel for more details.

Raspberry Cheesecake Smoothie

- ⅓ cup frozen raspberries
- ¼ cup cream cheese
- ½ cup of water
- 1 scoop MCT Powder
- ¼ cup heavy whipping cream
- 1-2 scoops FitFood Vegan

COMBINE all ingredients in blender
and mix to desired consistency.





10 Servings per container
Serving size 1 Packet (About 38 g)

	Amount Per Serving	%Daily Value
Calories.....	150	
Total Fat.....	5 g	6%†
Saturated Fat.....	2.5 g	13%†
Total Carbohydrate.....	11 g	4%†
Dietary Fiber.....	7 g	25%
Protein (from Pea Protein Isolate and Rice Protein Concentrate).....	15 g	
Vitamin A (75% as natural beta-carotene and 25% as retinyl palmitate).....	560 mcg	62%
Vitamin C (as sodium ascorbate, potassium ascorbate, zinc ascorbate, and calcium ascorbate).....	125 mg	139%
Vitamin E (as d-alpha tocopheryl succinate).....	33.5 mg	223%
Thiamin (as thiamine mononitrate).....	5 mg	417%
Riboflavin (as riboflavin 5'-phosphate sodium).....	5 mg	385%
Niacin (as niacinamide and niacin).....	16 mg	100%
Vitamin B6 (as pyridoxal 5'-phosphate).....	5 mg	294%
Folate (as [6S]-5-methyltetrahydrofolic acid, glucosamine salt) ^{S1}	100 mcg DFE	25%
Vitamin B12 (as methylcobalamin).....	125 mcg	5208%
Biotin.....	250 mcg	833%
Pantothenic Acid (as d-calcium pantothenate).....	50 mg	1000%
Choline (as choline dihydrogen citrate).....	9 mg	2%
Calcium (as dicalcium malate ^{S2} and ingredients with naturally occurring calcium).....	45 mg	3%
Iron (naturally occurring).....	3 mg	17%
Iodine (as potassium iodide).....	25 mcg	17%
Magnesium (as di-magnesium malate) ^{S2}	25 mg	6%
Zinc (as zinc bisglycinate chelate) ^{S2}	3.25 mg	30%
Selenium (as selenium glycinate complex) ^{S2}	25 mcg	45%
Manganese (as manganese bisglycinate chelate) ^{S2}	0.125 mg	5%
Chromium (as chromium nicotinate glycinate chelate) ^{S2}	125 mcg	357%
Molybdenum (as molybdenum glycinate chelate) ^{S2}	12.5 mcg	28%
Sodium (naturally occurring).....	340 mg	15%
Potassium (from tripotassium citrate, potassium glycinate complex ^{S2} , and ingredients with naturally occurring potassium).....	510 mg	11%
Chitin-glucan (from <i>Aspergillus niger</i>) ^{S3}	2.25 g	**
Mixed Tocopherols.....	18 mg	**
Inositol.....	9 mg	**
PABA (<i>para</i> -aminobenzoic acid).....	3.25 mg	**
Vanadium (as vanadium nicotinate glycinate chelate) ^{S2}	187.5 mcg	**

† Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Inulin (from chicory), natural flavors (no MSG), sunflower oil, glycine, medium-chain triglyceride oil, taurine, cellulose gum, xanthan gum, fungal proteases^{S4}, guar gum, monk fruit extract, and L-glutamine.

DIRECTIONS: Mix the contents of one packet (38 g) in 6-8 oz cold water and consume. Adjust amount of water according to thickness desired. May be used as a snack or meal supplement, or taken as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy protein, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, and artificial preservatives.

†This formula is not a low-calorie dietary supplement.



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100% VEGAN
100% GLUTEN FREE



10 Servings per container
Serving size 1 Packet (About 35 g)

	Amount Per Serving	%Daily Value
Calories.....	120	
Total Fat.....	2 g	3%†
Saturated Fat.....	1 g	5%†
Total Carbohydrate.....	10 g	4%†
Dietary Fiber.....	8 g	29%
Protein (from Pea Protein Isolate and Rice Protein Concentrate).....	15 g	
Vitamin A (75% as natural beta-carotene and 25% as retinyl palmitate).....	560 mcg	62%
Vitamin C (as sodium ascorbate, potassium ascorbate, zinc ascorbate, and calcium ascorbate).....	125 mg	139%
Vitamin E (as d-alpha tocopheryl succinate).....	33.5 mg	223%
Thiamin (as thiamine mononitrate).....	5 mg	417%
Riboflavin (as riboflavin 5'-phosphate sodium).....	5 mg	385%
Niacin (as niacinamide and niacin).....	16 mg	100%
Vitamin B6 (as pyridoxal 5'-phosphate).....	5 mg	294%
Folate (as [6S]-5-methyltetrahydrofolic acid, glucosamine salt) ^{S1}	100 mcg DFE	25%
Vitamin B12 (as methylcobalamin).....	125 mcg	5208%
Biotin.....	250 mcg	833%
Pantothenic Acid (as d-calcium pantothenate).....	50 mg	1000%
Choline (as choline dihydrogen citrate).....	9 mg	2%
Calcium (as dicalcium malate ^{S2} and ingredients with naturally occurring calcium).....	45 mg	3%
Iron (naturally occurring).....	4 mg	22%
Iodine (as potassium iodide).....	25 mcg	17%
Magnesium (as di-magnesium malate) ^{S2}	25 mg	6%
Zinc (as zinc bisglycinate chelate) ^{S2}	3.25 mg	30%
Selenium (as selenium glycinate complex) ^{S2}	25 mcg	45%
Manganese (as manganese bisglycinate chelate) ^{S2}	0.125 mg	5%
Chromium (as chromium nicotinate glycinate chelate) ^{S2}	125 mcg	357%
Molybdenum (as molybdenum glycinate chelate) ^{S2}	12.5 mcg	28%
Sodium (naturally occurring).....	330 mg	14%
Potassium (from tripotassium citrate, potassium glycinate complex ^{S2} , and ingredients with naturally occurring potassium).....	330 mg	7%
Chitin-glucan (from <i>Aspergillus niger</i>) ^{S3}	2.25 g	**
Mixed Tocopherols.....	18 mg	**
Inositol.....	9 mg	**
PABA (<i>para</i> -aminobenzoic acid).....	3.25 mg	**
Vanadium (as vanadium nicotinate glycinate chelate) ^{S2}	187.5 mcg	**

† Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Inulin (from chicory), natural flavors (no MSG), glycine, cocoa powder, medium-chain triglyceride oil, taurine, sunflower oil, cellulose gum, xanthan gum, fungal proteases^{S4}, monk fruit extract, guar gum, and L-glutamine.

DIRECTIONS: Mix the contents of one packet (35 g) in 6-8 oz cold water and consume. Adjust amount of water according to thickness desired. May be used as a snack or meal supplement, or taken as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy protein, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, and artificial preservatives.

†This formula is not a low-calorie dietary supplement.



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100% GLUTEN FREE

FIT Food® Lean Whey—No Added Sugar, No Stevia

 Available in Vanilla Delight and Creamy Chocolate

FIT Food® Lean Whey—No Added Sugar, No Stevia represents an extraordinary breakthrough in body composition/weight management functional food formulas.*

Our medical board of advisors' primary objective in researching and developing FIT Food Lean Whey was to find a pure source of quality whey protein that is free of genetically-engineered hormones (rBST and rBGH) which, though banned in other countries, are used in the United States dairy industry. There are growing concerns regarding the effects of these hormones, especially in early puberty.

After a thorough review, our researchers determined that the stringent standards imposed by the New Zealand Ministry of Agriculture and Forestry (MAF) upon New Zealand dairy farmers results in the purest and most bioactive whey protein available. In addition to prohibiting the use of synthetic hormones in New Zealand's dairy industry, MAF-mandated feeding, climate, and calf-birthing practices further contribute to the superior quality of New Zealand's whey protein. Although importing New Zealand whey protein into the United States is more costly, our board of advisors recommended that FIT Food Lean Whey must contain 100% pure New Zealand whey protein.*

FIT Food Lean Whey promotes fat burning and improved lean body mass with the following enhancement*:

	FIT Food Lean Whey	Soy-Based Formula	FIT Food Lean Whey Superiority
Biological Value (BV)	104	74	40%
Protein Equivalency	21 Grams (one serving)	30 Grams (two servings)	The BV of bioactive whey is 40% greater than that of soy protein. As a result, 30 grams (two servings) of the soy formula would be required to equal the amino acid nourishment of just 21 grams (one serving) of FIT Food Whey.
Source of Protein	Imported New Zealand	Domestic United States DuPont® Corporation	The New Zealand MAF imposes the most stringent environmental requirements on New Zealand farmers.
Dietary Fiber	6 Grams	5 Grams	20%
Naturally Occurring Immunoglobulins	2.1 Grams	0 Grams	Support the immune system and intestinal function.*

Healthy doesn't mean you have to sacrifice taste!

Try out this delicious blueberry smoothie recipe featuring some of our favorite formulas.

Blueberry Smoothie

- 1 cup of Coconut Milk or Almond Milk (Organic)
- 2 scoops FIT Food® Lean Whey
- 1 packet MCT Powder
- ¼ cup Organic Blueberries
- 1 teaspoon Vanilla Extract
- 3-4 Ice Cubes

COMBINE all ingredients in blender and mix to desired consistency.





10 Servings per container
Serving size 1 Packet (About 38g)

	Amount Per Serving	%Daily Value*
Calories.....	130	
Total Fat.....	3 g	4%
Saturated Fat.....	2 g	10%
Trans Fat.....	0 g	
Cholesterol.....	50 mg	17%
Sodium.....	230 mg	10%
Total Carbohydrate.....	11 g	4%
Dietary Fiber.....	6 g	21%
Total Sugars.....	2 g	
Includes 0 g Added Sugars.....	0%	
Protein.....	21 g	
Vitamin D.....	0 mcg	0%
Calcium.....	100 mg	8%
Iron.....	0mg	0%
Potassium.....	220mg	4%

* The %Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Whey protein concentrate, inulin (from chicory), natural avors (no MSG), sunower oil, taurine, medium-chain triglyceride oil, L-glutamine, cellulose gum, xanthan gum, fungal proteases^{S1}, guar gum, sea salt, monk fruit extract, tripotassium citrate, and glycine.
CONTAINS: Milk (whey protein concentrate).

DIRECTIONS: Mix the contents of one packet (38 g) in 8-12 oz cold water and consume. Adjust amount of water according to thickness desired.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, or artificial preservatives.



S1. AMINOGEN® is a registered trademark of Innophos Nutrition, Inc. AMINOGEN® is protected under U.S. patent 5,387,422.



Typical Amino Acid Profile Per Serving:

Alanine	1,110 mg	Methionine	530 mg
Arginine	570 mg	Phenylalanine	710 mg
Aspartic Acid	2,330 mg	Proline	1,340 mg
Cysteine	590 mg	Serine	1,110 mg
Glutamic Acid	3,800 mg	Taurine	500 mg
Glycine	470 mg	Threonine	1,530 mg
Histidine	400 mg	Tryptophan	500 mg
Isoleucine	1,450 mg	Tyrosine	730 mg
Leucine	2,350 mg	Valine	1,320 mg
Lysine	1,910 mg		

10 Servings per container
Serving size 1 Packet (About 42g)

	Amount Per Serving	%Daily Value*
Calories.....	140	
Total Fat.....	3.5 g	4%
Saturated Fat.....	2 g	10%
Trans Fat.....	0 g	
Cholesterol.....	50 mg	17%
Sodium.....	230 mg	10%
Total Carbohydrate.....	13 g	5%
Dietary Fiber.....	8 g	29%
Total Sugars.....	2 g	
Includes 0 g Added Sugars.....	0%	
Protein.....	21 g	
Vitamin D.....	0 mcg	0%
Calcium.....	100 mg	8%
Iron.....	1 mg	6%
Potassium.....	330 mg	7%

* The %Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Whey protein concentrate, inulin (from chicory), cocoa powder, natural avors (no MSG), sunower oil, taurine, medium-chain triglyceride oil, L-glutamine, cellulose gum, xanthan gum, guar gum, fungal proteases^{S1}, sea salt, monk fruit extract, and glycine.
CONTAINS: Milk (whey protein concentrate).

DIRECTIONS: Mix the contents of one packet (42 g) in 8-12 oz cold water and consume. Adjust amount of water according to thickness desired.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, or artificial preservatives.



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Typical Amino Acid Profile Per Serving:

Alanine	1,110 mg	Methionine	530 mg
Arginine	570 mg	Phenylalanine	710 mg
Aspartic Acid	2,330 mg	Proline	1,340 mg
Cysteine	590 mg	Serine	1,110 mg
Glutamic Acid	3,800 mg	Taurine	500 mg
Glycine	470 mg	Threonine	1,530 mg
Histidine	400 mg	Tryptophan	500 mg
Isoleucine	1,450 mg	Tyrosine	730 mg
Leucine	2,350 mg	Valine	1,320 mg
Lysine	1,910 mg		

FlashArrest®

Targeting Estrogen Activity for Men and Women*

Available in
60 capsules

FlashArrest® delivers a unique, proprietary blend of 8-prenylarigenin (8-PN) from hops and plant-lignan extract at clinically relevant levels. Research suggests lignans and 8-PN can support the body's natural process of healthy aromatase activity and exert phytoestrogen (e.g., enterolactone) and antioxidant activity. This all-natural formula may support cardiovascular, bone, breast, and prostate health and help relieve normal menopausal discomforts.*

Serving Size: 2 Capsules	Amount Per Serving	%Daily Value
FlashArrest® Proprietary Blend Hops Extract (<i>Humulus lupulus</i>) (flower) (0.15% 8-prenylarigenin) and Norway Spruce Extract (<i>Picea abies</i>) (knotwood) (81% hydroxymatairesinol potassium acetate adduct and other lignans)	193 mg	**
** Daily Value not established.		

Other Ingredients: Microcrystalline cellulose, hypromellose (capsule), stearic acid, magnesium stearate, and silica.

DIRECTIONS: Take one to two capsules daily, or use as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, corn, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

Folafy® ER

[(6S)-5-methyltetrahydrofolic acid, glucosamine salt]

For adjunctive use with antidepressant therapy

Available in
30 tablets

Folafy® ER is an orally administered medical food† for use only under the supervision of a physician for the metabolic management of low 5-methyltetrahydrofolic acid (5-MTHF) levels associated with depression.

INGREDIENTS: Dicalcium phosphate dihydrate, microcrystalline cellulose, coating (talc, shellac, vegetable glycerin, L-arginine, vegetable magnesium stearate, silica, sodium alginate, titanium dioxide, riboflavin 5'-phosphate sodium), vegetable stearic acid, (6S)-5-methyltetrahydrofolic acid glucosamine salt,^{S1} vegetable magnesium stearate, and croscarmellose sodium.

USUAL DOSAGE: Take one tablet daily with or without food, or as directed by your physician.

Each tablet delivers:

Folate (as [(6S)-5-methyltetrahydrofolic acid, glucosamine salt])25,500 mcg DFE*

*Previously stated as 15 mg

Quatrefolic® S1. Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US Patent 7,947,662.

†Medical foods are "intended for the specific dietary management of a disease or condition for which distinctive nutritional requirements, based on recognized scientific principles, are established by medical evaluation" (section 5(b)(3) of the Orphan Drug Act (21 U.S.C. 360ee(b)(3)). Such patients may have a limited or impaired capacity to ingest, digest, absorb, or metabolize ordinary foodstuffs or certain nutrients, or have other special medically determined nutrient requirements that cannot be achieved by modification of the normal diet alone.

Foundation Essentials

Five Formulas in a Single-Dose Packet

Available in
30 packets

Foundation Essentials provides 30 days of supplementation in convenient, once-a-day packets. Each packet provides a daily dose of five XYMOGEN foundational health formulas: ProBioMax® Daily DF, ActivNutrients® without Iron, Omega MonoPure® 650 EC, OptiMag® 125, and D3 2000. These formulas provide high-potency probiotics, an iron-free multiple, IFOS five-star certified omega-3 fatty acids, and extra magnesium and D3. Foundation Essentials can be used for any number of purposes, such as to serve as a kick start to your MedPax® program, basic supplementation while you wait for lab results, or a convenient way to supplement while traveling.*

Serving Size: 1 Packet Servings Per Container: 30	Amount Per Serving	%Daily Value
Calories	5	
Total Fat	0.5 g.....	1%†
Vitamin A (75% as natural beta-carotene and 25% as retinyl palmitate)	1120 mcg.....	124%
Vitamin C (as sodium ascorbate, potassium ascorbate, zinc ascorbate, and calcium ascorbate)	125 mg.....	139%
Vitamin D3 (cholecalciferol)	52.5 mcg (2100 IU).....	263%
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	67 mg.....	447%
Thiamin (as thiamine mononitrate)	10 mg.....	833%
Riboflavin (as riboflavin 5'-phosphate sodium)	10 mg.....	769%
Niacin (as niacinamide and niacin)	32 mg.....	200%
Vitamin B6 (as pyridoxal 5'-phosphate)	10 mg.....	588%
Folate (as Quatrefolic® (6S)-5-methyltetrahydrofolic acid, glucosamine salt)	200 mcg DFE	50%
Vitamin B12 (as Methylcobalamin™ methylcobalamin)	250 mcg.....	10417%
Biotin	500 mcg.....	1667%
Pantothenic Acid (as d-calcium pantothenate)	100 mg.....	2000%
Choline (as choline dihydrogen citrate)	18 mg.....	3%
Calcium (as DimaCal® di-calcium malate, d-calcium pantothenate, and calcium ascorbate)	50 mg.....	4%
Iodine (as potassium iodide)	50 mcg.....	33%
Magnesium (as Albion® di-magnesium malate and TRAACS® magnesium lysinate glycinate chelate)	175 mg.....	42%
Zinc (as TRAACS® zinc bisglycinate chelate)	6.5 mg.....	59%
Selenium (as Albion® selenium glycinate complex)	50 mcg.....	91%
Copper (as TRAACS® copper bisglycinate chelate)	0.5 mg.....	56%
Manganese (as TRAACS® manganese bisglycinate chelate)	0.25 mg.....	11%
Chromium (as TRAACS® chromium nicotinate glycinate chelate)	250 mcg.....	714%
Molybdenum (as TRAACS® molybdenum glycinate chelate)	25 mcg.....	56%
Potassium (as Albion® potassium glycinate complex and potassium ascorbate)	49.5 mg	1%
MaxSimil® Fish Oil Concentrate	650 mg.....	**
Total Omega-3 Fatty Acids	430 mg.....	**
EPA (eicosapentaenoic acid)	300 mg.....	**
DHA (docosahexaenoic acid)	130 mg.....	**
DPA (docosapentaenoic acid)	12 mg.....	**
Proprietary Blend	174 mg (15 Billion CFU).....	**
Lactobacillus acidophilus La-14® Bifidobacterium longum BI-05™ Lactobacillus plantarum Lp-115®		
HOWARU® Bifido (<i>Bifidobacterium lactis</i> HN019®)	50 mg (15 Billion CFU).....	**
Inositol	18 mg.....	**
PABA (para-aminobenzoic acid)	6.5 mg.....	**
Vanadium (as TRAACS® vanadium nicotinate glycinate chelate)	375 mcg.....	**

† Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: HPMC (capsule & acid-resistant capsule), microcrystalline cellulose, ascorbyl palmitate, silica, medium-chain triglyceride oil, vegetable stearic acid, softgel (fish gelatin, vegetable glycerin, and purified water), GRAS enteric coating (ethylcellulose, sodium alginate, purified water, medium-chain triglycerides, oleic acid, vegetable stearic acid, and ammonium hydroxide), mixed natural tocopherols, vegetable magnesium stearate, organic extra virgin olive oil, and softgel (bovine gelatin, vegetable glycerin, and purified water).

Contains: Fish (anchovy and/or sardine [sources of fish oil], tilapia and/or pangasius [sources of fish gelatin]).

† Colony Forming Unit

DIRECTIONS: Take the contents of one packet daily, or use as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy protein, dairy products, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

GarliX™

Ultra-Concentrated Garlic Formula

Available in
90 capsules

GarliX™ is a standardized extract of garlic (*Allium sativum*). This concentrated source provides a high yield of the sulfur-containing bioactive compound allicin. Research suggests that garlic supports immune function, antioxidant activity, and the cardiovascular system. Garlic may also support healthy blood pressure and cholesterol levels already within the normal range.*

Serving Size: 1 Capsule



	Amount Per Serving	%Daily Value
Garlic Extract (<i>Allium sativum</i>)(bulb)(1% allicin)	650 mg	**

** Daily Value not established.

Other Ingredients: HPMC (capsule), stearic acid, magnesium stearate, and silica.

DIRECTIONS: Take one capsule daily, or as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, corn, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms, artificial colors, artificial sweeteners, or artificial preservatives.

GastrAcid™

Digestive-Support Formula*

Available in
90 and 180 capsules

GastrAcid™ provides a variety of health-supportive factors. L-glutamic acid, betaine HCl, and pepsin, a proteolytic enzyme, assist in protein digestion. Gentian root, an herbal bitter, promotes normal secretion of saliva and gastric acid for digestive support. HCl (hydrochloric acid) supports nutrient absorption and helps maintain a healthy gastric pH, which, in turn, supports healthy gastric ecology.*

Serving Size: 1 Capsule



	Amount Per Serving	%Daily Value
L-Glutamic Acid	350 mg	**
Betaine HCl	300 mg	**
Pepsin 1:10,000.....	100 mg	**
Gentian 4:1 Extract (<i>Gentiana lutea</i>)(root)	20 mg	**

** Daily Value not established.

Other Ingredients: Capsule (hypromellose and water), vegetable stearic acid, silica, vegetable magnesium stearate, and medium-chain triglyceride oil.

DIRECTIONS: Take one capsule with meals, or as directed by your healthcare practitioner.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

GI Balance

Soothing GI Tract Support*



Available in
150 capsules



GI Balance features a custom blend of botanicals traditionally used to soothe the gastrointestinal tract. This formula is targeted to support membrane integrity and promote overall digestive health.*

Serving Size: 5 Capsules



	Amount Per Serving	%DV
Calories.....	15	
Total Carbohydrate	3 g	1%†
Zinc (as zinc L-carnosine).....	16 mg	145%
Slippery Elm (<i>Ulmus fulva</i>)(bark)	500 mg	**
N-Acetyl-D-Glucosamine	500 mg	**
Aloe Vera 200:1 Extract (<i>Aloe barbadensis</i>)(leaf gel)	300 mg	**
Porcine Gastric Mucin	200 mg	**
Green Kiwifruit (<i>Actinidia deliciosa</i>)(fruit)(5,000 AU actinidin) ^{S1}	200 mg	**
Marshmallow (<i>Althaea officinalis</i>)(root).....	200 mg	**
Licorice Extract (<i>Glycyrrhiza glabra</i>)(root)(3.5% glabridin) ^{S2}	150 mg	**
Quercetin (as quercetin dihydrate)	100 mg	**
Prune (<i>Prunus domestica</i>)(fruit).....	100 mg	**
Chamomile Extract (<i>Matricaria recutita</i>)(flowering head)(1% apigenin-7-glucoside)	100 mg	**
Cat's Claw (<i>Uncaria tomentosa</i>)(bark).....	100 mg	**
Okra (<i>Hibiscus esculentus</i>)(pod)	100 mg	**

†Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Other Ingredients: Capsule (hypromellose and water), hydroxypropyl cellulose, ascorbyl palmitate, and silica.

DIRECTIONS: Take five capsules daily, or use as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, and artificial sweeteners.

S1. Actazin® is a registered trademark of Anagenix Ltd.

S2. GutGard™ is a trademark of Natural Remedies Ltd.

GI Balance Powder

Soothing GI Tract Support*



Available in
Chai



GI Balance Powder features L-glutamine with a custom blend of botanicals traditionally used to soothe the gastrointestinal tract. This easy-to-mix formula is targeted to support membrane integrity and promote overall digestive health.*

Serving Size: 2 Scoops (about 13.7 g)
Servings Per Container: 14

	Amount Per Serving	%DV
Calories.....	40	
Total Carbohydrate.....	7 g	3%†
Dietary Fiber.....	2 g	7%†
Total Sugars.....	1 g	**
Zinc (as zinc l-carnosine).....	32.25 mg	293%
L-Glutamine.....	4 g	**
Slippery Elm (<i>Ulmus fulva</i>)(bark).....	2 g	**
N-Acetyl-D-Glucosamine.....	2 g	**
Aloe Vera 200:1 Extract (<i>Aloe barbadensis</i>)(leaf gel).....	600 mg	**
Porcine Gastric Mucin.....	400 mg	**
Green Kiwifruit (<i>Actinidia deliciosa</i>)(fruit)(62,500 AU actinidin) ^{S1}	400 mg	**
Marshmallow (<i>Althaea officinalis</i>)(root).....	400 mg	**
Licorice Extract (<i>Glycyrrhiza glabra</i>)(root)(3.5% glabridin) ^{S2}	300 mg	**
Quercetin (as quercetin dihydrate).....	200 mg	**
Prune (<i>Prunus domestica</i>)(fruit).....	200 mg	**
Chamomile Extract (<i>Matricaria recutita</i>)(flowering head)(1% apigenin-7-glucoside).....	200 mg	**
Cat's Claw (<i>Uncaria tomentosa</i>)(bark).....	200 mg	**
Okra (<i>Hibiscus esculentus</i>)(pod).....	200 mg	**

† Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Other Ingredients: Guar gum, natural flavors, and stevia leaf extract.

DIRECTIONS: Thoroughly mix two scoops (13.7 g) in 8 oz of cold water and consume daily, or use as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, and artificial sweeteners.

S1. Actazin® is a registered trademark of Anagenix Ltd.

S2. GutGard® is a trademark of Natural Remedies Ltd.

GI Protect™

Featuring IgG 2000 CWP™ and L-Glutamine



Available in
Peach and Cherry

GI Protect™ features XYMOGEN's IgG 2000 CWP™, with the added benefit of the amino acid L-glutamine. IgG 2000 CWP is an immunoglobulin concentrate derived from colostral whey peptides. It delivers natural immunoglobulins (standardized to a minimum of 40% IgG), bioactive proteins, and growth factors. These components support immune function, healthy cytokine activity, gut barrier function, and gastrointestinal health and tissue repair. Advanced coagulation and filtration techniques make IgG 2000 CWP a unique, ingredient that is superior in its bioactive composition and its purity.*



GI Protect™ Cherry Sugar- and Stevia-Free

Serving Size: 1 Scoop (about 6.3 g)
Servings Per Container: About 30

	Amount Per Serving	%Daily Value†
Calories.....	25	
Protein (colostral whey peptides).....	2 g	
Colostral whey peptides (bovine-derived immunoglobulin concentrate).....	2.5 g	**
Immunoglobulin G (IgG).....	1 g	**
L-Glutamine.....	2.5 g	**

†Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Natural cherry flavor (no MSG), red beet powder, citric acid, malic acid, monk fruit extract, silica, and sunflower lecithin.

Contains: Milk.

DIRECTIONS: Briskly stir one scoop (6.3 g) into at least 6 oz of water and consume twice daily, or take as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy protein, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.



GI Protect™ Peach Sugar- and Stevia-Free

Serving Size: 1 Scoop (about 5.8 g)
Servings Per Container: About 30

	Amount Per Serving	%Daily Value†
Calories.....	25	
Protein (from colostral whey peptides).....	2 g	
Colostral whey peptides (bovine-derived immunoglobulin concentrate).....	2.5 g	**
Immunoglobulin G (IgG).....	1 g	**
L-Glutamine.....	2.5 g	**

†Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Citric acid, natural peach flavor (no MSG), malic acid, monk fruit extract, silica, red beet powder, sunflower lecithin, and natural beta-carotene color.

Contains: Milk.

DIRECTIONS: Briskly stir one scoop (5.8 g) into at least 6 oz of water and consume twice daily, or take as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

GlutAloeMine®

Enhanced Gastrointestinal Support*

 Available in 30 servings
and 60 servings

GlutAloeMine® features four specialized ingredients for enhanced gastrointestinal support. This unique formula contains a concentrated extract of licorice that has been processed to remove glycyrrhizin—thus reducing risk of side effects associated with licorice. Glutamine serves as the predominant fuel and nitrogen source for the mucosal lining of the gastrointestinal (GI) tract. Arabinogalactan from the North American larch tree is a naturally occurring polysaccharide that provides excellent support for GI health. Research suggests that arabinogalactan plays a role in the promotion of gut microflora and may increase beneficial short-chain fatty acid production. The *Aloe vera* leaf extract in GlutAloeMine has been processed to remove the bitter principles and prevent a laxative effect.*

Serving Size: 1 Scoop (about 5.8 g)

	Amount Per Serving	%Daily Value
Calories.....	5	
Total Carbohydrate.....	2 g	1%†
Dietary Fiber.....	1 g	4%
Sodium (naturally occurring).....	5 mg	<1%
L-Glutamine.....	3 g	**
Arabinogalactan (from <i>Larix laricina</i>)(heartwood).....	2 g	**
Deglycyrrhizinated Licorice 10:1 Aqueous Extract (<i>Glycyrrhiza glabra</i>)(root).....	500 mg	**
Aloe Vera 200:1 Aqueous Extract (<i>Aloe barbadensis</i>)(leaf gel).....	100 mg	**

†Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Stevia leaf extract.

DIRECTIONS: Mix one scoop in 2-4 oz water once daily, or as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, or artificial sweeteners.

Green Tea 600™

Ultra-Pure Green Tea Extract

 Available in
60 capsules

Green Tea 600™ is an ultra-pure, water-extracted green tea formula that is rich in phytochemical compounds that support antioxidant activity. Research has shown that green tea supports natural detoxifying enzymes, normal gene signaling, and the health and function of intestinal flora.*

Serving Size: 1 Capsule

	Amount Per Serving	%Daily Value
Green Tea Aqueous Extract (<i>Camellia sinensis</i>)(leaf)(60% catechins, 30% EGCG, 6% caffeine).....	600 mg	**

** Daily Value not established.

Other Ingredients: HPMC (capsule), stearic acid, magnesium stearate, and silica.

DIRECTIONS: Take one capsule daily, or as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, corn, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

Hemp MonoPure®

Highly Bioavailable Phytocannabinoids
and Omega-3s*



 Available in 30 softgels
60 softgels

Hemp MonoPure® features a synergistic blend of phytocannabinoid-rich, THC-free hemp extract with aromatic terpenes to support the endocannabinoid system. The premium natural emulsifier delivery matrix is MaxSimil®, an IFOS five-star certified esterified fish oil that contains the omega-3s eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA).*

Serving Size: 2 Softgels

	Amount Per Serving	%DV
Calories.....	15	
Total Fat.....	1.5 g	2%†
Cholesterol.....	5 mg	2%†
Fish Oil Concentrate Blend ^{S1}	1.320 g	**
Total Omega-3 Fatty Acids.....	884 mg	**
EPA (eicosapentaenoic acid).....	594 mg	**
DHA (docosahexaenoic acid).....	264 mg	**
Broad Spectrum Hemp Extract (flowers and/or leaves).....	78.58 mg	**
Total Phytocannabinoids.....	52.5 mg	**

† Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Other Ingredients: Softgel (bovine gelatin, glycerin, purified water, and roasted carob powder), GRAS enteric coating (ethylcellulose, sodium alginate, purified water, ammonium hydroxide, medium chain-triglycerides, oleic acid, and vegetable stearic acid), terpene blend (beta-caryophyllene, D-limonene, alpha-pinene, linalool, alpha-terpineol), and natural mixed tocopherols.

Contains: Fish (anchovy, sardine, and/or mackerel).

DIRECTIONS: Take one to two softgels daily, or as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, corn, yeast, soy protein, dairy products, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

S1. Manufactured using MaxSimil® fish oil. MaxSimil® is a registered trademark of Ingenutra Inc. Protected under U.S. patents 8,119,690 and 8,198,324; Canadian patents 2672513 and 2677670.

IFOS™ certification mark is a trademark of Nutrasource Diagnostics Inc.

This product contains a total delta-9-tetrahydrocannabinol concentration that does not exceed 0.3% on a dry weight basis.



HistDAO™

Supports Healthy Degradation of Food-Derived Histamine*



Available in 60 capsules

HistDAO™ is a patented enzyme formula containing diamine oxidase (DAO)—the main enzyme responsible for the degradation of ingested histamine. This enzyme has been clinically tested and found to break down food-derived histamine in the digestive tract. DAO is not absorbed and does not have systemic activity. HistDAO does not manage or address antibody-related or IgE-related food allergies.*

Serving Size: 2 Capsules



	Amount Per Serving	%Daily Value
Diamine Oxidase (from porcine kidney protein concentrate)	0.6 mg (18,000 HDU)	**
** Daily Value not established.		

Other Ingredients: Microcrystalline cellulose, HPMC (capsule), sucrose, ascorbic acid, rice starch, shellac, hydroxypropylcellulose, polyvinylpyrrolidone, hydrated magnesium silicate, acetylated corn starch, sodium carboxymethylcellulose, and glycerol.

DIRECTIONS: Take one to two capsules no more than 15 minutes before the consumption of histamine-rich foods, or take as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, and artificial preservatives.

HistDAO™ is exclusively manufactured for healthcare professionals under license of Sciotec Diagnostic Technologies GmbH, Vienna, Austria. Patented in Austria. Patent pending in the United States.

HMB PRO

Supports Maintenance and Restoration of Muscle Health*



Available in 150 capsules

HMB PRO features beta-hydroxy-beta-methylbutyrate (HMB), a natural metabolite of leucine that supports increased protein synthesis and decreased protein degradation. Vitamin D, which supports skeletal muscle health and function, complements HMB to render this formula an optimal choice for supporting muscle health.*

Serving Size: 6 Capsules



	Amount Per Serving	%Daily Value
Calories	15	
Total Carbohydrate	3 g	1%†
Vitamin D3 (cholecalciferol)	12.5 mcg	63%
Calcium (from calcium beta-hydroxy-beta-methylbutyrate-monohydrate) ^{S1}	390 mg	30%
Calcium Beta-Hydroxy-Beta-Methylbutyrate-Monohydrate ^{S1}	3 g	**
† Percent Daily Values are based on a 2,000 calorie diet.		
** Daily Value not established.		

Other Ingredients: Capsule (hypromellose and water), ascorbyl palmitate, hydroxypropyl cellulose, and silica.

DIRECTIONS: Take six capsules daily, or use as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, dairy products, fish, shellfish, peanuts, tree nuts, egg, sesame, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.


S1. myHMB® is a registered trademark of Metabolic Technologies, LLC. Nutritional uses of calcium beta-hydroxy-beta-methylbutyrate-monohydrate and vitamin D are licensed to Metabolic Technologies, LLC, under U.S. patents 8,815,280, 9,259,430, and 9,539,224.



Hormone Protect®
Estrogen Metabolism and Detoxification Support Formula*

Available in 60 capsules
and 120 capsules

Hormone Protect® is an ideal combination of DIM (diindolylmethane) and truebroc™ (glucoraphanin) that helps protect estrogen-sensitive tissues by promoting healthy estrogen metabolism and supporting detoxification and neutralization of harmful estrogen metabolites and xenoestrogens.*

Serving Size: 2 Capsules			
	Amount Per Serving	%Daily Value	
DIM (diindolylmethane).....	300 mg	***	
Glucoraphanin (from broccoli extract)(<i>Brassica oleracea italica</i>)(seed)(TrueBroc®)	60 mg	***	
***Daily Value not established.			
Other Ingredients: HPMC (capsule), stearic acid, magnesium stearate, silica, and microcrystalline cellulose.			

Directions: Take one to two capsules daily, or as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

 Produced under US patent 6,521,818 licensed from Brassica Protection Products LLC; truebroc is a registered trademark of Brassica Protection Products LLC.

i5™
Available in Vanilla Delight
and Creamy Chocolate

i5™ represents an innovative approach to biotransformation for individuals whose health is constantly challenged. This all-natural, fructose-free formula includes ingredients that promote overall gastrointestinal health and support detoxification mechanisms and cytokine balance in the body. i5 features patented and proprietary ingredients, including 21 g of VegaPro™, a non-GMO, vegetable-based protein, as well as IgG 2000 CWP™, OncoPLEX™ (glucoraphanin), and arabinogalactan, a prebiotic. Professionals have reported best results when i5 is combined with a modified elimination diet.*

Per Serving (2 Scoops) of i5:	
IgG 2000 CWP™	2.5 g
Arabinogalactan	1 g
Glucoraphanin (from OncoPLEX™)	30 mg



10 Servings per container Serving size 1 Packet (about 51g)		
	Amount Per Serving	%Daily Value*
Calories.....	180	
Total Fat.....	4.5g	6%
Saturated Fat.....	1g	5%
Trans Fat.....	0g	
Cholesterol.....	0mg	0%
Sodium.....	430mg	19%
Total Carbohydrate.....	17g	6%
Dietary Fiber.....	8g	29%
Total Sugars.....	6g	
Includes 5g Added Sugars.....	10%	
Protein.....	21g	
Vitamin D.....	0mcg	0%
Calcium.....	45mg	3%
Iron.....	5mg	30%
Potassium.....	350mg	7%


* The %Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.


INGREDIENTS: Pea protein isolate, dried cane syrup, fiber complex (inulin (from chicory) and oat fiber), cocoa powder, sunflower oil, natural avors (no MSG), immunoglobulin protein concentrate, glycine, arabinogalactan, cellulose gum, xanthan gum, taurine, medium-chain triglyceride oil, tripotassium citrate, fungal proteases^{S1}, broccoli seed extract^{S2}, rice protein concentrate, guar gum, stevia leaf extract, L-glutamine, and silica.

CONTAINS: Milk

DIRECTIONS: Blend, shake, or briskly stir the contents of one packet (51 g) into 8-12 oz chilled water and consume one to two times daily, or as directed by your healthcare professional. Adjust amount of water to desired sweetness and thickness.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, or artificial preservatives..

 S1. AMINOGEN® is a registered trademark of Innophos Nutrition, Inc. AMINOGEN® is protected under U.S. patent 5,387,422.

 S2. TrueBroc® Produced under US patent 6,521,818 licensed from Brassica Protection Products LLC; TrueBroc is a registered trademark of Brassica Protection Products LLC.



Typical Amino Acid Profile Per Serving:

Alanine	1,110 mg	Methionine	270 mg
Arginine	2,050 mg	Phenylalanine	1,310 mg
Aspartic Acid	2,760 mg	Proline	1,150 mg
Cysteine	250 mg	Serine	1,350 mg
Glutamic Acid	4,030 mg	Taurine	500 mg
Glycine	2,990 mg	Threonine	1,030 mg
Histidine	610 mg	Tryptophan	260 mg
Isoleucine	1,080 mg	Tyrosine	930 mg
Leucine	2,040 mg	Tyrosine	1,230 mg
Lysine	1,760 mg		

10 Servings per container Serving size 1 Packet (about 46g)		
	Amount Per Serving	%Daily Value*
Calories.....	170	
Total Fat.....	3g	4%
Saturated Fat.....	1g	5%
Trans Fat.....	0g	
Cholesterol.....	0mg	0%
Sodium.....	410mg	18%
Total Carbohydrate.....	15g	5%
Dietary Fiber.....	6g	21%
Total Sugars.....	6g	
Includes 5g Added Sugars.....	10%	
Protein.....	21g	
Vitamin D.....	0mcg	0%
Calcium.....	35mg	3%
Iron.....	4mg	20%
Potassium.....	390mg	8%


* The %Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.


INGREDIENTS: Pea protein isolate, dried cane syrup, fiber complex (inulin (from chicory) and oat fiber), natural flavors (no MSG), immunoglobulin protein concentrate, sunower oil, glycine, arabinogalactan, tripotassium citrate, cellulose gum, xanthan gum, taurine, medium-chain triglyceride oil, fungal proteases^{S1}, broccoli seed extract^{S2}, rice protein concentrate, guar gum, stevia leaf extract, L-glutamine, and silica..

CONTAINS: Milk

DIRECTIONS: Blend, shake, or briskly stir the contents of one packet (46 g) into 8-12 oz chilled water and consume one to two times daily, or as directed by your healthcare professional. Adjust amount of water to desired sweetness and thickness.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, or artificial preservatives.

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 S2. TrueBroc® Produced under US patent 6,521,818 licensed from Brassica Protection Products LLC; TrueBroc is a registered trademark of Brassica Protection Products LLC.



Typical Amino Acid Profile Per Serving:

Alanine	1,130 mg	Methionine	280 mg
Arginine	2,100 mg	Phenylalanine	1,340 mg
Aspartic Acid	2,830 mg	Proline	1,180 mg
Cysteine	250 mg	Serine	1,380 mg
Glutamic Acid	4,140 mg	Taurine	500 mg
Glycine	3,010 mg	Threonine	1,050 mg
Histidine	620 mg	Tryptophan	270 mg
Isoleucine	1,110 mg	Tyrosine	950 mg
Leucine	2,090 mg	Tyrosine	1,260 mg
Lysine	1,800 mg		



i5™ Energize is an all-natural, nutrient-dense shake mix designed to support healthy energy production, gastrointestinal integrity, cytokine balance, and the body's natural ability to detoxify. It is a wholesome alternative for individuals seeking to maintain robust energy levels, enhance their workout, or simply maintain overall health and wellness. This unique, fructose-free formula contains the same micronutrient profile (different dosages) found in XYMOGEN's ActivNutrients® without Copper & Iron, along with supplemental methylcobalamin (activated vitamin B12) and whole coffee fruit standardized to chlorogenic acid. i5 Energize features VegaPro™, a non-GMO, pea-based protein; IgG 2000 CWP™, a bovine-derived immunoglobulin concentrate; truebroc®, glucoraphanin from broccoli seed extract; and arabinogalactan, a prebiotic. i5 Energize provides 80 mg of caffeine per serving.*

Typical Amino Acid Profile Per Serving:

Alanine	940 mg	Methionine	230 mg
Arginine	1,700 mg	Phenylalanine	1,090 mg
Aspartic Acid	2,300 mg	Proline	970 mg
Cysteine	210 mg	Serine	1,140 mg
Glutamic Acid	3,370 mg	Taurine	500 mg
Glycine	888 mg	Threonine	870 mg
Histidine	510 mg	Tryptophan	220 mg
Isoleucine	900 mg	Tyrosine	780 mg
Leucine	1,700 mg	Valine	1,040 mg
Lysine	1,460 mg		

Quatrefolic® - S1. Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US Patent 7,947,662.

S2. Albion®, DimaCal®, TRAACS®, and the Albion Gold Medallion® are registered trademarks of Albion Laboratories, Inc. Malates covered by US patent 6,706,904.

S3. TrueBroc® Produced under US patent 6,521,818 licensed from Brassica Protection Products LLC; TrueBroc is a registered trademark of Brassica Protection Products LLC.

S4. AMINOGEN® is a registered trademark of Innophos Nutrition, Inc. AMINOGEN® is protected under U.S. patent 5,387,422.



Serving Size: 1 Packet (about 46 g)
Servings Per Container: 10

	Amount Per Serving	%Daily Value
Calories.....	170	
Total Fat.....	4 g	5%†
Saturated Fat.....	2 g	10%†
Total Carbohydrate.....	19 g	7%†
Dietary Fiber.....	5 g	18%
Total Sugars.....	4 g	**
Includes 4g Added Sugars.....	8%	
Protein (from pea protein isolate and rice protein concentrate).....	18 g	
Vitamin A (75% as natural beta-carotene and 25% as retinyl palmitate).....	560 mcg	62%
Vitamin C (as sodium ascorbate, potassium ascorbate, zinc ascorbate, and calcium ascorbate).....	62.5 mg	69%
Vitamin D3 (cholecalciferol).....	1.25 mcg (50 IU)	6%
Vitamin E (as d-alpha tocopheryl succinate).....	33.5 mg	223%
Thiamin (as thiamine mononitrate).....	5 mg	417%
Riboflavin (as riboflavin 5'-phosphate sodium).....	5 mg	385%
Niacin (as niacinamide and niacin).....	16 mg	100%
Vitamin B6 (as pyridoxal 5'-phosphate).....	5 mg	294%
Folate (as [6S]-5-methyltetrahydrofolic acid, glucosamine salt) ^{S1}	170 mcg DFE	43%
Vitamin B12 (as methylcobalamin).....	2,500 mcg	104,167%
Biotin.....	250 mcg	833%
Pantothenic Acid (as d-calcium pantothenate).....	50 mg	1,000%
Choline (as choline dihydrogen citrate).....	9 mg	2%
Calcium (as dicalcium malate ^{S2} and ingredients with naturally occurring calcium).....	45 mg	3%
Iron (naturally occurring).....	3 mg	17%
Iodine (as potassium iodide).....	25 mcg	17%
Magnesium (as di-magnesium malate) ^{S2}	25 mg	6%
Zinc (as zinc bisglycinate chelate) ^{S2}	3.25 mg	30%
Selenium (as selenium glycinate complex) ^{S2}	25 mcg	45%
Manganese (as manganese bisglycinate chelate) ^{S2}	0.125 mg	5%
Chromium (as chromium nicotinate glycinate chelate) ^{S2}	125 mcg	357%
Molybdenum (as molybdenum glycinate chelate) ^{S2}	12.5 mcg	28%
Sodium (naturally occurring).....	360 mg	16%
Potassium (from tripotassium citrate, potassium glycinate complex ^{S2} , and ingredients with naturally occurring potassium).....	345 mg	7%
Immunoglobulin concentrate.....	2.5 g	**
Immunoglobulin G (IgG).....	1 g	**
Arabinogalactan (from <i>Larix laricina</i> (bark).....	1 g	**
Proprietary Energizing Blend		
Whole Coffee Fruit (<i>Coffea arabica</i>)(whole fruit)(40% chlorogenic acid) and caffeine anhydrous, typically yielding a total of 80 mg of caffeine.....	585 mg	**
Glucoraphanin (from broccoli extract)(<i>Brassica oleracea italica</i>)(seed) ^{S3}	30 mg	**
Mixed Tocopherols.....	18 mg	**
Inositol.....	9 mg	**
PABA (para-aminobenzoic acid).....	3.25 mg	**
Vanadium (as vanadium nicotinate glycinate chelate) ^{S2}	187.5 mcg	**

† Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Natural flavors (no MSG), inulin (from chicory), dried cane syrup, sunflower oil, cellulose gum, xanthan gum, taurine, medium-chain triglyceride oil, fungal proteases^{S4}, guar gum, stevia leaf extract, L-glutamine, glycine, and silica.
Contains: Milk

DIRECTIONS: Blend, shake, or briskly stir the contents of one packet (46 g) into 8-10 oz chilled water and consume once daily, or as directed by your healthcare professional. Adjust amount of water to desired sweetness and thickness.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy protein, fish, shellfish, peanuts, tree nuts, egg, artificial colors, and artificial sweeteners.

IG 26 DF
Specifically Immunized Egg

 Available in 30 servings
and 120 capsules

IG 26 DF is a self-affirmed GRAS supplement that provides IgY immunoglobulins and immunoregulating molecules from specifically immunized chicken egg. Research suggests that this easy-to-mix, dairy-free source of immunoglobulins and immune cofactors helps support immune function in the intestine and a healthy intestinal environment. These benefits positively impact extraintestinal health. Preliminary research also suggests a role for the formula's immunoregulating molecules in cytokine modulation and in sports recovery applications.*

IG 26 DF Powder Supplement Facts

Serving Size: 1 Scoop (about 2 g) Servings Per Container: About 67.5		
	Amount Per Serving	%Daily Value
Calories.....	10	
Total Fat.....	1 g	1%†
Cholesterol.....	35 mg	12%
Protein less than 1 g		
Hyperimmunized Egg Powder ^{S1}	2 g	**
†Percent Daily Values are based on a 2,000 calorie diet.		
**Daily Value not established.		

Other Ingredient: Silica.
Contains: Egg

DIRECTIONS: Blend or shake one scoop in cold liquid, or sprinkle it on cold food such as salad, or use as directed by your healthcare professional. Do not heat, cook, or add to hot food or liquid.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, corn, soy, dairy products, fish, shellfish, peanuts, tree nuts, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

IgY Max[™] S1. IgY Max[™] is a trademark of IgY Nutrition, LLC and is used under license.

IG 26 DF Capsules Supplement Facts

Serving Size: 4 Capsules		
	Amount Per Serving	%Daily Value
Calories.....	10	
Total Fat.....	1 g	1%†
Cholesterol.....	30 mg	10%†
IgY Max [™] Hyperimmunized Egg Powder.....	2 g	**
†Percent Daily Values are based on a 2,000 calorie diet.		
**Daily Value not established.		

Ingredients: HPMC (capsule), medium-chain triglyceride oil, silica, and dicalcium phosphate.
Contains: Egg

DIRECTIONS: Take four capsules per day, or use as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, yeast, corn, soy, dairy products, fish, shellfish, peanuts, tree nuts, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

IgY Max[™] S1. IgY Max[™] is a trademark of IgY Nutrition, LLC and is used under license.

IG 26 Plus DF
Specifically Immunized Egg

 Available in
30 servings

IG 26 Plus DF is an easy-to-mix, dairy-free supplement designed to support intestinal health and immunity and, in turn, positively impact multiple aspects of systemic health. The formula contains powdered specifically immunized egg, which naturally provides IgY and immunoregulatory factors, and larch arabinogalactan, a dietary prebiotic fiber. Human studies on the supplementation of these ingredients suggest they boost the body's potential to defend itself against immune challenges.*

 IG 26 Plus DF Natural Vanilla

Serving Size: 1 Scoop (about 6.1 g) Servings Per Container: About 30		
	Amount Per Serving	%Daily Value
Calories.....	30	
Total Fat.....	2 g	3%†
Saturated Fat.....	0.5 g	3%†
Cholesterol.....	75 mg	25%
Total Carbohydrate.....	1 g	<1%†
Dietary Fiber.....	1 g	4%
Protein.....	2 g	
IgY Max [™] Hyperimmunized Egg Powder.....	4.5 g	**
Arabinogalactan (from <i>Larix laricina</i>)(heartwood).....	1 g	**
†Percent Daily Values are based on a 2,000 calorie diet.		
**Daily Value not established.		

Other Ingredient: Natural flavor (no MSG), monk fruit extract, and silica.
Contains: Egg

DIRECTIONS: Blend or shake one scoop (about 6.1 g) in cold liquid or sprinkle on cold food, such as salad, or use as directed by your healthcare practitioner. Do not heat, cook, or add to hot food or liquid.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, dairy products, fish, shellfish, peanuts, tree nuts, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

IgY Max[™] S1. IgY Max[™] is a trademark of IgY Nutrition, LLC and is used under license.

IgG 2000 CWP™
Immunoglobulin Concentrate from Colostral Whey Peptides

Available in 25 servings,
75 servings, and 120 capsules

IgG 2000 CWP™ is an immunoglobulin concentrate derived from
colostral whey peptides. It delivers natural immunoglobulins
(standardized to a minimum of 40% IgG), bioactive proteins, and growth
factors. These components support immune function, healthy cytokine
activity, gut barrier function, and gastrointestinal health and tissue
repair. Advanced coagulation and filtration techniques make IgG 2000
CWP a unique, GRAS-certified formula that is superior in its bioactive
composition and its purity.*

IgG 2000 CWP™ Capsules Supplement Facts

Serving Size: 2 Capsules

	Amount Per Serving	%Daily Value†
Calories.....	5	
Protein	1 g	
Colostral whey peptides (bovine-derived immunoglobulin concentrate) ...	1 g	**
Immunoglobulin G (IgG)	400 mg	**

†Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value (DV) not established.

Other Ingredients: Capsule (hypromellose and water), silica, and sunflower lecithin.
Contains: Milk

DIRECTIONS: Take two capsules twice daily, or as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, corn, yeast, soy, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

IgG 2000 CWP™ Powder Supplement Facts

Serving Size: 1 Tablespoon (about 5 g)

	Amount Per Serving	%Daily Value
Calories.....	20	
Protein	4 g	
Calcium (from colostral whey peptides)	40 mg	3%
Colostral whey peptides (bovine-derived immunoglobulin concentrate). 5 g		**
Immunoglobulin G (IgG)	2 g	**

Percent Daily Values (DV) are based on a 2,000 calorie diet.
** Daily Value (DV) not established.

Other Ingredients: Sunflower lecithin.
Contains: Milk

DIRECTIONS: Mix one tablespoon (about 5 g) into 2-4 oz of water and consume daily, or take as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, corn, yeast, soy, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

IgG Pure™
Pure, New Zealand-Sourced Whey Protein

Available in
15 servings

IgG Pure™ a natural, nutritionally advanced, bioactive whey protein
concentrate, contains immunoglobulins that support the delicate
balance of the body's immune system. The whey is sourced from New
Zealand cows where herds are free from environmental contaminants
and are not subjected to hormones and antibiotics that are commonly
used elsewhere. This protein is a rich source of amino acids, including
those needed for the synthesis of glutathione, an important antioxidant
that can be depleted by stress. This formula is resistant to stomach acid
and supports intestinal health. The 80% protein content supports lean
body mass.*

IgG Pure™ has been proven in clinical trials to:

- Stimulate the immune system
- Promote the development of lean body mass
- Promote intestinal health

Serving Size: 2 scoops (about 20 g)

	Amount Per Serving	%Daily Value†
Calories.....	80	
Calories from Fat	10	
Total Fat	1 g	2%
Saturated Fat	1 g	5%
Cholesterol	35 mg	12%
Total Carbohydrate	2 g	1%
Protein	16 g	32%
Calcium	55 mg	6%
Sodium	75 mg	3%
Potassium	140 mg	3%
Immunoglobulins (40% IgG)	1.6 g	**

† Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Other Ingredients: Whey protein concentrate and sunflower lecithin.
Contains: Milk.

DIRECTIONS: Mix 2 scoops with a cold beverage or add to your favorite recipe once daily or as recommended by your healthcare professional. To prevent protein denaturation and maintain the protein activity level, do not mix in hot drinks or recipes that require baking or boiling. Also, do not mix with pineapple or papaya because their enzymes may deactivate the protein.

FORMULATED TO EXCLUDE: Wheat, gluten, corn, yeast, soy, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and preservatives.

Typical Amino Acid Profile Per Serving:

Alanine	1060 mg	Lysine	1820 mg
Arginine	540 mg	Methionine	500 mg
Aspartic Acid	2220 mg	Phenylalanine	680 mg
Cysteine	560 mg	Proline	1280 mg
Glutamine	3620 mg	Serine	864 mg
Glycine	400 mg	Threonine	1460 mg
Histidine	380 mg	Tryptophan	480 mg
Isoleucine	1380 mg	Tyrosine	700 mg
Leucine	2240 mg	Valine	1260 mg

Immune Essentials™

Short-Term Immune Support*

Available in
45 capsules

Each Immune Essentials™ capsule features the same concentrated, naturally derived beta 1,3/1,6 glucan used in XYMOGEN's Immunotix™ formulas, plus standardized olive leaf extract and vitamin C as ascorbic acid. These ingredients support the body's natural immune mechanisms to help maintain good health. This formula is designed to be taken short term.*

Serving Size: 3 Capsules			VEGETARIAN CAPS
	Amount Per Serving	%Daily Value	
Vitamin C (ascorbic acid).....	1,000 mg	1,111%	
Olive Extract (<i>Olea europaea</i>) (leaf) (20% oleuropein)	1 g	**	
Baker's Yeast Beta-Glucan (69% gluco polysaccharide [beta 1,3/1,6]) ^{S1}	250 mg	**	
** Daily Value not established.			

Other Ingredients: Capsule (hypromellose and water), stearic acid, microcrystalline cellulose, magnesium stearate, and silica.

DIRECTIONS: For early and immediate support, take three capsules with water on an empty stomach, or use as directed by your healthcare professional.*

FORMULATED TO EXCLUDE: Wheat, gluten, yeast protein, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

S1. Wellmune® is a registered trademark of Kerry Group plc.
MAY BE COVERED BY ONE OR MORE OF THE FOLLOWING PATENTS AND APPLICATIONS: US 7,981,447; US 7,022,685; US 7,566,704; US 6,369,216; US 5,702,719 and patents pending.

Immunotix 250™

Patented 1,3/1,6 Whole Glucan Particle

Available in
30 capsules

Immunotix 250™ delivers 250 mg of whole glucan particle per capsule, providing beta 1,3/1,6 glucan—a unique complex carbohydrate purified from *Saccharomyces cerevisiae* (baker's yeast). It is natural, non-genetically modified (non-GMO), hypoallergenic, patented, and generally recognized as safe (GRAS). Taken orally, Immunotix 250 primes and mobilizes the cells that support the body's first-line immune response.*

Serving Size: 1 Capsule			VEGETARIAN CAPS
	Amount Per Serving	%Daily Value	
Whole Glucan Particle (providing beta-glucan naturally derived from <i>Saccharomyces cerevisiae</i>) ^{S1}	250 mg	**	
** Daily Value not established.			

Other Ingredients: Dicalcium phosphate anhydrous, capsule (hypromellose and water), stearic acid, magnesium stearate, silica, and medium-chain triglyceride oil.

DIRECTIONS: For ongoing immune support: Take one capsule daily, first thing in the morning or last thing at night (before or well after a meal), with a full 8 oz glass of water. For fast-acting immune support: Take up to two capsules per day, as above; or use as directed by your healthcare professional.*

FORMULATED TO EXCLUDE: Wheat, gluten, corn, yeast protein, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

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MAY BE COVERED BY ONE OR MORE OF THE FOLLOWING PATENTS AND APPLICATIONS: US 7,981,447; US 7,022,685; US 7,566,704; US 6,369,216; US 5,702,719 and patents pending.

Immunotix 500™

Patented 1,3/1,6 Whole Glucan Particle

Available in 20 capsules
and 60 capsules

Immunotix 500™ delivers 500 mg of whole glucan particle per capsule, providing beta 1,3/1,6 glucan—that's double the dose of Immunotix 250™. Beta 1,3/1,6 glucan is a unique complex carbohydrate purified from *Saccharomyces cerevisiae* (baker's yeast). It is natural, non-genetically modified (non-GMO), hypoallergenic, patented, and generally recognized as safe (GRAS). Taken orally, Immunotix 500 primes and mobilizes the cells that support the body's first-line immune response.*

Serving Size: 1 Capsule			VEGETARIAN CAPS
	Amount Per Serving	%Daily Value	
Whole Glucan Particle (providing beta-glucan naturally derived from <i>Saccharomyces cerevisiae</i>) ^{S1}	500 mg	**	
** Daily Value not established.			

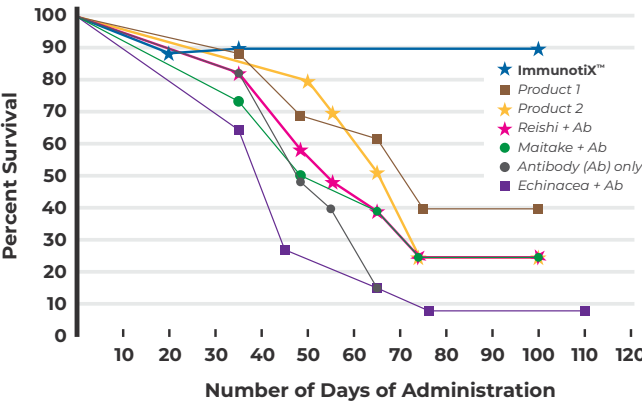
Other Ingredients: Dicalcium phosphate anhydrous, capsule (hypromellose and water), stearic acid, magnesium stearate, silica, and medium-chain triglyceride oil.

DIRECTIONS: For ongoing immune support: Take one capsule daily, first thing in the morning or last thing at night (before or well after a meal), with a full 8 oz glass of water. For fast-acting immune support: Take up to two capsules per day, as above; or use as directed by your healthcare professional.*

FORMULATED TO EXCLUDE: Wheat, gluten, corn, yeast protein, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

S1. Wellmune® is a registered trademark of Kerry Group plc.
MAY BE COVERED BY ONE OR MORE OF THE FOLLOWING PATENTS AND APPLICATIONS: US 7,981,447; US 7,022,685; US 7,566,704; US 6,369,216; US 5,702,719 and patents pending.

Comparative Study of Immune-Supportive Substances



This chart was created by Dr. Jun Yan's lab at The University of Louisville.
Source: J. Yan, James Graham Brown, University of Louisville, 2006.

Iron Glycinate

Gentle and Highly Absorbable Iron Formula*

 Available in
120 capsules

Iron bis-glycinate is a well-studied, 100% fully-reacted, patented form of iron exclusively from Albion® Laboratories. The amino acid glycine is actually one of the two starting materials the body uses to synthesize hemoglobin. Therefore, **Iron Glycinate™** contributes two key factors. This form of iron has higher bioavailability, lower toxicity, less food reactivity, less food interactions and has a longer shelf life than any other common form of iron.*

Serving Size: 1 Capsule



	Amount Per Serving	%Daily Value
Iron (as Ferrochel® ferrous bisglycinate chelate).....	29 mg	161%

Other Ingredients: Microcrystalline cellulose, HPMC (capsule), stearic acid, magnesium stearate, and silica.

DIRECTIONS: Take one capsule daily, or as directed by your healthcare practitioner.


DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.



Albion®, DimaCal®, TRAACS®, and the Albion Gold Medalion® are registered trademarks of Albion Laboratories, Inc. Di-Magnesium Malate covered by US patent 6,706,904.

I-Sight™

Proprietary Ocular Formula*

 Available in
60 capsules

I-Sight™ is a ground breaking supplement for the care and support of the eyes. Developed in conjunction with respected ophthalmologists, this formula allows for the increased specific nutrients and herbs with antioxidant activity targeted to support healthy retina, lens, and eyesight function during the aging process.*

Serving Size: 2 Capsules



	Amount Per Serving	%Daily Value
Zinc (as zinc bisglycinate chelate) ^{S1}	35 mg	318%
Taurine	400 mg	**
N-Acetyl-L-Cysteine	200 mg	**
Bilberry Extract (<i>Vaccinium myrtillus</i>)(fruit)(25% anthocyanosides)180 mg		**
Alpha-Lipoic Acid	150 mg	**
Quercetin (as quercetin dihydrate)(from <i>Sophora japonica</i>)(bud) ..100 mg		**
Lutein (from marigold extract)(<i>Tagetes erecta</i>)(flowers)	30 mg	**
Lycopene (from red tomato)(<i>Lycopersicon esculentum</i>)(fruit)	6 mg	**

** Daily Value not established.

Other Ingredients: Capsule (hypromellose and water), stearic acid, microcrystalline cellulose, silica, magnesium stearate, and medium-chain triglyceride oil.

DIRECTIONS: Take two capsules daily, or as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

S1. TRAACS® is a registered trademark of Albion Laboratories.

K2-45

Natural Vitamin K2 as MK-7

 Available in
60 capsules

K2-45, derived from non-GMO soybeans fermented with *Bacillus subtilis* natto, is the most bioavailable and bioactive form of supplemental vitamin K2 available. Historical use and numerous studies have confirmed safety and efficacy for bone and heart health.*

Serving Size: 1 Capsule



	Amount Per Serving	%Daily Value
Vitamin K2 (as menaquinone-7)	45 mcg	**

** Daily Value not established.

Ingredients: Microcrystalline cellulose, capsule (hypromellose and water), stearic acid, magnesium stearate, and silica.

DIRECTIONS: Take one capsule with a meal, one to two times daily, or as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, corn, yeast, soy protein, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

K2-D3 5000

Bioavailable Vitamins K2 (as MK-7) and D3*

 Available in 60 capsules
and 120 capsules

K2-D3 5000 features the most bioavailable and bioactive form of supplemental vitamin K2 available and vitamin D3 (cholecalciferol), the identical form in which vitamin D is derived in the body from cholesterol and synthesized by sunlight on the skin. Studies confirm safety and efficacy for bone and heart health.*

Serving Size: 1 Capsule



	Amount Per Serving	%Daily Value
Vitamin D3 (cholecalciferol)	125 mcg (5000 IU)	625%
Vitamin K2 (as menaquinone-7)	90 mcg	**

** Daily Value not established.

Other Ingredients: Capsule (hypromellose and water), microcrystalline cellulose, ascorbyl palmitate, and silica.

DIRECTIONS: Take one capsule daily, preferably at mealtime, or as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy protein, dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.


K2-D3 10,000

Bioavailable Vitamins K2 (as MK-7) and D3*

Available in 60 capsules
and 120 capsules

K2-D3 10,000 features the most bioavailable and bioactive form of supplemental vitamin K2 available and vitamin D3 (cholecalciferol), the identical form in which vitamin D is derived in the body from cholesterol and synthesized by sunlight on the skin. Studies confirm safety and efficacy for bone and heart health.*

Serving Size: 1 Capsule



	Amount Per Serving	%Daily Value
Vitamin D3 (cholecalciferol)	250 mcg (10,000 IU)	1250%
Vitamin K2 (as menaquinone-7)	45 mcg	**

** Daily Value not established.

Other Ingredients: Microcrystalline cellulose, capsule (hypromellose and water), vegetable stearic acid, vegetable magnesium stearate, and silica.

DIRECTIONS: Swallow one capsule daily with water, preferably at mealtime, or as directed by your healthcare professional.



FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy protein, dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

K2 Liquid

K2 as Bioactive MK-7

Available in
1 fluid ounce

K2 Liquid provides vitamin K2 as menaquinone-7 (MK-7), the bioactive form of K2 obtained through fermentation of *Bacillus subtilis* natto cultures. The highly bioavailable MK-7 supports vitamin K repletion when deficient and plays a role in inhibiting vascular calcification and promoting bone mineralization.*

Serving Size: 0.5 mL (about ½ dropper)		
	Amount Per Serving	%Daily Value
Vitamin K2 (as menaquinone-7)	90 mcg	**
** Daily Value not established		
Other Ingredients: Organic high oleic sunflower oil.		
DIRECTIONS: Consume 0.5 mL (about ½ dropper) one to two times daily, or as directed by your healthcare professional.		
FORMULATED TO EXCLUDE: Wheat, gluten, yeast, corn, soy protein, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.		
 Half Dropper = 0.5 mL (90 mcg K2)  Full Dropper = 1 mL (180 mcg K2)		


K-Mg Citrate™

Electrolyte/pH Support*

Available in
60 Capsules

K-Mg Citrate™ provides two intracellular cations that are vital to maintaining healthy muscle contractility, nerve conduction, and blood pressure levels already within the normal range. These minerals help maintain healthy electrolyte and acid-base balance, and support kidney health and function.*

Serving Size: 1 Capsule



	Amount Per Serving	%Daily Value
Magnesium (as magnesium citrate).....	70 mg	17%
Potassium (as potassium citrate)	99 mg	2%


Other Ingredients: HPMC (capsule), microcrystalline cellulose, stearic acid, magnesium stearate, medium-chain triglyceride oil, and silica.

DIRECTIONS: Take one capsule one to two times daily, or as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, corn, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

L-Glutamine

Cellular Support*

 Available in
85 servings

L-Glutamine is a conditionally-essential amino acid necessary for the maintenance of many metabolic functions. Under metabolic stress, physiological demands increase. L-glutamine supplementation can provide for the body's increased needs, and research suggests it may:

Serving Size: 1 Scoop (about 4 g)

	Amount Per Serving	%Daily Value
L-Glutamine.....	4 g	**

** Daily Value not established.


Other Ingredients: None.

DIRECTIONS: Take one scoop daily, mixed with plain water, on an empty stomach, or as directed by your healthcare professional. Consume within 30 minutes of mixing.

FORMULATED TO EXCLUDE: Wheat, gluten, corn, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

L-Lysine

An Essential Amino Acid

 Available in
90 capsules

L-Lysine is an amino acid essential in human physiology. Lysine is vital for normal growth and for the manufacture of collagen, a substance important for healthy skin, bones, tendons, and cartilage. Supplemental lysine may be appropriate for individuals on a high-arginine diet.*

Serving Size: 2 Capsules



	Amount Per Serving	%Daily Value
L-Lysine (as L-lysine HCl)	1 g	**

** Daily Value not established.

Other Ingredients: HPMC (capsule), medium-chain triglyceride oil, stearic acid, magnesium stearate, and silica.

DIRECTIONS: Preferably on an empty stomach, take one to two capsules three times a day, or as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, corn, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

L-Theanine

Patented Ingredient Supports Calm and Relaxation*

 Available in 60 capsules
and 120 capsules

L-Theanine is a naturally occurring, unique amino acid found in green tea leaves. L-theanine has been found to reduce stress by promoting relaxation without drowsiness, easing nervousness due to overwork and fatigue, and reducing nervous irritability. Human studies suggest that it may also be useful in supporting concentration and in reducing negative side effects from caffeine. XYMOGEN's L-Theanine (as Suntheanine®) is protected by several patents based on its positive effects.*

Serving Size: 2 Capsules



	Amount Per Serving	%Daily Value
L-Theanine (Suntheanine®)	400 mg	**

** Daily Value not established.

Other Ingredients: HPMC (capsule), microcrystalline cellulose, stearic acid, magnesium stearate, silica, and medium-chain triglyceride oil.

DIRECTIONS: Take one to two capsules twice daily, or as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, corn, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

Suntheanine®

Suntheanine® is a registered trademark of Taiyo International, Inc. U.S. and International Patents Pending. U.S. Patent Nos. 6831103, 6589566, 6297280.

Leptin Manager™
Targeting Fat Cells*

Available in
30 capsules

Leptin Manager™ represents an advanced, science-based strategy for positively affecting leptin levels. Leptin is a fat-cell derived hormone that is elevated in some individuals. Healthy leptin activity helps balance energy intake and expenditure by influencing appetite, food cravings, and metabolism.*

Serving Size: 1 Capsule		
	Amount Per Serving	%Daily Value
Vitamin C (ascorbic acid)	15 mg	17%
ORALVISC® (proprietary, naturally occurring source of glycosaminoglycans (GAGs))	80 mg	**
** Daily Value not established		
Other Ingredients: Microcrystalline cellulose, capsule (gelatin, carmine, and titanium dioxide), vegetable stearic acid, vegetable magnesium stearate, and silica.		

DIRECTIONS: Take one capsule in the morning, or as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

ORALVISC® is a registered trademark licensed by Bioiberica, S.A.

LipotropiX™
Comprehensive Lipotropic Formula*

Available in
120 capsules

LipotropiX™ is a specialized liver support formula that provides nutrients involved in fat metabolism, including choline, taurine, and methionine. Dandelion and celandine have been selected to support bile flow and healthy liver function. Guggul extract and inositol hexanicotinate are included to support healthy blood lipid levels already within the normal range.*

Serving Size: 2 Capsules		
	Amount Per Serving	%Daily Value
Niacin (as inositol hexanicotinate)	375 mg	2344%
Guggul Extract (<i>Commiphora mukul</i>)(oleo-gum-resin)	375 mg	**
Choline Dihydrogen Citrate	200 mg	**
L-Methionine	200 mg	**
Taurine.....	100 mg	**
Dandelion 4:1 Extract (<i>Taraxacum officinale</i>)(root).....	75 mg	**
Greater Celandine 10:1 Extract (<i>Chelidonium majus</i>)(whole herb) ..	50 mg	**
** Daily Value not established.		
Other Ingredients: HPMC (capsule), calcium silicate, silica, stearic acid, medium-chain triglyceride oil, and magnesium stearate.		

DIRECTIONS: Take two capsules twice daily after meals, or as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

Liver Protect™
Hepatic Support Formula*

Available in 60 capsules
and 120 capsules

Liver Protect™ contains the amino acid N-acetyl-L-cysteine, a key component of glutathione—a tripeptide that plays a significant role in detoxification and antioxidant support. Liver Protect also contains a combination of alpha-lipoic acid, milk thistle extract, and selenium for support of antioxidant activity, regeneration of other antioxidants, and promotion of healthy immune function.*

Serving Size: 1 Capsule		
	Amount Per Serving	%Daily Value
Selenium (as L-selenomethionine)	100 mcg	182%
Milk Thistle Extract (<i>Silybum marianum</i>)(seed)(30% silybins)	262.5 mg	**
Alpha-Lipoic Acid	200 mg	**
N-Acetyl-L-Cysteine	200 mg	**
** Daily Value not established.		
Other Ingredients: Capsule (hypromellose and water), stearic acid, microcrystalline cellulose, magnesium stearate, and silica.		

DIRECTIONS: Take one capsule twice daily, or as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

Magnesium Citrate
Supports Bowel Regularity and
Muscle Contraction/Relaxation*

Available in
120 capsules

Magnesium plays a vital role in hundreds of metabolic activities. The mineral particularly supports muscle and nervous system function. Magnesium Citrate supports healthy bowel movement by attracting water when it is in the intestine.*

Table with 3 columns: Ingredient, Amount Per Serving, %Daily Value. Row 1: Magnesium (as magnesium citrate) 100 mg 24%. Other Ingredients: Capsule (hypromellose and water), ascorbyl palmitate, and silica.

DIRECTIONS: Take one capsule daily, or as directed by your healthcare practitioner. DOES NOT CONTAIN: Wheat, gluten, corn, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

MaX Hypothalamus/Pituitary™

Available in
60 vegetarian capsules

Table with 3 columns: Ingredient, Amount Per Serving, %Daily Value. Row 1: Hypothalamus (from bovine)(Argentina) 200 mg **. Row 2: Whole Pituitary (from bovine)(Argentina) 200 mg **. Other Ingredients: HPMC (capsule), tricalcium phosphate, vegetable stearic acid, vegetable magnesium stearate, and silica.

DIRECTIONS: Take two capsules daily, or as directed by your healthcare practitioner. DOES NOT CONTAIN: Wheat, gluten, corn, yeast, soy, dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

MedCaps DPO™
Dual-Phase Optimizers*

Available in
120 capsules


MedCaps DPO™ is formulated to support phase I and phase II detoxification, hence the term "Dual-Phase Optimizers." Pomegranate extract, catechins, glucosinolates, milk thistle extract, artichoke extract, alpha-lipoic acid, methylsulfonylmethane (MSM), N-acetyl-L-cysteine (NAC), and calcium D-glucarate tetrahydrate support critical steps in the complex process of detoxification—a function essential to overall health and vitality. This unique formula provides activated B vitamins for enhanced bioavailability, including 5-methyltetrahydrofolate (5-MTHF) as Quatrefolic® for optimal folate utilization. MedCaps DPO provides antioxidant support to minimize the damaging effects of free radicals generated between the two phases.*

Table with 3 columns: Ingredient, Amount Per Serving, %Daily Value. Rows include Vitamin B6 (25 mg, 1,471%), Folate (340 mcg DFE, 85%), Vitamin B12 (100 mcg, 4,167%), Artichoke Extract (300 mg, **), Milk Thistle Extract (131.25 mg, **), Pomegranate Extract (125 mg, **), Alpha-Lipoic Acid (100 mg, **), N-Acetyl-L-Cysteine (100 mg, **), Sodium Sulfate Anhydrous (100 mg, **), Green Tea Extract (93.75 mg, **), Methylsulfonylmethane (MSM) (50 mg, **), Calcium D-Glucarate Tetrahydrate (50 mg, **).


Other Ingredients: Capsule (hypromellose and water), microcrystalline cellulose, stearic acid, magnesium stearate, silica, and medium-chain triglyceride oil. DIRECTIONS: Take two capsules daily, or as directed by your healthcare professional. FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically-modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

Quatrefolic® - S1. Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US Patent 7,947,662.

MedCaps GI™
Proprietary Gastrointestinal Support Formula*

 Available in
120 capsules

MedCaps GI™ features L-glutamine, zinc and pantothenic acid to nutritionally support the gastrointestinal mucosa and the prebiotic inulin to provide nourishment of the gastrointestinal mucosa cells. It also features aloe leaf extract, which has traditionally been used for optimal GI function.*


Serving Size: 2 Capsules			
	Amount Per Serving	%Daily Value	
Pantothenic Acid (as d-calcium pantothenate).....	50 mg	1000%	
Zinc (as TRAACS® zinc bisglycinate chelate)	7.5 mg	68%	
Inulin (from chicory)(<i>Cichorium intybus</i>)(root).....	400 mg	**	
L-Glutamine.....	250 mg	**	
Aloe vera 200:1 Aqueous Extract (leaf gel).....	25 mg	**	
** Daily Value not established.			

Other Ingredients: HPMC (capsule), microcrystalline cellulose, stearic acid, magnesium stearate, and silica.


DIRECTIONS: Take two capsules twice daily, or as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, or artificial sweeteners.

MedCaps IS™
Proprietary Blood Glucose Formula*

 Available in
60 capsules


MedCaps IS™ is an extraordinary combination of herbal and nutrient support for healthy glucose metabolism. It features concentrates of fenugreek, gymnema and bitter gourd, the addition of high levels of vanadium along with select B vitamins and the mineral, chromium. This formula provides nutritional support for glucose and insulin metabolism and supports healthy blood lipid levels already within the normal range.*

Serving Size: 2 Capsules			
	Amount Per Serving	%Daily Value	
Thiamin (as thiamine HCl).....	100 mg	8333%	
Niacin (as niacinamide)	100 mg	625%	
Biotin	10,000 mcg	33333%	
Chromium (as chromium nicotinate glycinate chelate) ^{S1}	1000 mcg	2857%	
Fenugreek Extract (<i>Trigonella foenum-graecum</i>)(seeds)	300 mg	**	
Bitter Gourd Extract (<i>Momordica charantia</i>)(fruit)	150 mg	**	
Gymnema 5:1 Extract (<i>Gymnema sylvestre</i>)(leaf).....	100 mg	**	
Vanadium (as vanadium nicotinate glycinate chelate)S1	5 mg	**	
** Daily Value (DV) not established.			

Other Ingredients: Capsule (hypromellose and water), stearic acid, magnesium stearate, and silica.

DIRECTIONS: Take two capsules daily after meals, or as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

 S1. TRAACS and the Albion Medallion design are registered trademarks of Albion Laboratories, Inc.



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MedCaps Menopause™ Female Herbal Nutrient Formula

Available in
120 capsules

MedCaps Menopause™ is a unique combination blend that is formulated to provide nutritional targeted nourishment for women during menopause. It features specially selected herbs and nutrients that support the adrenal glands' adaptive response as well as support circulation, relaxation and overall well-being. Featuring a non-soy-derived source of isoflavones, MedCaps Menopause may also beneficially influence estrogen receptor function.*

Serving Size: 2 Capsules

	Amount Per Serving	%Daily Value
Korean Ginseng Extract (<i>Panax ginseng</i>)(whole plant)(4% ginsenosides)	200 mg	**
Hesperidin (from <i>Citrus sinensis</i>)(fruit)	100 mg	**
PABA (para-aminobenzoic acid)	100 mg	**
Licorice Extract (<i>Glycyrrhiza glabra</i>)(root)(25% glycyrrhizin)	75 mg	**
Isoflavones (from kudzu extract)(<i>Pueraria pseudo-hirsuta</i>)(root)....	50 mg	**
Wild Yam 10:1 Extract (<i>Dioscorea villosa</i>)(root).....	50 mg	**
Black Cohosh Extract (<i>Cimicifuga racemosa</i>)(root and rhizome) (2.5% triterpene glycosides)	50 mg	**
Dong Quai Extract (<i>Angelica sinensis</i>)(root).....	50 mg	**
trans-Resveratrol (from <i>Polygonum cuspidatum</i> extract)(root).....	1 mg	**
Boron (as bororganic glycine) ^{S1}	50 mcg	**
** Daily Value not established.		

Other Ingredients: Capsule (hypromellose and water), stearic acid, magnesium stearate, calcium silicate, silica, microcrystalline cellulose, and medium-chain triglyceride oil.

DIRECTIONS: Take two capsules twice daily, or as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

S1. Albion™ is a registered trademarks of Albion Laboratories, Inc.

MedCaps T3™ Thyroid Support Formula*

Available in
120 capsules

MedCaps T3™ features targeted nutrients and herbs that support healthy thyroid hormone biosynthesis. This combination may facilitate the expression of thyroid hormone genes. The addition of ashwagandha and guggul extract may aid in the conversion of thyroxine to triiodothyronine (T4 to T3) and may assist in maintaining healthy blood lipid levels already within the normal range.*

Serving Size: 2 Capsules



	Amount Per Serving	%Daily Value
Vitamin A (as retinyl palmitate)	450 mcg	50%
Vitamin D3 (cholecalciferol)	5 mcg (200 IU)	25%
Vitamin E (as d-alpha tocopheryl succinate).....	33.5 mg	223%
Iodine (from organic Icelandic kelp)(<i>Laminaria digitata</i>)(stem and leaf)	75 mcg	50%
Zinc (as zinc citrate dihydrate).....	5 mg	45%
Selenium (as L-selenomethionine)	100 mcg	182%
Guggul Extract (<i>Commiphora mukul</i>)(oleo-gum-resin).....	500 mg	**
Rosemary Extract (<i>Rosemarinus officinalis</i>)(leaf)(5% rosmarinic acid)	50 mg	**
Ashwagandha (<i>Withania somnifera</i>)(root).....	50 mg	**
** Daily Value not established.		

Other Ingredients: Capsule (hypromellose and water), stearic acid, silica, magnesium stearate, calcium silicate, and medium-chain triglyceride oil.

DIRECTIONS: Take two capsules daily, or as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy protein, dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, and artificial preservatives.

Melatonin

Support for Healthy Sleep Patterns*

Available in 60 quick-dissolve tablets
and 120 quick-dissolve tablets

Melatonin is produced naturally in the pineal gland of the brain in response to changes in light exposure; it helps maintain healthy sleep patterns as well as antioxidant and immune activities. **Melatonin** can be taken as a supplement to support these functions by promoting normal levels of melatonin in the body.*

Serving Size: 1 Quick-Dissolve Tablet

	Amount Per Serving	%Daily Value
Melatonin	3 mg	**
** Daily Value not established.		

Other Ingredients: Xylitol, mannitol, stearic acid, silica, magnesium stearate, and natural peppermint flavor.

DIRECTIONS: Take one quick-dissolve tablet 15 to 60 minutes before bedtime as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

Melatonin CR

Biphasic Controlled-Release Melatonin Formula



Available in 90 tablets and 180 tablets

Melatonin CR is a vegetarian formula with a biphasic delivery system that releases melatonin quickly and then steadily. Melatonin is naturally produced in the pineal gland in response to changes in light exposure; it helps promote healthy sleep patterns as well as antioxidant and immune activities. Melatonin CR can support these functions by helping to maintain normal levels of melatonin in the body.*

Serving Size: 1 Tablet

	Amount Per Serving	%Daily Value
Vitamin B6 (as pyridoxine HCl)	10 mg	588%
Calcium (as dicalcium phosphate dihydrate)	35 mg	3%
Melatonin	5 mg	**

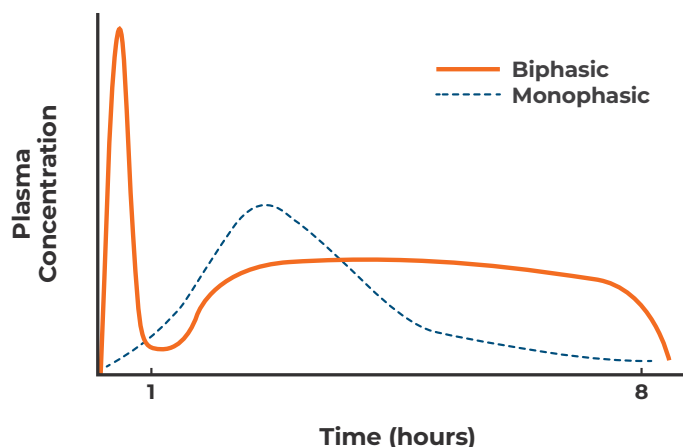
** Daily Value not established.

Other Ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, hydroxypropyl cellulose, ascorbyl palmitate, silica, and coating (tapioca maltodextrin, sunflower lecithin, palm oil, and guar gum).

DIRECTIONS: Take one tablet with water 20 minutes before bedtime, or as directed by your healthcare practitioner.

FORMULATED TO EXCLUDE: Wheat, gluten, corn, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

“Biphasic” Profile for a Nutraceutical



Elnekave D, Sundaram GM, Yacilla MT, inventors. Gabor L. Szekeres, assignee. Novel biphasic delivery system for a pharmaceutical or nutraceutical composition and method of administration. US patent application 20,080,171,085. July 17, 2008.

MemorAll™

Brain Support*

Available in 60 capsules

MemorAll™ is a unique combination of nutrients and botanicals that supports cognitive function and a healthy memory. It features select B vitamins, including Quatrefolic®, a patented form of 5-MTHF; the herbs *Ginkgo biloba* and *Bacopa monniera*; nutrients that provide antioxidant activity; and brain-specific nutrients such as acetyl-L-carnitine and sunflower-derived phosphatidylserine. This comprehensive formula addresses the multiple pathways involved in neurological health by supporting oxidant and cytokine balance, methylation, mitochondrial function, and endocrine balance.*

Serving Size: 1 Capsule



	Amount Per Serving	%Daily Value
Vitamin B6 (as pyridoxal 5'-phosphate)	5 mg	294%
Folate (as (6S)-5-methyltetrahydrofolic acid, glucosamine salt) ^{S1}	170 mcg DFE	43%
Vitamin B12 (as methylcobalamin)	100 mcg	4,167%
Acetyl-L-Carnitine (as acetyl-L-carnitine HCl)	250 mg	**
N-Acetyl-L-Cysteine	100 mg	**
Ginkgo Extract (<i>Ginkgo biloba</i>)(leaf)(20% ginkgoflavonglycosides and 5% terpene lactones)	60 mg	**
Bacopa Extract (<i>Bacopa monniera</i>)(whole plant)(8% bacosides)	50 mg	**
Phosphatidylserine ^{S2}	15 mg	**
<i>trans</i> -Resveratrol (from <i>Polygonum cuspidatum</i> root extract)	1 mg	**
Huperzine A (from <i>Huperzia serrata</i>)(whole plant)	100 mcg	**

** Daily Value not established.

Other Ingredients: Capsule (hypromellose), stearic acid, calcium silicate, tricalcium phosphate, silica, magnesium stearate, and microcrystalline cellulose.

DIRECTIONS: Take one capsule twice daily, or as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

S1. Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US Patent 7,947,662.
S2. Sharp®PS® GREEN is a registered trademark of Enzymotec Ltd.

MenoFem™

Natural Herbal Support Formula*

Available in
90 capsules

MenoFem™ is a unique formula integrating Native American, Chinese, and Ayurvedic herbs to provide balanced support to menopausal women.*

Serving Size: 1 Capsule			
	Amount Per Serving	%Daily Value	
Dandelion 4:1 Extract (<i>Taraxacum officinale</i>)(root).....	66.67 mg	**	
Wild Yam 7-10:1 Extract (<i>Dioscorea villosa</i>)(root)	66.67 mg	**	
Chaste Berry Extract (<i>Vitex agnus-castus</i>)(fruit)(0.5% agnuside)	66.67 mg	**	
Black Cohosh Extract (<i>Cimicifuga racemosa</i>)(roots)(2.5% triterpene glycosides)	50 mg	**	
Ashwagandha (<i>Withania somnifera</i>)(root).....	33.33 mg	**	
Motherwort 4:1 Extract (<i>Leonurus cardiaca</i>)(aerial parts).....	33.33 mg	**	
Red Clover (<i>Trifolium pratense</i>)(flower tops).....	33.33 mg	**	
Dong Quai Extract (<i>Angelica sinensis</i>)(root).....	25 mg	**	
Licorice Extract (<i>Glycyrrhiza glabra</i>)(root)(25% glycyrrhizin)	8.33 mg	**	
** Daily Value not established.			

Other Ingredients: Capsule (hypromellose and water), microcrystalline cellulose, stearic acid, magnesium stearate, and silica.

DIRECTIONS: Take one capsule daily, or as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

Methyl Protect®

Optimal Methylation Support Formula*

Available in
60 capsules
and 120 capsules

Methyl Protect® is a comprehensive formula designed to support optimal methylation and help maintain healthy homocysteine levels already within normal range. It features five key nutrients that are involved in homocysteine metabolism: folate as calcium folinate and Quatrefolic® for increased bioactivity; trimethylglycine; and vitamins B12, B6, and B2. These five nutrients, provided in activated forms, support enhanced methylation and overall cardiovascular health.*

Serving Size: 1 Capsule			
	Amount Per Serving	%Daily Value	
Riboflavin (as riboflavin 5'-phosphate sodium).....	25 mg	1,923%	
Vitamin B6 (as pyridoxal 5'-phosphate)	10 mg	588%	
Folate (1,700 mcg DFE as calcium folinate and 1,700 mcg DFE as (6S)-5-methyltetrahydrofolate acid, glucosamine salt) ^{S1}	3,400 mcg DFE	850%	
Vitamin B12 (as methylcobalamin)	1,000 mcg	41667%	
Betaine Anhydrous (trimethylglycine).....	500 mg	**	
** Daily Value not established.			

Other Ingredients: Capsule (hypromellose and water), stearic acid, microcrystalline cellulose, silica, magnesium stearate, and medium-chain triglyceride oil.

DIRECTIONS: Take one capsule one to two times daily, or as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, corn, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

Quatrefolic® S1. Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US Patent 7,947,662.

Methylcobalamin

Methyl B12

Available in 60 quick-dissolve tablets
and 120 quick-dissolve tablets

XYMOGEN's Methylcobalamin provides 5 mg (5,000 mcg) of vitamin B12 in each very small, pleasant-tasting tablet. Methylcobalamin, the form of B12 active in the body, appears to be better absorbed and stored in tissues in comparison to cyanocobalamin. Methylcobalamin has multiple supportive roles in the body, including red blood cell formation, nervous system health, homocysteine and folate metabolism, melatonin synthesis, and more.*

Serving Size: 1 Quick-Dissolve Tablet			
	Amount Per Serving	%Daily Value	
Vitamin B12 (as methylcobalamin)	5,000 mcg	208,333%	
Other Ingredients: Xylitol, stearic acid, mannitol, citric acid, silica, natural orange flavor (no MSG), and magnesium stearate.			
DIRECTIONS: Take one quick-dissolve tablet as directed by your healthcare practitioner.			
DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.			

MecobalActive™ is a trademark of Ferrer Health Tech.
The active form of B₁₂.

MinRex®

Multi-Mineral Formula

Available in
120 capsules

MinRex®, XYMOGEN's highly absorbable and balanced multi-mineral formula, is composed exclusively of Albion®'s patented and fully reacted mineral amino acid chelates, malates, and mineral complexes.*

Serving Size: 2 Capsules			
	Amount Per Serving	%Daily Value	
Calcium (dicalcium malate and calcium bisglycinate chelate) ^{S1} ...	150 mg	12%	
Iodine (as potassium iodide)	75 mcg	50%	
Magnesium (as dimagnesium malate and magnesium lysyl glycinate chelate) ^{S1}	100 mg	24%	
Zinc (zinc bisglycinate chelate) ^{S1}	15 mg	136%	
Selenium (as selenium glycinate complex) ^{S1}	60 mcg	109%	
Copper (as copper bisglycinate chelate) ^{S1}	1.5 mg	167%	
Manganese (as manganese bisglycinate chelate) ^{S1}	2 mg	87%	
Chromium (as chromium nicotinate glycinate chelate) ^{S1}	75 mcg	214%	
Molybdenum (as molybdenum glycinate chelate) ^{S1}	50 mcg	111%	
Potassium (as potassium glycinate complex) ^{S1}	50 mg	1%	
Betaine HCl	200 mg	**	
Lithium (as lithium orotate).....	250 mcg	**	
Vanadium (as vanadium nicotinate glycinate chelate) ^{S1}	30 mcg	**	
** Daily Value not established.			

Other Ingredients: Capsule (hypromellose and water), microcrystalline cellulose, stearic acid, medium-chain triglyceride oil, magnesium stearate, and silica.

DIRECTIONS: Take two capsules daily, or as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.



S1. Albion, DimaCal, TRAACS and the Albion Medallion design are registered trademarks of Albion Laboratories, Inc. Malates covered by U.S. Patent 6,706,904.

Mitochondrial Renewal Kit

Comprehensive Mitochondrial Biogenesis Formula

 Available in
60 Packets

Restore Your Metabolic Edge*

Metabolism is the wellspring of life. Mitochondria, representing a staggering 10% of body weight, are the cornerstone of energy production. Over time, mitochondria age.¹ You lose your metabolic “edge.” Your appearance, feeling of well-being, and physical capabilities progressively “dull.”*

Sharpen your metabolism back to a razor’s edge with mitochondrial biogenesis. Three scientifically formulated, safe, and effective dietary supplements—ALAmix™ CR, N.O.max™ ER, and Resveratin™ Plus—seamlessly act as one entity to support the restoration of a lifetime.*

This Is How Metabolism Should Look and Feel*

Metabolism is the process by which your body’s cells produce energy. Most of this energy is produced in mitochondria. These cellular “powerhouses” oxidize or “burn” calories, principally from glucose (blood sugar) and fat. Metabolically active cells, such as those of the brain, heart, and muscle, may contain 100s to 1,000s of mitochondria. The more mitochondria inside your cells, the more calories your body can burn. Thus, healthy mitochondria give your metabolism a calorie-burning, energy-generating edge.

The process by which new mitochondria are produced inside your body’s cells is known as mitochondrial biogenesis. In light of the many metabolic and protective roles played by mitochondria, it’s no surprise that mitochondrial biogenesis is critical to delaying the effects of aging and age-associated declines in metabolism (e.g., increased body fat and decreased lean muscle tissue).^{1,2,3}

Mitochondrial biogenesis is a complicated process involving more than 1,000 genes.¹ Caloric restriction and aerobic exercise promote mitochondrial biogenesis. However, caloric restriction and consistent aerobic exercise regimens are difficult to maintain.^{2,3} Uncomplicate your life with the Mitochondrial Renewal Kit. It contains ingredients that help restore your metabolic edge by activating the critical molecular “switches” that control mitochondrial biogenesis—the very same switches activated by caloric restriction and aerobic exercise.[†]

Embark on the restoration of your life. Restore your metabolic edge with the Mitochondrial Renewal Kit. Enjoy the look and feel of great metabolism.*§

† Based on emerging experimental research.

§ For optimal benefit, combine this product with a healthy diet and exercise regimen.

References can be found on page 178.

DIRECTIONS: Consume the contents of one packet with 8 oz. water, 30 minutes before breakfast and 30 minutes before lunch, or as directed by your healthcare professional. Each packet supplies (3) N.O.max ER caplets, (1) Resveratin Plus capsule, and (1) ALAmix CR tablet.

Serving Size: 1 Packet

1 ALAmix CR Tablet	
Amount Per Serving	%Daily Value
Biotin	450 mcg 1500%
Alpha-Lipoic Acid	600 mg **
** Daily Value not established.	

Other Ingredients: Hydroxypropyl methyl cellulose, microcrystalline cellulose, hydroxypropyl cellulose, dicalcium phosphate, magnesium stearate, silica, and coating (hydroxypropyl methyl cellulose and medium-chain triglycerides).

FORMULATED TO EXCLUDE: Wheat, gluten, corn, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

3 N.O.max ER Caplets	
Amount Per Serving	%Daily Value
Arginine <i>alpha</i> -ketoglutarate	1.98 g **
Whey Peptide Fraction ^{† S1}	150 mg **
** Daily Value not established.	

Other Ingredients: Cellulose and cellulose derivatives, stearic acid, magnesium stearate, silica, and glycerin.

Contains: Milk

FORMULATED TO EXCLUDE: Wheat, gluten, corn, yeast, soy, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

PROTECTED BY U.S. PATENTS: 6,905,707 and 7,579,020.

† Controlled Delivery Formulation.

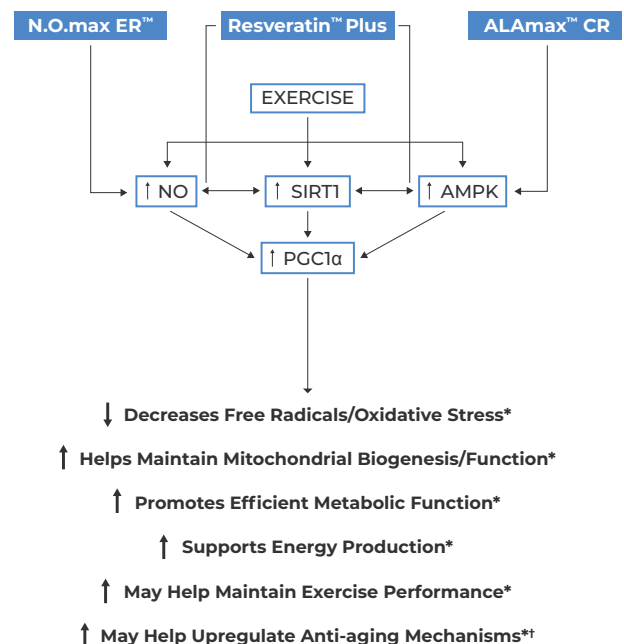
UP-REGULATED WITH:
ACTINOS[®]
N.O.-Enhancing Peptide Fraction
S1. ACTINOS[®] is a registered trademark of Glanbia plc.

1 Resveratin Capsule	
Amount Per Serving	%Daily Value
Quercetin (as quercetin dihydrate)(from <i>Saphora japonica</i>)(bud)..	250 mg **
<i>trans</i> -Resveratrol (as <i>Polygonum cuspidatum</i> root extract)	75 mg **
<i>trans</i> -Pterostilbene ^{S2}	62.5 mg **
** Daily Value not established.	

Other Ingredients: Other Ingredients: HPMC (capsule), microcrystalline cellulose, stearic acid, magnesium stearate, silica, and medium-chain triglyceride oil.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.


S2. pTeroPure[®] is a trademark of ChromaDex, Inc.



Mood Food™
Nervous System Support*

Available in
60 capsules


Mood Food™ combines key B vitamins, including 5-MTHF as Quatrefolic® and Albion® di-magnesium malate, with critical amino acids to support overall central nervous system health, calmness, and a positive mood.*

Serving Size: 1 Capsule		
		
	Amount Per Serving	%Daily Value
Vitamin B6 (as pyridoxal 5'-phosphate)	4 mg	235%
Folate (680 mcg DFE as (6S)-5-methyltetrahydrofolic acid, glucosamine salt ^{S1} and 680 mcg DFE as calcium folinate) ..	1,360 mcg DFE	340%
Vitamin B12 (as methylcobalamin)	1,000 mcg	41,667%
Magnesium (as di-magnesium malate ^{S2})	50 mg	12%
GABA (gamma-aminobutyric acid)	250 mg	**
5-HTP (5-hydroxytryptophan)	50 mg	**
** Daily Value not established.		

Other Ingredients: Capsule (hypromellose and water), stearic acid, magnesium stearate, and silica.

DIRECTIONS: Take one capsule twice daily, or as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.


 S1. Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US Patent 7,947,662.

S2. Albion is a registered trademark of Albion Laboratories, Inc.

Mood Food™ ES
Supports Calmness and Relaxation*

Available in 60 capsules
and 120 capsules

Mood Food™ ES combines the same vitamins, minerals, and amino acids as first generation Mood Food™. Modification in quantities of ingredients, plus the addition of Suntheanine®, vitamin C, and selenium, further enhance synthesis of chemical messengers that support calmness, a healthy mood, and a healthy nervous system.*

Serving Size: 2 Capsules		
		
	Amount Per Serving	%DV
Vitamin C (ascorbic acid)	20 mg	22%
Vitamin B6 (as pyridoxal 5'-phosphate)	5 mg	294%
Folate (255 mcg as (6S)-5-methyltetrahydrofolic acid, glucosamine salt ^{S1} and 255 mcg as calcium folinate)	510 mcg DFE	128%
Vitamin B12 (as methylcobalamin)	30 mcg	1,250%
Magnesium (as magnesium lysinate glycinate chelate ^{S2})	70 mg	17%
Zinc (as zinc bisglycinate chelate ^{S2})	3 mg	27%
Selenium (as selenium glycinate complex ^{S2})	50 mcg	91%
Taurine	300 mg	**
5-HTP (5-hydroxytryptophan)	100 mg	**
L-Theanine ^{S3}	100 mg	**
GABA (gamma-aminobutyric acid)	100 mg	**
** Daily Value (DV) not established.		

Other Ingredients: Capsule (hypromellose and water), microcrystalline cellulose, stearic acid, magnesium stearate, silica, and medium-chain triglyceride oil.

DIRECTIONS: Take two capsules one to two times daily, or as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

 S1. Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US Patent 7,947,662.

S2. Albion and TRAACS are registered trademarks of Albion Laboratories, Inc. Chelates covered by U.S. patent 7,838,042 and patents pending.

 S3. Suntheanine®, a patented form of L-Theanine, is a trademark of Taiyo International, Inc.

NAC

Supports Antioxidant and Detoxification Activity*

 Available in 60 capsules
and 120 capsules

N-Acetyl-L-Cysteine (NAC) is a source of the conditionally essential amino acid L-cysteine and a precursor to the tripeptide glutathione. NAC and glutathione support antioxidant and detoxification activity in the body.*

Serving Size: 2 Capsules



Amount Per Serving %Daily Value

N-Acetyl-L-Cysteine 1.2 g **

** Daily Value not established.

Other Ingredients: HPMC (capsule), stearic acid, magnesium stearate, and silica.

DIRECTIONS: Take one to two capsules twice daily between meals, or as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, corn, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

Nattokinase

Healthy Circulation Support*

 Available in 60 capsules
and 120 capsules

Nattokinase is an all-natural, potent enzyme that is extracted from natto and highly purified. Natto is a fermented soybean food that has been consumed in Japan for over 1000 years. Nattokinase has been the subject of many studies, including human and animal trials. In 1980, researchers discovered that nattokinase demonstrated a positive effect on blood flow in vitro. Nattokinase may also support cardiovascular health.*

Serving Size: 2 Capsules



Amount Per Serving %Daily Value

Nattokinase (20,000 FU/g†) 100 mg **

** Daily Value not established.

†Fibrinolytic Units per gram. 1000 FU/cap.

Other Ingredients: Microcrystalline cellulose, HPMC (capsule), stearic acid, silica, magnesium stearate, and medium-chain triglyceride oil.

Contains: Soy.

DIRECTIONS: Take one to two capsules twice daily at least 30 minutes before or two hours after a meal, or as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, corn, yeast, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

NeuroActives™ BrainSustain™

Comprehensive Brain Support Formula*

 Available in 120 capsules
and 240 capsules

Representing more than 30 years of neuroscience research, this unique encapsulated formula, is designed to enhance brain performance and promote brain health. A key component of a complete program to ensure optimal brain function, **NeuroActives™ BrainSustain™** improves the energy production of brain mitochondria and provides generous antioxidant support to combat the damaging effects of excess free radicals in the brain.*

Four capsules of NeuroActives BrainSustain provide the same amount of N-Acetyl-Cysteine, Phosphatidylserine, Acetyl-L-Carnitine, Alpha Lipoic Acid, Coenzyme Q10, and Glucoraphanin as one scoop of BrainSustain™ powder.

Serving Size: 4 Capsules



Amount Per Serving %Daily Value

Acetyl-L-Carnitine (as acetyl-L-carnitine HCl) 400 mg **

N-Acetyl-L-Cysteine 150 mg **

Phosphatidylserine (Sharp•PS®) 100 mg **

Alpha-Lipoic Acid 100 mg **

Coenzyme Q10 (as ubiquinone) 100 mg **

Glucoraphanin (from broccoli extract)(*Brassica oleracea italica*)(seed)(TrueBroc®) 15 mg **

** Daily Value not established.

Other Ingredients: Tricalcium phosphate, HPMC (capsule), stearic acid, magnesium stearate, silica, and calcium silicate.

DIRECTIONS: Take two to four capsules daily, or as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

 Produced under US patent 6,521,818 licensed from Brassica Protection Products LLC. truebroc is a registered trademark of Brassica Protection Products LLC.

NeurophX DPN®

 Available in
60 Vegetarian Capsules

NeurophX DPN® is an orally administered medical food† for patients with metabolic nutritional impairments associated with peripheral neuropathy and microvascular complications.



INGREDIENTS: Alpha-lipoic acid, capsule (HPMC, titanium dioxide, sodium copper chlorophyllin), pyridoxal 5'-phosphate, vegetable stearic acid, vegetable magnesium stearate, silica, (6S)-5-methyltetrahydrofolic acid glucosamine salt,^{S1} microcrystalline cellulose, and methylcobalamin.

Each capsule delivers:

Vitamin B6 (as pyridoxal 5'-phosphate) 35 mg

Folate (as [6S]-5-methyltetrahydrofolic acid, glucosamine salt)

..... 5,100 mcg DFE*

Vitamin B12 (as methylcobalamin) 2 mg

USUAL DOSAGE: Take one capsule twice daily with or without food, or as directed by your physician.

 **Quatrefolic®** - S1. Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US patent 7,947,662.

*Medical foods are "intended for the specific dietary management of a disease or condition for which distinctive nutritional requirements, based on recognized scientific principles, are established by medical evaluation" (section 5(b)(3) of the Orphan Drug Act (21 U.S.C. 360ee(b)(3)). Such patients may have a limited or impaired capacity to ingest, digest, absorb, or metabolize ordinary foodstuffs or certain nutrients, or have other special medically determined nutrient requirements that cannot be achieved by modification of the normal diet alone.

New Zealand Whey Protein Isolate

Fuel for Brain and Muscles*



Available in 30 servings

New Zealand Whey Protein Isolate features concentrated whey protein derived from the milk of grass-fed New Zealand dairy cows. This versatile isolate rapidly disperses in water and provides a high-quality source of easily digested protein, making it an optimal choice for supporting muscle maintenance and recovery.*

Serving Size: 1 Scoop (About 16.9 g)
Servings Per Container: About 30

	Amount Per Serving	%Daily Value
Calories.....	70	
Cholesterol.....	5 mg	2%
Protein.....	15 g	
Sodium.....	95 mg	4%

Other Ingredients: Whey protein isolate and sunflower lecithin.
Contains: Milk.

DIRECTIONS: Blend, shake, or briskly stir one level scoop into 8 oz of cool water and consume twice daily, or use as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, corn, yeast, soy, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

NiaVasc™ Sustained-Release Niacin

Available in 120 tablets and 360 tablets

Niacin is one of the most studied and documented nutrients for support of lipid levels already within the normal range, especially high-density lipoprotein cholesterol (HDL-C) levels. Sustained-release niacin, as found in **NiaVasc™**, has a lesser flushing effect compared with instant-release niacin. Use of a proprietary, wax-coated technology permits release that is complete in seven to eight hours, the time that is considered ideal for a time-release form of niacin.*

Serving Size: 1 Tablet

	Amount Per Serving	%Daily Value
Niacin.....	500 mg	3125%

Other Ingredients: Vegetable waxes (rice bran and/or carnauba), stearic acid, magnesium stearate, and silica.

DIRECTIONS: Take one tablet one to two times daily with food, or as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, corn, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

NiaVasc™ 750 Sustained-Release Niacin

Available in 60 tablets and 120 tablets

Niacin is one of the most studied and documented nutrients for support of lipid levels already within the normal range, especially high-density lipoprotein cholesterol (HDL-C) levels. Sustained-release niacin, as found in **NiaVasc™ 750**, has a lesser flushing effect compared with instant-release niacin. Use of a proprietary, wax-coated technology permits release that is complete in seven to eight hours, the time that is considered ideal for a time-release form of niacin.*

Serving Size: 1 Tablet

	Amount Per Serving	%Daily Value
Niacin.....	750 mg	4688%

Other Ingredients: Vegetable waxes (rice bran and/or carnauba), stearic acid, magnesium stearate, and silica.

DIRECTIONS: Take one tablet one to two times daily with food, or as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, corn, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

N.O.max™ ER

Extended-Release Arginine Alpha-Ketoglutarate

Available in
180 caplets

N.O.max™ ER represents a patented, extended-release nitric oxide precursor. Scientists now refer to nitric oxide (NO) as the “foundation” of cardiovascular health. This tiny molecule is a vasodilator responsible for controlling blood flow to the entire body, which may help support healthy blood flow pressure and promote the health of the endothelium—the inside of blood vessels. With age comes diminished NO levels; that’s why since 1998, when three scientists won the Nobel Prize for their discovery of NO, researchers have been working to harness its heart-healthy activity. Today, with the application of XYMOGEN’s extended-release technology, that activity has been realized with N.O.max ER.*

Serving Size: 3 Caplets

	Amount Per Serving	%Daily Value
Arginine alpha-ketoglutarate	1.98 g	**
Whey Peptide Fraction ^{‡S1}	150 mg	**

** Daily Value not established.

Other Ingredients: Cellulose and cellulose derivatives, stearic acid, magnesium stearate, silica, and glycerin.

Contains: Milk

DIRECTIONS: Take three caplets twice per day: 3 caplets 30 minutes before breakfast and 3 caplets again 30 minutes before lunch with 8 ounces of water.

FORMULATED TO EXCLUDE: Wheat, gluten, corn, yeast, soy, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

‡ Controlled Delivery Formulation.
PROTECTED BY U.S. PATENTS: 6,905,707 and 7,579,020.

UP-REGULATED WITH:
ACTINOS®
NO-Enhancing Peptide Fraction
S1. ACTINOS® is a registered trademark of Glanbia plc.

Nrf2 Activator™

Antioxidant & Detoxification Support Formula*

Available in 30 capsules
and 60 capsules

Nrf2 Activator™ is an exclusive formula designed to activate the Nrf2 genetic pathway. This pathway regulates the production of important molecules that impart antioxidant activity, such as glutathione and superoxide dismutase (SOD). It also regulates the production of detoxification enzymes, including glutathione S-transferase, and downregulates signaling factors such as NF-κB. Each ingredient in this formula is backed by extensive research in peer-reviewed journals.*

Serving Size: 2 Capsules



	Amount Per Serving	%Daily Value
BCM-95® Turmeric Extract (<i>Curcuma longa</i>)(rhizome)(95% total curcuminoids complex, including curcumin, curcuminoids, and volatile oils)(86% curcuminoids)(65% curcumin)	400 mg	**
Green Tea Aqueous Extract (<i>Camellia sinensis</i>)(leaf)(80% polyphenols, 60% catechins, 30% EGCG, 6% caffeine)	400 mg	**
pTeroPure® <i>trans</i> -Pterostilbene	100 mg	**
TrueBroc® Glucoraphanin (from broccoli extract)(<i>Brassica oleracea italica</i>)(seed)	60 mg	**

** Daily Value (DV) not established.

Other Ingredients: HPMC (capsule), stearic acid, magnesium stearate, and silica.

DIRECTIONS: Take one to two capsules daily, or as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

pTeroPure® is a registered trademark of ChromaDex, Inc.

BCM-95® is a registered trademark of Arjuna Natural Pvt Ltd. Protected under US patents 7,883,728; 7,736,679; and 7,879,373.

Produced under US patent 6,521,818 licensed from Brassica Protection Products LLC. Truebroc is a registered trademark of Brassica Protection Products LLC.

OlivDefense®

Support for Immune Challenges*

Available in
20 capsules

OlivDefense® features science-based, patented Immune Guard® plus olive extract and elderberry to support the body’s natural immune defense mechanisms.*

Serving Size: 2 Capsules



	Amount Per Serving	%Daily Value
Calories	5	
Total Carbohydrate	1 g	<1%†
Calcium (as calcium carbonate)	100 mg	8%
Immune Guard® Green Tea Extract & L-Theanine Blend (<i>Camellia sinensis</i>) (leaves) (20% EGCG)(20% L-theanine)	600 mg	**
Elderberry (<i>Sambucus nigra</i>)(fruit) (4% phenolics, 1% anthocyanins)	300 mg	**
Arthricor® Olive Extract (<i>Olea europaea</i>)(fruit and leaves)(9% hydroxytyrosol, 4% oleuropein, 1% tyrosol)	150 mg	**

† Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Ascorbyl palmitate, capsule (hypromellose and water), and silica.

Immune Guard® US patent 8,465,782.

Arthricor® is a registered trademark of Eight-IP.

DIRECTIONS: Take two capsules at first sign of immune discomfort. On the next day and until no longer needed, take 2 capsules daily, which may be taken together or as one capsule twice a day; or use as directed by your healthcare practitioner.

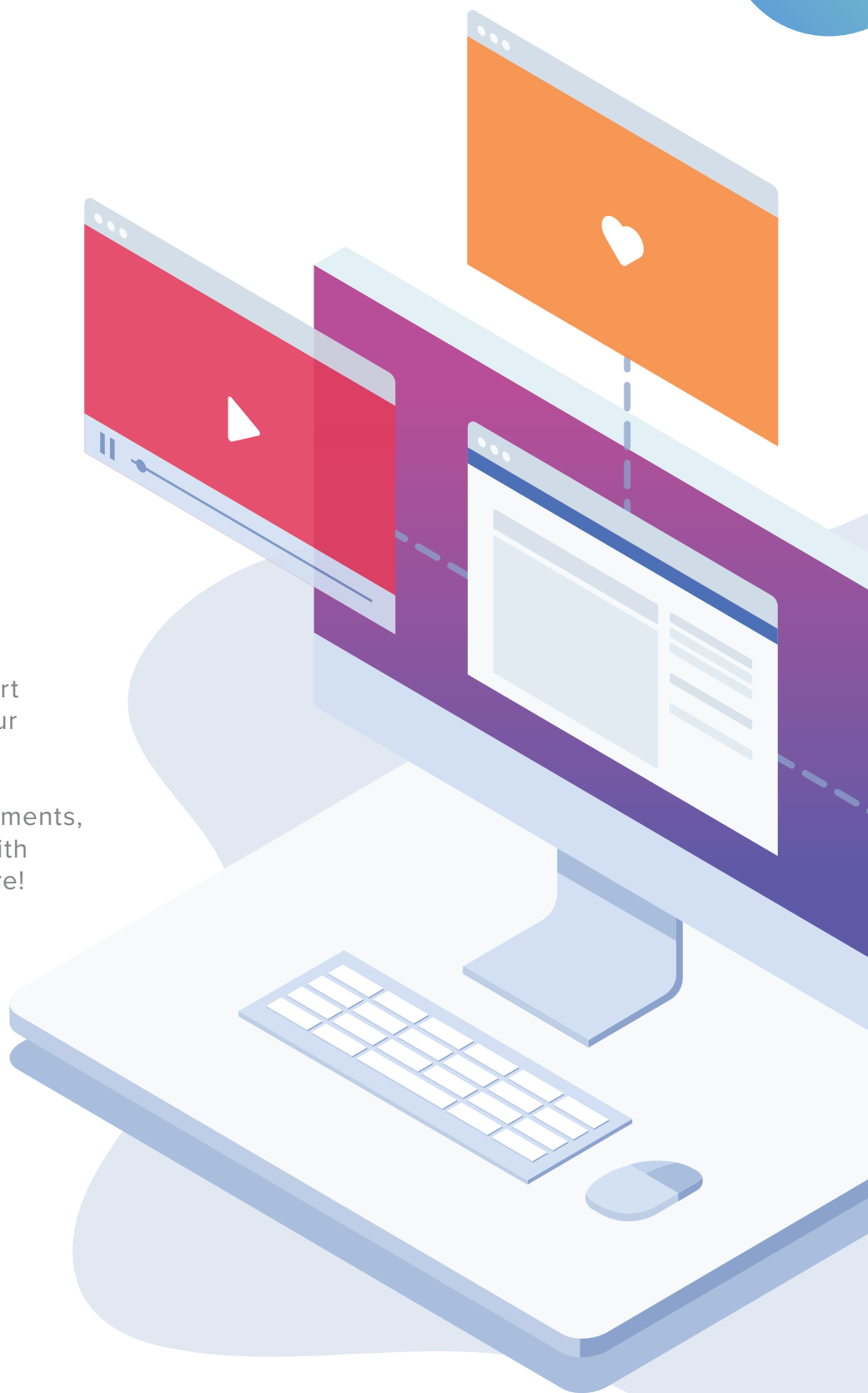
DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

Social Media Networking

Social media is an important part of how we communicate with our practitioners and patients.

Follow us for formula announcements, event promotions, interviews with industry leaders, and much more!

@xymogen



The Best Resource of
Fish Oils on the Planet*





Our Fish Oils Are IFOS Five-Star Certified

Our formulas have earned the prestigious five-star certification from the International Fish Oil Standards (IFOS) Program, which assures the highest level of purity, stability, and potency in fish oils. IFOS is the only third-party testing and certification program for omega-3 fish oil products and has long-standing experience in evaluating fish oil at all points in the supply chain. Our omega-3 fish oil formulas proudly bear the IFOS certification mark as a symbol of transparency and quality.

The processing of our fish oil formulas begins with rigorous care and control of the starting raw materials. Plus we strive to ensure that all of our fish oils come from certified sustainable sources. We look for fish oil sources that are fresh and purified to ensure that they are free from common contaminants, such as mercury and PCBs. It is important to us to find sources that are not only good for you but also sensitive to the environment.

Many of our formulas utilize a GRAS-certified enteric coating. The enteric coating on our easy-to-swallow softgels helps ensure that the fish oil reaches the small intestine before being metabolized. The result is better delivery of actives to the intestine for absorption and maximum benefits to patients' health. This delivery form may also reduce the occurrence of a fishy aftertaste sometimes experienced after a fish oil product has been ingested.*

Look for our OmegaPure formulas featuring Arctic Oils® Ultra-Pure Fish Oils and our Omega MonoPure® formulas featuring MaxSimil® fish oil concentrate. Both formula lines are IFOS-certified and deliver the high quality XYMOGEN is known for.

Omega MonoPure® 650 EC
3X Greater Absorption*



Available in 60 softgels and 120 softgels

Omega MonoPure® 650 EC features natural enzymatically enhanced MaxSimil® monoglyceride fish oil that has a three times greater EPA/DHA absorption rate than an equivalent dose of ethyl ester fish oil. This translates to less fish oil in a smaller softgel for easy swallowing. This IFOS five-star certified fish oil outperforms other fish oils through MaxSimil patented lipid absorption enhancement technology (PLATform).*

Serving Size: 1 Softgel

	Amount Per Serving	%Daily Value
Calories.....	5	
Total Fat.....	0.5 g	1%†
MaxSimil® Fish Oil Concentrate.....	650 mg	**
Total Omega-3 Fatty Acids.....	430 mg	**
EPA (eicosapentaenoic acid).....	300 mg	**
DHA (docosahexaenoic acid).....	130 mg	**
DPA (docosapentaenoic acid).....	12 mg	**

† Percent Daily Values based on a 2,000 calorie diet.
** Daily Value not established.

Other Ingredients: Softgel (fish gelatin, vegetable glycerin, and purified water), GRAS enteric coating (ethylcellulose, sodium alginate, purified water, medium-chain triglycerides, oleic acid, vegetable stearic acid, and ammonium hydroxide), and mixed natural tocopherols.
Contains: Fish (anchovy and/or sardine [sources of fish oil], tilapia and/or pangasius [sources of fish gelatin]).

DIRECTIONS: Take one softgel daily, or use as directed by your healthcare professional.
FORMULATED TO EXCLUDE: Wheat, gluten, corn, yeast, soy protein, dairy products, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

Manufactured using MaxSimil® fish oil. MaxSimil® is a registered trademark of Ingenutra Inc. Protected under US patents 8,119,690 and 8,198,324; Canadian patents 2672513 and 2677670.



Omega MonoPure® 1300 EC
3X Greater Absorption*

Available in 60 softgels and 120 softgels

Omega MonoPure® 1300 EC features natural enzymatically enhanced MaxSimil® monoglyceride fish oil that has a three times greater EPA/DHA absorption rate than an equivalent dose of ethyl ester fish oil. This IFOS five-star certified fish oil outperforms other fish oil supplements through MaxSimil patented lipid absorption enhancement technology (PLATform).*

Serving Size: 1 Softgel

	Amount Per Serving	%Daily Value
Calories.....	10	
Total Fat.....	1 g	1%†
MaxSimil® Fish Oil Concentrate.....	1.3 g	**
Total Omega-3 Fatty Acids.....	860 mg	**
EPA (eicosapentaenoic acid).....	600 mg	**
DHA (docosahexaenoic acid).....	260 mg	**
DPA (docosapentaenoic acid).....	25 mg	**

† Percent Daily Values based on a 2,000 calorie diet.
** Daily Value not established.

Other Ingredients: Softgel (fish gelatin, vegetable glycerin, and purified water), GRAS enteric coating (ethylcellulose, sodium alginate, purified water, medium-chain triglycerides, oleic acid, vegetable stearic acid, and ammonium hydroxide), and mixed natural tocopherols.
Contains: Fish (anchovy and/or sardine [sources of fish oil], tilapia and/or pangasius [sources of fish gelatin]).

DIRECTIONS: Take one softgel daily, or use as directed by your healthcare professional.
FORMULATED TO EXCLUDE: Wheat, gluten, corn, yeast, soy protein, dairy products, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

Manufactured using MaxSimil® fish oil. MaxSimil® is a registered trademark of Ingenutra Inc. Protected under US patents 8,119,690 and 8,198,324; Canadian patents 2672513 and 2677670.



Omega MonoPure® Curcumin EC

Highly Bioavailable Omega-3 & Curcumin*



Available in
30 softgels

Omega MonoPure® Curcumin EC features complementary ingredients to help promote cellular health and modulate the production of cytokines. MaxSimil® highly absorbable monoglyceride fish oil is International Fish Oil Standards (IFOS) five-star certified. BCM-95® is an optimally absorbed turmeric extract composed of a 95% standardized curcuminoid-essential oil complex.*

Serving Size: 1 Softgel

	Amount Per Serving	%Daily Value
Calories.....	5	
Total Fat.....	0.5 g	1%†
MaxSimil® Fish Oil Concentrate.....	600 mg	**
Total Omega-3 Fatty Acids.....	417 mg	**
EPA (eicosapentaenoic acid).....	276 mg	**
DHA (docosahexaenoic acid).....	120 mg	**
BCM-95® Turmeric Extract (<i>Curcuma longa</i>)(rhizome)(95% total curcuminoids complex, including curcumin, curcuminoids, and volatile oils)(86% curcuminoids) (65% curcumin).....	125 mg	**

† Percent Daily Value based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Other Ingredients: Softgel (fish gelatin, vegetable glycerin, purified water, and carob extract), yellow beeswax, sunflower lecithin, GRAS enteric coating (ethylcellulose, sodium alginate, ammonium hydroxide, purified water, medium-chain triglycerides, oleic acid, and vegetable stearic acid) and mixed natural tocopherols.

Contains: Fish (anchovy and/or sardine and/or mackerel [sources of fish oil] and tilapia [source of fish gelatin]).

DIRECTIONS: Take one softgel twice per day, or as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, corn, yeast, soy protein, dairy products, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

BCM-95® is a registered trademark of Dolcas Biotech LLC.

Manufactured using MaxSimil® fish oil. MaxSimil® is a registered trademark of Ingenutra Inc. Protected under US patents 8,119,690 and 8,198,324; Canadian patents 2672513 and 2677670.

IFOS™ certification mark is a trademark of Nutrasource Diagnostics Inc.

Omega MonoPure® DHA EC

With Highly Concentrated DHA

Available in
30 fish gelatin softgels

Omega MonoPure® DHA EC features patented, International Fish Oil Standards (IFOS) five-star certified MaxSimil® DHA monoglyceride fish oil. This readily absorbed omega-3 fatty acid formula provides concentrated docosahexaenoic acid (DHA) plus eicosapentaenoic acid (EPA). DHA is often recommended during pregnancy to support healthy fetal brain development. Throughout the life span, both DHA and EPA support healthy brain, heart, immune, and eye function as well as healthy eicosanoid metabolism.*

Serving Size: 1 Softgels

	Amount Per Serving	%Daily Value
Calories.....	25	
Total Fat.....	2.5 g	3%†
Cholesterol.....	15 mg	5%†
MaxSimil® DHA Fish Oil Concentrate.....	2.6 g	**
Total Omega-3 Fatty Acids.....	1.58 g	**
DHA (docosahexaenoic acid).....	1.35 g	**
EPA (eicosapentaenoic acid).....	236 mg	**

† Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Softgel (fish gelatin, vegetable glycerin, and purified water), GRAS enteric coating (ethylcellulose, sodium alginate, purified water, medium-chain triglycerides, oleic acid, vegetable stearic acid, and ammonium hydroxide), and natural mixed tocopherols.

Contains: Fish (anchovy and/or sardine and/or mackerel [sources of fish oil] and tilapia [source of fish gelatin]).

DIRECTIONS: Take one to two softgels daily, or as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, corn, yeast, soy protein, dairy products, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

Manufactured using MaxSimil® fish oil. MaxSimil® is a registered trademark of Ingenutra Inc. Protected under US patents 8,119,690 and 8,198,324; Canadian patents 2672513 and 2677670.



IFOS™ Certification Mark is a registered trademark of Nutrasource Diagnostics Inc.

Omega MonoPure® EPA EC

EPA in Support of Cardiovascular Health*

Available in 30 fish gelatin softgels
and 60 fish gelatin softgels

Omega MonoPure® EPA EC features patented, International Fish Oil Standards (IFOS) five-star certified MaxSimil® EPA monoglyceride fish oil. This readily absorbed formula provides the highly concentrated omega-3 fatty acid eicosapentaenoic acid (EPA) to support cardiovascular health by maintaining healthy blood lipid levels already within the normal range.*

Serving Size: 1 Softgels

	Amount Per Serving	%Daily Value
Calories.....	15	
Total Fat.....	1.3 g	2%†
MaxSimil® EPA Fish Oil Concentrate.....	1.3 g	**
EPA (eicosapentaenoic acid).....	910 mg	**

† Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Softgel (fish gelatin, vegetable glycerin, and purified water), GRAS enteric coating (ethylcellulose, sodium alginate, purified water, medium-chain triglycerides, oleic acid, vegetable stearic acid, and ammonium hydroxide), and natural mixed tocopherols.

Contains: Fish (anchovy and/or sardine and/or mackerel [sources of fish oil], basa and/or tilapia [sources of fish gelatin]).

DIRECTIONS: Take one softgel daily, or as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, corn, yeast, soy protein, dairy products, shellfish, peanuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

Manufactured using MaxSimil® fish oil. MaxSimil® is a registered trademark of Ingenutra Inc. Protected under US patents 8,119,690 and 8,198,324; Canadian patents 2672513 and 2677670.



IFOS™ Certification Mark is a registered trademark of Nutrasource Diagnostics Inc.

OmegaPure 600 EC™

Alaskan IFOS Five-Star Certified Enteric-Coated Fish Oil

Available in 60 softgels
and 120 softgels

OmegaPure 600 EC™ is International Fish Oil Standards (IFOS) five-star certified, which assures the highest level of purity, stability, and potency in fish oils. Each fish-gelatin-based softgel provides 600 mg of EPA and DHA. The softgels are covered with a GRAS-certified enteric coating so that they are easy to swallow and the EPA/DHA content is optimally absorbed. EPA and DHA from fish oil promote wellness by supporting cardiovascular health, cytokine balance, joint health, and brain and nervous system function.*

Serving Size: 2 Softgels

	Amount Per Serving	%Daily Value
Calories.....	20	
Total Fat.....	2 g	3%†
Fish Oil Concentrate.....	2 g	**
Total Omega-3 Fatty Acids.....	1.3 g	**
EPA (eicosapentaenoic acid).....	720 mg	**
DHA (docosahexaenoic acid).....	480 mg	**

†Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Softgel (tilapia fish gelatin, vegetable glycerin, and purified water), GRAS enteric coating (purified water, ethylcellulose, sodium alginate, ammonium hydroxide, medium-chain triglycerides, oleic acid, and vegetable stearic acid), and mixed natural tocopherols.

Contains: Fish (Alaska pollock, Pacific whiting [sources of fish oil], tilapia [source of fish gelatin]) from certified sustainable sources.

DIRECTIONS: Take two softgels daily, or as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, corn, yeast, soy protein, dairy products, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.



IFOS™ Certification Mark is a registered trademark of Nutrasource Diagnostics Inc.



OmegaPure 780 EC™
Alaskan IFOS Five-Star Certified Enteric-Coated Fish Oil

Available in
120 softgels

OmegaPure 780 EC™ is International Fish Oil Standards (IFOS) five-star certified, which assures the highest level of purity, stability, and potency in fish oils. Each fish-gelatin-based softgel provides 780 mg of EPA and DHA. The softgels are covered with a GRAS-certified enteric coating so that they are easy to swallow and the EPA/DHA content is optimally absorbed. EPA and DHA from fish oil promote wellness by supporting cardiovascular health, cytokine balance, joint health, and brain and nervous system function.*

Serving Size: 2 Softgels		
	Amount Per Serving	%Daily Value
Calories.....	20	
Total Fat.....	2 g	3%†
Fish Oil Concentrate.....	2.8 g	**
Total Omega-3 Fatty Acids.....	1.82 g	**
EPA (eicosapentaenoic acid).....	900 mg	**
DHA (docosahexaenoic acid).....	660 mg	**
† Percent Daily Value based on a 2,000 calorie diet.		
** Daily Value not established.		

Other Ingredients: Softgel (tilapia fish gelatin, vegetable glycerin, and purified water), GRAS enteric coating (purified water, ethylcellulose, sodium alginate, ammonium hydroxide, medium-chain triglycerides, oleic acid, and vegetable stearic acid), and mixed natural tocopherols.

Contains: Fish (Alaska pollock, Pacific whiting [sources of fish oil], tilapia [source of fish gelatin]) from certified sustainable sources.

DIRECTIONS: Take one or two softgels one to three times daily, or as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, corn, yeast, soy protein, dairy products, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.



OmegaPure 820™
Alaskan IFOS Five-Star Certified Fish Oil

Available in
120 softgels

OmegaPure 820™ is International Fish Oil Standards (IFOS) five-star certified, which assures the highest level of purity, stability, and potency in fish oils. Each dose of this concentrated fish oil provides 820 mg of EPA and DHA and is delivered in a small, fish-gelatin-based softgel. EPA and DHA from fish oil promote wellness by supporting cardiovascular health, cytokine balance, joint health, and brain and nervous system function.*

Serving Size: 2 Softgels		
	Amount Per Serving	%Daily Value
Calories.....	20	
Total Fat.....	2 g	3%†
Fish Oil Concentrate.....	2.5 g	**
Total Omega-3 Fatty Acids.....	1.875 g	**
EPA (eicosapentaenoic acid).....	1 g	**
DHA (docosahexaenoic acid).....	640 mg	**
† Percent Daily Values are based on a 2,000 calorie diet.		
** Daily Value not established.		

Other Ingredients: Softgel (tilapia fish gelatin, vegetable glycerin, and purified water), and mixed natural tocopherols.

Contains: Fish (Alaska pollock, Pacific whiting [sources of fish oil], tilapia [source of fish gelatin]) from certified sustainable sources.

DIRECTIONS: Take one or two softgels one to three times daily, or as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, corn, yeast, soy protein, dairy products, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.



OmegaPure 900 EC™

Alaskan IFOS Five-Star Certified Enteric-Coated Fish Oil

Available in 90 Fish Gelatin Softgels
and 120 Fish Gelatin Softgels

OmegaPure 900 EC™ is International Fish Oil Standards (IFOS) five-star certified, which assures the highest level of purity, stability, and potency in fish oils. Each dose of this concentrated fish oil provides 900 mg of EPA and DHA and is delivered in a small, fish-gelatin-based softgel. The softgels are covered with a GRAS-certified enteric coating so that they are easy to swallow and the EPA/DHA content is optimally absorbed. EPA and DHA from fish oil promote wellness by supporting cardiovascular health, cytokine balance, joint health, and brain and nervous system function.*

Serving Size: 1 Softgel

	Amount Per Serving	%Daily Value
Calories.....	10	
Total Fat.....	1 g	1%†
Fish Oil Concentrate.....	1.29 g	**
Total Omega-3 Fatty Acids.....	967 mg	**
EPA (eicosapentaenoic acid).....	515 mg	**
DHA (docosahexaenoic acid).....	385 mg	**

† Percent Daily Value based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Softgel (tilapia fish gelatin, vegetable glycerin, and purified water), GRAS enteric coating (ethylcellulose, sodium alginate, purified water, ammonium hydroxide, medium-chain triglycerides, oleic acid, and vegetable stearic acid), and mixed natural tocopherols.

Contains: Fish (Alaska pollock, Pacific whiting [sources of fish oil], tilapia [source of fish gelatin])

DIRECTIONS: Take one softgel daily, or use as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, corn, yeast, soy protein, dairy products, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.



OmegaPure 900-TG™

Norwegian IFOS Five-Star Certified Fish Oil
in Triglyceride Form

Available in
120 Fish Gelatin Softgels

OmegaPure 900-TG™ is International Fish Oil Standards (IFOS) five-star certified, which assures the highest level of purity, stability, and potency in fish oils. Each fish gelatin softgel contains concentrated Norwegian fish oil that provides 900 mg of EPA and DHA omega-3 fatty acids in triglyceride form. To assure maximum purity and freshness, the oil is stabilized with vitamin E (as d-alpha tocopherol). EPA and DHA from fish oil have been extensively researched for their health benefits. They promote wellness by supporting cardiovascular health, normal platelet aggregation, cytokine balance, joint health, and brain and nervous system function.*

Serving Size: 1 Softgel

	Amount Per Serving	%Daily Value
Calories.....	10	
Total Fat.....	1 g	1%†
Fish Oil Concentrate.....	1.286 g	**
Total Omega-3 Fatty Acids.....	964 mg	**
EPA (eicosapentaenoic acid).....	634 mg	**
DHA (docosahexaenoic acid).....	257 mg	**

† Percent Daily Value based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Softgel (tilapia fish gelatin, vegetable glycerin, and purified water) and mixed natural tocopherols.

Contains: Fish (Alaska pollock [source of fish oil], tilapia [source of fish gelatin]) from certified sustainable sources.

DIRECTIONS: Take one softgel daily, or use as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, corn, yeast, soy protein, dairy products, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.



*Energize. Detoxify. Transform.**
Learn more on page **76**.



OncoPLEX™ Glucoraphanin

 Available in 30 capsules
and 120 capsules

Truebroc™ broccoli seed extract is obtained using a patented process to extract glucoraphanin (also known as sulforaphane glucosinolate or “sgs”) from its most concentrated cruciferous source—broccoli seeds. Glucoraphanin is enzymatically converted to the extensively researched isothiocyanate known as sulforaphane (SFN). Research suggests that SFN supports long-lasting antioxidant activity, and the production of detoxification enzymes. It also extends support to the immune, nervous, and cardiovascular systems, addressing the maintenance of good health throughout adult life. **OncoPLEX™** provides 30 mg of glucoraphanin per capsule.*

Serving Size: 1 Capsule




	Amount Per Serving	%Daily Value
Glucoraphanin (from broccoli extract)(<i>Brassica oleracea italica</i>)(seed)(truebroc™)	30 mg	**

** Daily Value not established.

Other Ingredients: Microcrystalline cellulose, HPMC (capsule), stearic acid, magnesium stearate, and silica.

DIRECTIONS: Take one capsule daily, or as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

 Produced under US patent 6,521,818 licensed from Brassica Protection Products LLC. truebroc is a registered trademark of Brassica Protection Products LLC.

OncoPLEX ES™ Concentrated Glucoraphanin

 Available in
60 capsules

TrueBroc® broccoli seed extract is obtained using a patented process to extract glucoraphanin (also known as sulforaphane glucosinolate or “sgs”) from its most concentrated cruciferous source—broccoli seeds. Glucoraphanin is enzymatically converted to the extensively researched isothiocyanate known as sulforaphane (SFN). Research suggests that SFN supports long-lasting antioxidant activity and the production of detoxification enzymes. It also extends support to the immune, nervous, and cardiovascular systems, addressing the maintenance of good health throughout adult life. **OncoPLEX ES™** provides 100 mg of glucoraphanin per capsule.*

Serving Size: 1 Capsule



	Amount Per Serving	%Daily Value
Glucoraphanin (from broccoli extract)(<i>Brassica oleracea italica</i>)(seed) ^{S1}	100 mg	**

** Daily Value not established.

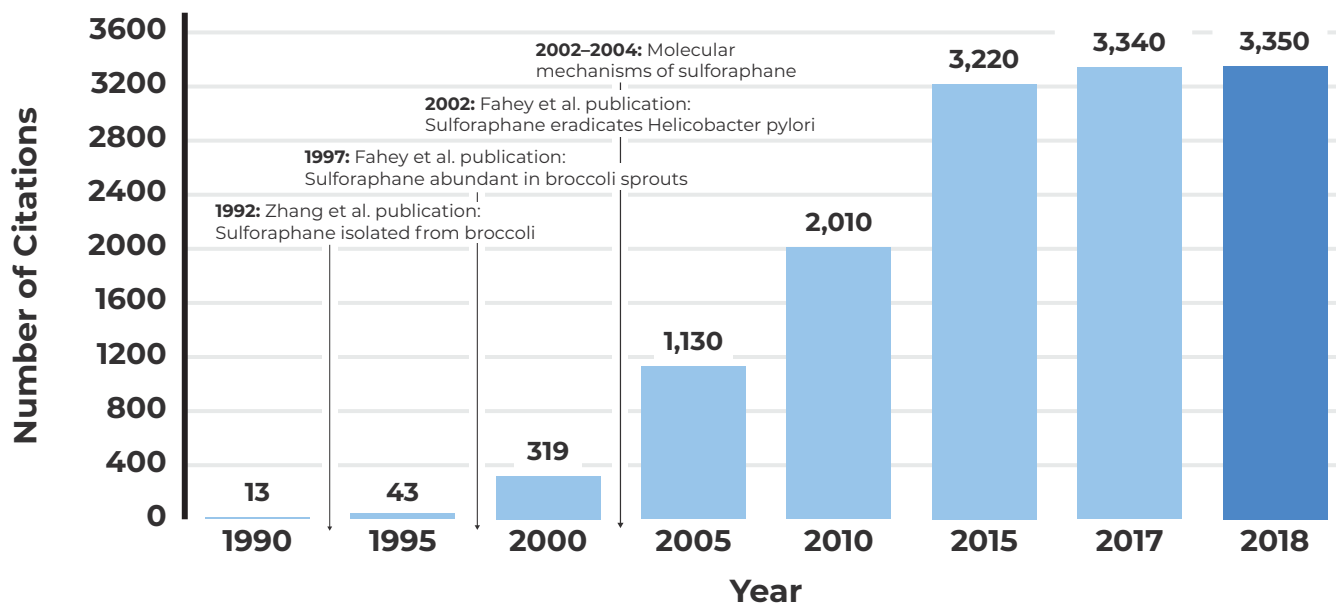
Other Ingredients: Capsule (hypromellose and water), stearic acid, magnesium stearate, medium-chain triglyceride oil, and silica.

DIRECTIONS: Take one capsule twice daily, or as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

 S1. TrueBroc® is protected by trademarks and patents of Brassica Protection Products LLC. www.brassica.com/ip

Sulforaphane Citations—Google Scholar 1990 - 2018



Fahey JW, Haristoy X, Dolan PM, et al. Sulforaphane inhibits extracellular, intracellular, and antibiotic-resistant strains of *Helicobacter pylori* and prevents benzo[a]pyrene-induced stomach tumors. *Proc Natl Acad Sci U S A*. 2002 May 29;99(11):7610-5.

Fahey JW, Zhang Y, Talalay P. Broccoli sprouts: an exceptionally rich source of inducers of enzymes that protect against chemical carcinogens. *Proc Natl Acad Sci U S A*. 1997 Sep 16;94(19):10367-72.

Zhang Y, Talalay P, Cho CG, et al. A major inducer of anticarcinogenic protective enzymes from broccoli: isolation and elucidation of structure. *Proc Natl Acad Sci U S A*. 1992 Mar 15;89(6):2399-403.

Data obtained from Google Scholar.

OptiCleanse® GHI

Support for Gastrointestinal System, Hepatic Function, and Cytokine Balance*



Available in Vanilla Delight, Creamy Chocolate, Chocolate Mint, and Chai



OptiCleanse® GHI is a comprehensive, fructose-free, low-allergy-potential dietary supplement designed to support gastrointestinal (GI) function, balanced detoxification, and a normal, healthy response to inflammation. It features VegaPro™, XYMOGEN's proprietary amino acid and pea/rice protein blend; Aminogen®, to facilitate protein absorption; phytonutrients; mineral amino acid chelates; and activated B vitamins, including Quatrefolic®† and methylcobalamin. In conjunction with a modified elimination diet, OptiCleanse GHI addresses GI and hepatic function as well as eicosanoid balance and cytokine metabolism. This formula is suitable for vegans.*

With 26 Grams of protein from our proprietary VegaPro per serving, OptiCleanse GHI Supports Three Main Functions:

Gastrointestinal*	Hepatic/Detoxification*	Cytokine Balance*
Glutamic Acid (approx. 5 g)	Pomegranate Extract	Curcumin
Quercetin	NAC	Ginger
Aminogen®	Sodium Sulfate	Bioflavonoids
Stabilized Flaxseed		Rutin
Preventium®		Niacinamide



Quatrefolic® - S1. Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US Patent 7,947,662.



S2. Albion®, DimaCal®, TRAACS®, and the Albion Gold Medallion® are registered trademarks of Albion Laboratories, Inc. Malates covered by US patent 6,706,904.

S3. Preventium® is a registered trademark of Applied Food Sciences, LLC. (US patents 4,845,123, 5,364,644, 5,561,160).

S4. BCM-95® is an exclusively licensed registered trademark to Arjuna Natural Pvt Ltd. Protected under US patents 7,883,728; 7,736,679; and 7,879,373.



S5. AMINOGEN® is a registered trademark of Innophos Nutrition, Inc. AMINOGEN® is protected under U.S. patent 5,387,422.



A New Take on a Fresh Start

Patients don't have to give up taste in the pursuit of health when they are detoxing or cleansing their bodies. XYMOGEN's OptiCleanse formulas provide macro- and micro-nutrients that support liver function and optimize energy generation for natural detoxification.*

Add a little spice to your patients' detox with this fun, featured recipe using OptiCleanse formulas.

Pumpkin Pie Smoothie

- 1 scoop Chai OptiCleanse GHI
- 1 scoop Vanilla OptiCleanse GHI
- 10 ounces cold water
- 3-5 ice cubes
- ½ teaspoon organic pumpkin pie spice
- 2-4 drops organic maple extract

COMBINE all ingredients in blender and mix to desired consistency.

Serving Size: 1 Packet (about 58 g)
Servings Per Container: 10

	Amount Per Serving	%DV
Calories.....	230	
Total Fat.....	8 g.....	10%†
Saturated Fat.....	2 g.....	10%†
Total Carbohydrate.....	15 g.....	5%†
Dietary Fiber.....	4 g.....	14%
Total Sugars.....	5 g.....	**
Includes 5g Added Sugars	10%	
Protein (from Pea Protein Isolate and Rice Protein Concentrate).....	26 g	
Vitamin A (as natural beta-carotene)	750 mcg.....	83%
Vitamin C (as sodium ascorbate).....	250 mg.....	278%
Thiamin (as thiamine HCl).....	15 mg.....	1250%
Riboflavin (as riboflavin 5'-phosphate sodium).....	5 mg.....	385%
Niacin (as niacinamide and niacin).....	40 mg.....	250%
Vitamin B6 (as pyridoxal 5'-phosphate).....	5 mg.....	294%
Folate (as [6S]-5-methyltetrahydrofolic acid, glucosamine salt) ^{§1}	340 mcg DFE.....	85%
Vitamin B12 (as methylcobalamin).....	50 mcg.....	2083%
Biotin.....	150 mcg.....	500%
Pantothenic Acid (as d-calcium pantothenate).....	35 mg.....	700%
Choline (as choline bitartrate).....	100 mg.....	18%
Calcium (as dicalcium malate ^{§2} and ingredients with naturally occurring calcium).....	220 mg.....	17%
Iron (naturally occurring).....	5 mg.....	28%
Iodine (as potassium iodide).....	60 mcg.....	40%
Magnesium (as di-magnesium malate) ^{§2}	140 mg.....	33%
Zinc (as zinc bisglycinate chelate) ^{§2}	10 mg.....	91%
Selenium (as selenium glycinate complex) ^{§2}	100 mcg.....	182%
Manganese (as manganese bisglycinate chelate) ^{§2}	2 mg.....	87%
Chromium (as chromium nicotinate glycinate chelate) ^{§2}	60 mcg.....	171%
Molybdenum (as molybdenum glycinate chelate) ^{§2}	35 mcg.....	78%
Sodium (from ingredients with naturally occurring sodium, sodium sulfate anhydrous, and sodium ascorbate).....	560 mg.....	24%
Potassium (from tripotassium citrate and ingredients with naturally occurring potassium).....	505 mg.....	11%
Stabilized Flaxseed.....	5.6 g.....	**
Typical Alpha-Linolenic Acid.....	1.28 g.....	**
Typical Linoleic Acid.....	392 mg.....	**
Pomegranate Extract (<i>Punica granatum</i>)(whole fruit)(30% punicalagins A+B and punicalins A+B).....	400 mg.....	**
Betaine Anhydrous (trimethylglycine).....	250 mg.....	**
Lemon Bioflavonoid Complex (<i>Citrus × limon</i>)(fruit peel)(25% bioflavonoids).....	250 mg.....	**
Quercetin (as quercetin dihydrate from <i>Dimorphandra mollis</i>)(pod).....	250 mg.....	**
Potassium d-glucarate ^{§3}	250 mg.....	**
Rutin (from <i>Sophora japonica</i>)(bud).....	200 mg.....	**
Turmeric Extract (<i>Curcuma longa</i>)(rhizome)(95% total curcuminoids complex, including curcumin, curcuminoids, and volatile oils)(86% curcuminoids)(65% curcumin) ^{§4}	200 mg.....	**
N-Acetyl-L-Cysteine.....	150 mg.....	**
Ginger (<i>Zingiber officinale</i>)(rhizome).....	150 mg.....	**
Methylsulfonylmethane (MSM).....	120 mg.....	**
Sodium Sulfate Anhydrous.....	100 mg.....	**
Green Tea Aqueous Extract (<i>Camellia sinensis</i>)(leaf)(80% polyphenols, 60% catechins, 30% EGCG, 6% caffeine).....	82 mg.....	**

† Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Other Ingredients: Dried cane syrup, natural flavors (no MSG), sunflower oil, medium-chain triglyceride oil, taurine, glycine, cellulose gum, xanthan gum, fungal proteases^{§5}, L-glutamine, stevia leaf extract, guar gum, and silica.

DIRECTIONS: Blend, shake, or briskly stir the contents of one packet (58 g) into 10-12 ounces chilled, pure water (or mix amount for desired thickness) and consume once daily, or use as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

Serving Size: 1 Packet (about 62 g)
Servings Per Container: 10

	Amount Per Serving	%DV
Calories.....	230	
Total Fat.....	8 g.....	10%†
Saturated Fat.....	2 g.....	10%†
Total Carbohydrate.....	18 g.....	7%†
Dietary Fiber.....	6 g.....	21%
Total Sugars.....	5 g.....	**
Includes 5g Added Sugars	10%	
Protein (from Pea Protein Isolate and Rice Protein Concentrate).....	26 g	
Vitamin A (as natural beta-carotene)	750 mcg.....	83%
Vitamin C (as sodium ascorbate).....	250 mg.....	278%
Thiamin (as thiamine HCl).....	15 mg.....	1250%
Riboflavin (as riboflavin 5'-phosphate sodium).....	5 mg.....	385%
Niacin (as niacinamide and niacin).....	40 mg.....	250%
Vitamin B6 (as pyridoxal 5'-phosphate).....	5 mg.....	294%
Folate (as [6S]-5-methyltetrahydrofolic acid, glucosamine salt) ^{§1}	340 mcg DFE.....	85%
Vitamin B12 (as methylcobalamin).....	50 mcg.....	2083%
Biotin.....	150 mcg.....	500%
Pantothenic Acid (as d-calcium pantothenate).....	35 mg.....	700%
Choline (as choline bitartrate).....	100 mg.....	18%
Calcium (as dicalcium malate ^{§2} and ingredients with naturally occurring calcium).....	220 mg.....	17%
Iron (naturally occurring).....	6 mg.....	33%
Iodine (as potassium iodide).....	60 mcg.....	40%
Magnesium (as di-magnesium malate) ^{§2}	140 mg.....	33%
Zinc (as zinc bisglycinate chelate) ^{§2}	10 mg.....	91%
Selenium (as selenium glycinate complex) ^{§2}	100 mcg.....	182%
Manganese (as manganese bisglycinate chelate) ^{§2}	2 mg.....	87%
Chromium (as chromium nicotinate glycinate chelate) ^{§2}	60 mcg.....	171%
Molybdenum (as molybdenum glycinate chelate) ^{§2}	35 mcg.....	78%
Sodium (from ingredients with naturally occurring sodium, sodium sulfate anhydrous, and sodium ascorbate).....	580 mg.....	25%
Potassium (from tripotassium citrate and ingredients with naturally occurring potassium).....	505 mg.....	11%
Stabilized Flaxseed.....	5.6 g.....	**
Typical Alpha-Linolenic Acid.....	1.28 g.....	**
Typical Linoleic Acid.....	392 mg.....	**
Pomegranate Extract (<i>Punica granatum</i>)(whole fruit)(30% punicalagins A+B and punicalins A+B).....	400 mg.....	**
Betaine Anhydrous (trimethylglycine).....	250 mg.....	**
Lemon Bioflavonoid Complex (<i>Citrus × limon</i>)(fruit peel)(25% bioflavonoids).....	250 mg.....	**
Quercetin (as quercetin dihydrate from <i>Dimorphandra mollis</i>)(pod).....	250 mg.....	**
Potassium d-glucarate ^{§3}	250 mg.....	**
Rutin (from <i>Sophora japonica</i>)(bud).....	200 mg.....	**
Turmeric Extract (<i>Curcuma longa</i>)(rhizome)(95% total curcuminoids complex, including curcumin, curcuminoids, and volatile oils)(86% curcuminoids)(65% curcumin) ^{§4}	200 mg.....	**
N-Acetyl-L-Cysteine.....	150 mg.....	**
Ginger (<i>Zingiber officinale</i>)(rhizome).....	150 mg.....	**
Methylsulfonylmethane (MSM).....	120 mg.....	**
Sodium Sulfate Anhydrous.....	100 mg.....	**
Green Tea Aqueous Extract (<i>Camellia sinensis</i>)(leaf)(80% polyphenols, 60% catechins, 30% EGCG, 6% caffeine).....	82 mg.....	**

† Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Other Ingredients: Dried cane syrup, cocoa powder, natural flavors (no MSG), sunflower oil, medium-chain triglyceride oil, taurine, glycine, cellulose gum, xanthan gum, fungal proteases^{§5}, stevia leaf extract, L-glutamine, guar gum, and silica.

DIRECTIONS: Blend, shake, or briskly stir the contents of one packet (62 g) into 10-12 ounces chilled, pure water (or mix amount for desired thickness) and consume once daily, or use as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, animal and dairy products, sh, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modied organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.



Serving Size: 1 Packet (about 57 g)
Servings Per Container: 10

	Amount Per Serving	%DV
Calories.....	230	
Total Fat.....	7 g.....	9%†
Saturated Fat.....	1.5 g.....	8%†
Total Carbohydrate.....	15 g.....	5%†
Dietary Fiber.....	3 g.....	11%
Total Sugars.....	5 g.....	**
Includes 5g Added Sugars	10%	
Protein (from Pea Protein Isolate and Rice Protein Concentrate).....	26 g	
Vitamin A (as natural beta-carotene)	750 mcg.....	83%
Vitamin C (as sodium ascorbate)	250 mg.....	278%
Thiamin (as thiamine HCl).....	15 mg.....	1250%
Riboflavin (as riboflavin 5'-phosphate sodium).....	5 mg.....	385%
Niacin (as niacinamide and niacin).....	40 mg.....	250%
Vitamin B6 (as pyridoxal 5'-phosphate)	5 mg.....	294%
Folate (as [6S]-5-methyltetrahydrofolic acid, glucosamine salt) ^{§1}	340 mcg DFE.....	85%
Vitamin B12 (as methylcobalamin)	50 mcg.....	2083%
Biotin	150 mcg.....	500%
Pantothenic Acid (as d-calcium pantothenate).....	35 mg.....	700%
Choline (as choline bitartrate)	100 mg.....	18%
Calcium (as dicalcium malate ^{§2} and ingredients with naturally occurring calcium)	220 mg.....	17%
Iron (naturally occurring)	5 mg.....	28%
Iodine (as potassium iodide)	60 mcg.....	40%
Magnesium (as di-magnesium malate) ^{§2}	140 mg.....	33%
Zinc (as zinc bisglycinate chelate) ^{§2}	10 mg.....	91%
Selenium (as selenium glycinate complex) ^{§2}	100 mcg.....	182%
Manganese (as manganese bisglycinate chelate) ^{§2}	2 mg.....	87%
Chromium (as chromium nicotinate glycinate chelate) ^{§2}	60 mcg.....	171%
Molybdenum (as molybdenum glycinate chelate) ^{§2}	35 mcg.....	78%
Sodium (from ingredients with naturally occurring sodium, sodium sulfate anhydrous, and sodium ascorbate).....	560 mg.....	24%
Potassium (from tripotassium citrate and ingredients with naturally occurring potassium)	455 mg.....	11%
Stabilized Flaxseed	5.6 g.....	**
Typical Alpha-Linolenic Acid.....	1.28 g.....	**
Typical Linoleic Acid.....	392 mg.....	**
Pomegranate Extract (<i>Punica granatum</i>)(whole fruit)(30% punicalagins A+B and punicalins A+B)	400 mg.....	**
Betaine Anhydrous (trimethylglycine).....	250 mg.....	**
Lemon Bioflavonoid Complex (<i>Citrus × limon</i>)(fruit peel)(25% bioflavonoids).....	250 mg.....	**
Quercetin (as quercetin dihydrate from <i>Dimorphandra mollis</i> (pod).....	250 mg.....	**
Potassium d-glucarate ^{§3}	250 mg.....	**
Rutin (from <i>Sophora japonica</i>)(bud)	200 mg.....	**
Turmeric Extract (<i>Curcuma longa</i>)(rhizome)(95% total curcuminoids complex, including curcumin, curcuminoids, and volatile oils)(86% curcuminoids)(65% curcumin) ^{§4}	200 mg.....	**
N-Acetyl-L-Cysteine.....	150 mg.....	**
Ginger (<i>Zingiber officinale</i>)(rhizome).....	150 mg.....	**
Methylsulfonylmethane (MSM).....	120 mg.....	**
Sodium Sulfate Anhydrous	100 mg.....	**
Green Tea Aqueous Extract (<i>Camellia sinensis</i>)(leaf)(80% polyphenols, 60% catechins, 30% EGCG, 6% caffeine).....	82 mg.....	**

† Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Other Ingredients: Dried cane syrup, sunflower oil, natural flavors (no MSG), taurine, glycine, medium-chain triglyceride oil, cellulose gum, xanthan gum, L-glutamine, fungal proteases^{§5}, stevia leaf extract, guar gum, and silica.

DIRECTIONS: Blend, shake, or briskly stir the contents of one packet (57 g) into 10-12 ounces chilled, pure water (or mix amount for desired thickness) and consume once daily, or use as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

OptiCleanse® GHI Sugar- & Stevia-Free†

Support for Gastrointestinal System, Hepatic Function, and Cytokine Balance*

Available in Vanilla Delight
and Creamy Chocolate



OptiCleanse® GHI is a comprehensive, monk-fruit- extract-sweetened, low-allergy-potential dietary supplement designed to support gastrointestinal (GI) function and balanced detoxification. It features VegaPro™, XYMOGEN's proprietary amino acid and pea/rice protein blend; Aminogen®, to facilitate protein absorption; phytonutrients; mineral amino acid chelates; and activated B vitamins, including Quatrefolic® and methylcobalamin. In conjunction with a modified elimination diet, OptiCleanse GHI Sugar- and Stevia-Free† addresses GI and hepatic function as well as eicosanoid balance and cytokine metabolism. This formula is suitable for vegans.*

*This formula is not a low-calorie dietary supplement. Please see the Supplement Facts panel for more details.

OptiCleanse® GHI Sugar- & Stevia-Free† Vanilla Delight

Serving Size 1 Packet (About 53 g)
Servings Per Container: 10

	Amount Per Serving	%DV
Calories.....	210	
Total Fat.....	8 g	10%†
Saturated Fat.....	2 g	10%†
Total Carbohydrate.....	10 g	4%†
Dietary Fiber.....	4 g	14%
Protein (from Pea Protein Isolate and Rice Protein Concentrate).....	26 g	
Vitamin A (as natural beta-carotene).....	750 mcg	83%
Vitamin C (as sodium ascorbate).....	250 mg	278%
Thiamin (as thiamine HCl).....	15 mg	1250%
Riboflavin (as riboflavin 5'-phosphate sodium).....	5 mg	385%
Niacin (as niacinamide and niacin).....	40 mg	250%
Vitamin B6 (as pyridoxal 5'-phosphate).....	5 mg	294%
Folate (as [6S]-5-methyltetrahydrofolic acid, glucosamine salt) ^{S1}	340 mcg DFE	85%
Vitamin B12 (as methylcobalamin).....	50 mcg	2083%
Biotin.....	150 mcg	500%
Pantothenic Acid (as d-calcium pantothenate).....	35 mg	700%
Choline (as choline bitartrate).....	100 mg	18%
Calcium (as dicalcium malate ^{S2} and ingredients with naturally occurring calcium).....	225 mg	17%
Iron (naturally occurring).....	5 mg	28%
Iodine (as potassium iodide).....	60 mcg	40%
Magnesium (as di-magnesium malate) ^{S2}	140 mg	33%
Zinc (as zinc bisglycinate chelate) ^{S2}	10 mg	91%
Selenium (as selenium glycinate complex) ^{S2}	100 mcg	182%
Manganese (as manganese bisglycinate chelate) ^{S2}	2 mg	87%
Chromium (as chromium nicotinate glycinate chelate) ^{S2}	60 mcg	171%
Molybdenum (as molybdenum glycinate chelate) ^{S2}	35 mcg	78%
Sodium (from ingredients with naturally occurring sodium, sodium sulfate anhydrous, and sodium ascorbate).....	560 mg	24%
Potassium (from tripotassium citrate and ingredients with naturally occurring potassium).....	455 mg	10%
Stabilized Flaxseed.....	5.6 g	**
Typical Alpha-Linolenic Acid.....	1.28 g	**
Typical Linoleic Acid.....	392 mg	**
Pomegranate Extract (<i>Punica granatum</i>)(whole fruit) (30% punicalagins A+B and punicalins A+B).....	400 mg	**
Betaine Anhydrous (trimethylglycine).....	250 mg	**
Lemon Bioflavonoid Complex (<i>Citrus × limon</i>)(fruit peel)(25% bioflavonoids)	250 mg	**
Quercetin (as quercetin dihydrate from <i>Dimorphandra mollis</i> (pod)	250 mg	**
Potassium d-glucarate ^{S3}	250 mg	**

Rutin (from <i>Sophora japonica</i> (bud).....	200 mg	**
Turmeric Extract (<i>Curcuma longa</i>)(rhizome)(95% total curcuminoids complex, including curcumin, curcuminoids, and volatile oils)(86% curcuminoids)(65% curcumin) ^{S4}	200 mg	**
N-Acetyl-L-Cysteine.....	150 mg	**
Ginger (<i>Zingiber officinale</i>)(rhizome).....	150 mg	**
Methylsulfonylmethane (MSM).....	120 mg	**
Sodium Sulfate Anhydrous.....	100 mg	**
Green Tea Aqueous Extract (<i>Camellia sinensis</i>)(leaf)(80% polyphenols, 60% catechins, 30% EGCG, 6% caffeine).....	82 mg	**

† Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value (DV) not established.

Other Ingredients: Sunflower oil, natural flavors (no MSG), medium-chain triglyceride oil, taurine, glycine, cellulose gum, xanthan gum, fungal proteases^{S5}, L-glutamine, monk fruit extract, guar gum, and silica.

DIRECTIONS: Blend, shake, or briskly stir the contents of one packet (53 g) into 10-12 ounces chilled, pure water (or mix amount for desired thickness) and consume once daily, or use as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.



Quatrefolic® - S1. Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US Patent 7,947,662.



S2. Albion®, DimaCal®, TRAACS®, and the Albion Gold Medallion® are registered trademarks of Albion Laboratories, Inc. Malates covered by US patent 6,706,904.



S3. Preventium® is a registered trademark of Applied Food Sciences, LLC. (US patents 4,845,123, 5,364,644, 5,561,160).

S4. BCM-95® is an exclusivity licensed registered trademark to Arjuna Natural Pvt Ltd. Protected under US patents 7,883,728; 7,736,679; and 7,879,373.



S5. AMINOGEN® is a registered trademark of Innophos Nutrition, Inc. AMINOGEN® is protected under U.S. patent 5,387,422.



With 26 Grams of protein from our proprietary VegaPro per serving, OptiCleanse GHI Sugar- and Stevia-Free† Supports Three Main Functions:

Gastrointestinal*	Hepatic/ Detoxification*	Cytokine Balance*
Glutamic Acid (approx. 5 g)	Pomegranate Extract	Curcumin
Quercetin	NAC	Ginger
Aminogen®	Sodium Sulfate	Bioflavonoids
Stabilized Flaxseed		Rutin
Preventium®		Niacinamide


Serving Size 1 Packet (About 57 g)
Servings Per Container: 10

	Amount Per Serving	%DV
Calories.....	210	
Total Fat.....	8 g	10% [†]
Saturated Fat.....	2 g	10% [†]
Total Carbohydrate.....	13 g	5% [†]
Dietary Fiber.....	6 g	21%
Protein (from Pea Protein Isolate and Rice Protein Concentrate).....	26 g	
Vitamin A (as natural beta-carotene).....	750 mcg	83%
Vitamin C (as sodium ascorbate).....	250 mg	278%
Thiamin (as thiamine HCl).....	15 mg	1250%
Riboflavin (as riboflavin 5'-phosphate sodium).....	5 mg	385%
Niacin (as niacinamide and niacin).....	40 mg	250%
Vitamin B6 (as pyridoxal 5'-phosphate).....	5 mg	294%
Folate (as [6S]-5-methyltetrahydrofolic acid, glucosamine salt) ^{S1}	340 mcg DFE	85%
Vitamin B12 (as methylcobalamin).....	50 mcg	2083%
Biotin.....	150 mcg	500%
Pantothenic Acid (as d-calcium pantothenate).....	35 mg	700%
Choline (as choline bitartrate).....	100 mg	18%
Calcium (as dicalcium malate ^{S2} and ingredients with naturally occurring calcium).....	225 mg	17%
Iron (naturally occurring).....	6 mg	33%
Iodine (as potassium iodide).....	60 mcg	40%
Magnesium (as di-magnesium malate) ^{S2}	140 mg	33%
Zinc (as zinc bisglycinate chelate) ^{S2}	10 mg	91%
Selenium (as selenium glycinate complex) ^{S2}	100 mcg	182%
Manganese (as manganese bisglycinate chelate) ^{S2}	2 mg	87%
Chromium (as chromium nicotinate glycinate chelate) ^{S2}	60 mcg	171%
Molybdenum (as molybdenum glycinate chelate) ^{S2}	35 mcg	78%
Sodium (from ingredients with naturally occurring sodium, sodium sulfate anhydrous, and sodium ascorbate).....	580 mg	25%
Potassium (from tripotassium citrate and ingredients with naturally occurring potassium).....	505 mg	11%
Stabilized Flaxseed.....	5.6 g	**
Typical Alpha-Linolenic Acid.....	1.28 g	**
Typical Linoleic Acid.....	392 mg	**
Pomegranate Extract (<i>Punica granatum</i>)(whole fruit) (30% punicalagins A+B and punicalins A+B).....	400 mg	**
Betaine Anhydrous (trimethylglycine).....	250 mg	**
Lemon Bioflavonoid Complex (<i>Citrus × limon</i>)(fruit peel)(25% bioflavonoids).....	250 mg	**
Quercetin (as quercetin dihydrate from <i>Dimorphandra mollis</i>)(pod).....	250 mg	**
Potassium d-glucarate ^{S3}	250 mg	**
Rutin (from <i>Sophora japonica</i>)(bud).....	200 mg	**
Turmeric Extract (<i>Curcuma longa</i>)(rhizome)(95% total curcuminoids complex, including curcumin, curcuminoids, and volatile oils)(86% curcuminoids)(65% curcumin) ^{S4}	200 mg	**
N-Acetyl-L-Cysteine.....	150 mg	**
Ginger (<i>Zingiber officinale</i>)(rhizome).....	150 mg	**
Methylsulfonylmethane (MSM).....	120 mg	**
Sodium Sulfate Anhydrous.....	100 mg	**
Green Tea Aqueous Extract (<i>Camellia sinensis</i>)(leaf)(80% polyphenols, 60% catechins, 30% EGCG, 6% caffeine).....	82 mg	**

† Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Other Ingredients: Cocoa powder, natural flavors (no MSG), sunflower oil, medium-chain triglyceride oil, taurine, glycine, cellulose gum, xanthan gum, fungal proteases^{S5}, monk fruit extract, L-glutamine, guar gum, and silica.

DIRECTIONS: Blend, shake, or briskly stir the contents of one packet (57 g) into 10-12 ounces chilled, pure water (or mix amount for desired thickness) and consume once daily, or use as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

With 26 Grams of protein from our proprietary VegaPro per serving, OptiCleanse GHI Sugar- and Stevia-Free[†] Supports Three Main Functions:

Gastrointestinal*	Hepatic/ Detoxification*	Cytokine Balance*
Glutamic Acid (approx. 5 g)	Pomegranate Extract	Curcumin
Quercetin	NAC	Ginger
Aminogen®	Sodium Sulfate	Bioflavonoids
Stabilized Flaxseed		Rutin
Preventium®		Niacinamide



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OptiCleanse® Plus

Optimal Cleansing Formula* Suitable for Vegans*

 Available in Vanilla Delight and Creamy Chocolate

OptiCleanse® Plus provides macro- and micronutrients that support all phases of biotransformation and detoxification; these nutrients also support the mitochondrial energy production necessary to complete this vital function. OptiCleanse Plus is easy to digest and has a low-allergy potential, a pleasant taste, and no added fructose. OptiCleanse Plus features VegaPro™, XYMOGEN's proprietary pea/rice protein blend; Aminogen®, to facilitate protein absorption; activated B vitamins, such as riboflavin 5'-phosphate (B2), pyridoxal 5'-phosphate (B6), 5-methyltetrahydrofolate (folate), and methylcobalamin (B12); and Albion's patented TRAACS® mineral amino acid chelates. 5-methyltetrahydrofolate (5-MTHF) is provided as Quatrefolic®, a stable, bioavailable form of folate. In conjunction with a modified elimination diet, OptiCleanse Plus not only addresses healthy detoxification, but also supports energy generation. This formula is suitable for vegans.*



OptiCleanse® Plus Vanilla Delight

Serving Size: 1 Packet (about 58 g)
Servings Per Container: 10

	Amount Per Serving	%DV
Calories.....	240	
Total Fat.....	9 g	12%†
Saturated Fat.....	2 g	10%†
Total Carbohydrate.....	15 g	5%†
Dietary Fiber.....	4 g	14%
Total Sugars.....	5 g	**
Includes 5g Added Sugars.....		10%
Protein (from Pea Protein Isolate and Rice Protein Concentrate).....	24 g	
Vitamin A (as natural beta-carotene).....	1500 mcg	167%
Vitamin C (ascorbic acid).....	220 mg	244%
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols).....	70 mg	467%
Thiamin (as thiamine HCl).....	5 mg	417%
Riboflavin (as riboflavin 5'-phosphate sodium).....	2.2 mg	169%
Niacin (as niacinamide).....	10 mg	63%
Vitamin B6 (as pyridoxal 5'-phosphate).....	5 mg	294%
Folate (as [6S]-5-methyltetrahydrofolic acid, glucosamine salt) ^{S1}	200 mcg DFE	50%
Vitamin B12 (as methylcobalamin).....	22 mcg	917%
Biotin.....	320 mcg	1067%
Pantothenic Acid (as d-calcium pantothenate).....	6 mg	120%
Calcium (as dicalcium malate ^{S2} and ingredients with naturally occurring calcium).....	200 mg	15%
Iron (naturally occurring).....	5 mg	28%
Phosphorus (as dipotassium phosphate).....	120 mg	10%
Iodine (as potassium iodide).....	55 mcg	37%
Magnesium (as di-magnesium malate) ^{S2}	140 mg	33%
Zinc (as zinc bisglycinate chelate) ^{S2}	12 mg	109%
Selenium (as selenium glycinate complex) ^{S2}	55 mcg	100%
Manganese (as manganese bisglycinate chelate) ^{S2}	1.8 mg	78%
Chromium (as chromium nicotinate glycinate chelate) ^{S2}	55 mcg	157%
Molybdenum (as molybdenum glycinate chelate) ^{S2}	150 mcg	333%
Sodium (naturally occurring).....	470 mg	20%
Potassium (as dipotassium phosphate, tripotassium citrate, and ingredients with naturally occurring potassium).....	860 mg	18%
Stabilized Flaxseed.....	9 g	**
Typical Alpha-Linolenic Acid.....	2.07 g	**
Typical Linoleic Acid.....	630 mg	**
Potassium d-glucarate ^{S3}	250 mg	**
N-Acetyl-L-Cysteine.....	55 mg	**
L-Glutathione.....	29 mg	**

† Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Other Ingredients: Sunflower oil, dried cane syrup, natural flavors (no MSG), medium-chain triglyceride oil, cellulose gum, xanthan gum, taurine, glycine, fungal proteases^{S4}, L-glutamine, guar gum, stevia leaf extract, and silica.

DIRECTIONS: Blend, shake, or briskly stir the contents of one packet (58 g) into 10-12 oz chilled water and consume once daily, or as directed by your healthcare professional. Adjust amount of water to desired sweetness and thickness.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy protein, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.



Quatrefolic® S1. Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US Patent 7,947,662.



S2. Albion®, DimaCal®, TRAACS®, and the Albion Gold Medallion® are registered trademarks of Albion Laboratories, Inc. Malates covered by US patent 6,706,904.

S3. Preventium® is a registered trademark of Applied Food Sciences, LLC. (US patents 4,845,123, 5,364,644, 5,561,160).



S4. AMINOGEN® is a registered trademark of Innophos Nutrition, Inc. AMINOGEN® is protected under U.S. patent 5,367,422.





OptiCleanse® Plus Creamy Chocolate

Serving Size: 1 Packet (about 62 g)

Servings Per Container: 10

	Amount Per Serving	%DV
Calories.....	250	
Total Fat.....	10 g	12%†
Saturated Fat.....	2 g	11%†
Total Carbohydrate.....	18 g	7%†
Dietary Fiber.....	7 g	25%
Total Sugars	5 g	**
Includes 5g Added Sugars	10%	
Protein (from Pea Protein Isolate and Rice Protein Concentrate).....	24 g	
Vitamin A (as natural beta-carotene)	1500 mcg	167%
Vitamin C (ascorbic acid)	220 mg	244%
Vitamin E (as d-alpha tocopherol succinate and mixed tocopherols)	70 mg	467%
Thiamin (as thiamine HCl).....	5 mg	417%
Riboflavin (as riboflavin 5'-phosphate sodium).....	2.2 mg	169%
Niacin (as niacinamide)	10 mg	63%
Vitamin B6 (as pyridoxal 5'-phosphate)	5 mg	294%
Folate (as [6S]-5-methyltetrahydrofolic acid, glucosamine salt) ^{S1}	200 mcg DFE	50%
Vitamin B12 (as methylcobalamin)	22 mcg	917%
Biotin	320 mcg	1067%
Pantothenic Acid (as d-calcium pantothenate).....	6 mg	120%
Calcium (as dicalcium malate ^{S2} and ingredients with naturally occurring calcium)	200 mg	15%
Iron (naturally occurring)	6 mg	34%
Phosphorus (as dipotassium phosphate).....	120 mg	10%
Iodine (as potassium iodide)	55 mcg	37%
Magnesium (as di-magnesium malate) ^{S2}	140 mg	33%
Zinc (as zinc bisglycinate chelate) ^{S2}	12 mg	109%
Selenium (as selenium glycinate complex) ^{S2}	55 mcg	100%
Manganese (as manganese bisglycinate chelate) ^{S2}	1.8 mg	78%
Chromium (as chromium nicotinate glycinate chelate) ^{S2}	55 mcg	157%
Molybdenum (as molybdenum glycinate chelate) ^{S2}	150 mcg	333%
Sodium (naturally occurring).....	490 mg	21%
Potassium (as dipotassium phosphate, tripotassium citrate, and ingredients with naturally occurring potassium).....	860 mg	18%
Stabilized Flaxseed	9 g	**
Typical Alpha-Linolenic Acid.....	2.07 g	**
Typical Linoleic Acid.....	630 mg	**
Potassium d-glucarate ^{S3}	250 mg	**
N-Acetyl-L-Cysteine	55 mg	**
L-Glutathione.....	29 mg	**

† Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Other Ingredients: Sunflower oil, cocoa powder, dried cane syrup, natural flavors (no MSG), medium-chain triglyceride oil, cellulose gum, xanthan gum, taurine, glycine, fungal proteases^{S4}, stevia leaf extract, L-glutamine, guar gum, and silica.

DIRECTIONS: Blend, shake, or briskly stir the contents of one packet (62 g) into 10-12 oz chilled water and consume once daily, or as directed by your healthcare professional. Adjust amount of water to desired sweetness and thickness.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy protein, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.



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VegaPro™
100% VEGAN
100% GLUTEN-FREE

S3. Preventum® is a registered trademark of Applied Food Sciences, LLC. (US patents 4,845,123, 5,364,644, 5,561,160).



S4. AMINOGEN® is a registered trademark of Innophos Nutrition, Inc. AMINOGEN® is protected under U.S. patent 5,367,422.

OptiFiber® Lean

100% Natural and Soluble Propolmannan Fiber

Available in 30 servings
or 180 capsules

OptiFiber® Lean features Shimizu Propol® A propolmannan—a highly pure, natural soluble fiber. Propol A is created from *Amorphophallus konjac*-derived glucomannan using proprietary processing techniques. This fiber has been studied for its viscosity and for its stability through the digestive tract; and studies support its health effects, such as on satiety, weight control, glucose and lipid metabolism, and bowel regularity.*

OptiFiber® Lean Powder Supplement Facts

Serving Size: 2 Scoops (about 3.2 g)

	Amount Per Serving	%Daily Value
Dietary Fiber (from A propolmannan)(<i>Amorphophallus konjac</i>)(tuber) ^{S1}	3 g	11%†
†Percent Daily Values are based on a 2,000 calorie diet.		

Other Ingredients: None

DIRECTIONS: Mix one to two scoops (1.6-3.2 g) in 8-12 oz of water or other non-alcoholic beverage and consume once per day, or mix one scoop as directed and consume 30 to 60 minutes before each of your two biggest meals, or use as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, corn, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

S1. Propol® is a registered trademark of Shimizu Chemical Corporation.

OptiFiber® Lean Capsules Supplement Facts

Serving Size: 6 Capsules

	Amount Per Serving	%Daily Value
Dietary Fiber (from propolmannan)(<i>Amorphophallus konjac</i>)(tuber) ^{S1} ... 3 g	3 g	11%†
†Percent Daily Values are based on a 2,000 calorie diet.		

Other Ingredients: Ascorbyl palmitate, capsule (hypromellose and water), microcrystalline cellulose, and silica.

DIRECTIONS: Take three to six capsules once per day, or take three capsules 30 to 60 minutes before each of your two biggest meals, or use as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, corn, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

S1. Propol® is a registered trademark of Shimizu Chemical Corporation.

OptiMag® 125

Proprietary Blend of Patented Magnesium



Available in 120
and 240 capsules



Magnesium, the fourth most abundant mineral in the human body, plays a role in over 300 metabolic processes. It participates in the development and maintenance of bones and teeth; the metabolism of carbohydrates, blood glucose, fats, and proteins; the formation of cells and tissues; and the maintenance of muscle function, including cardiac muscle. **OptiMag® 125** contains Albion®'s TRAACS® magnesium lysinate glycinate (mineral amino acid

chelate) and Albion's chelated dimagnesium malate—both formulated for enhanced absorption. Malic acid (from di-magnesium malate) supports energy production and lactic acid clearance via the Krebs cycle. Malic acid may also support antioxidant systems by enhancing glutathione and antioxidant enzymes.*

Serving Size: 2 Capsules



	Amount Per Serving	%Daily Value
Magnesium..... 250 mg	250 mg	60%
(as dimagnesium malate and magnesium lysinate glycinate) ^{S1}		

** Daily value not established.

Other Ingredients: Capsule (hypromellose), hydroxypropyl cellulose, ascorbyl palmitate, microcrystalline cellulose, and silica.

DIRECTIONS: Take one to two capsules twice daily at or between meals, or as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, corn, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.



S1. Albion, TRAACS and the Albion Medallion design are registered trademarks of Albion Laboratories, Inc. Malate covered by U.S. Patent 6,706,904 and patents pending.



Need a midday pick-me-up?!

This citrus smoothie features our ATP Citrus formula!
Learn more on page 43.

ATP Citrus Smoothie

- 1 stick of XYMOGEN ATP Citrus
- ½ cup Frozen Pineapple
- ¼ Lemon
- 1 cup ice
- ½ cup Frozen Mango

COMBINE all ingredients in blender and mix to desired consistency.



Magnesium Matters

In 2015, the Dietary Guidelines Advisory Committee concluded that Americans were underconsuming magnesium and deemed it a “nutrient of concern.” Shortly after, the Food and Nutrition Board quickly recommended that Americans increase their magnesium intake.

Recommended Daily Allowance (RDA) of Magnesium:

Ages 19-30

Men: 400 mg Women: 310 mg

Age: 31-50

Men: 420 mg Women: 320 mg

Magnesium deficiency symptoms may include:

- Agitation and anxiety
- Restless legs syndrome
- Sleep disorders
- Irritability
- Nausea and vomiting
- Abnormal heart rhythms
- Low blood pressure
- Confusion
- Muscle spasm and weakness
- Hyperventilation
- Poor nail growth
- Seizures

The Role of Magnesium

Magnesium is the fourth most abundant mineral in the body and a cofactor in more than 300 enzyme systems that regulate diverse biochemical reactions. Here are just some of the ways the body uses magnesium:

- Protein synthesis*
- Muscle and nerve function*
- Healthy blood glucose maintenance*
- Healthy blood pressure maintenance*
- Energy production*
- Structural development of bone*
- Antioxidant glutathione synthesis*
- Synaptic plasticity*
- Learning and memory function*
- Oxidative phosphorylation*



The XYMOGEN Difference

Not all magnesium is the same. XYMOGEN uses the latest science research to choose the highest-quality ingredients for its unique suite of magnesium formulas.

Magnesium Citrate

- Higher absorption than Mg oxide*
- Often used to support bowel movements and help prevent calcium crystallization in the kidneys*

Albion® Di-Magnesium Malate

- Provides magnesium and malic acid
- Often used to support energy production and muscle recovery*

Albion® TRAACS® Magnesium Lysinate Glycinate

- Highly bioavailable, chelated magnesium*
- Gentle on the digestive tract*

Magnesium L-Threonate (MMFS-01/Magtein®/L-TAMS)

- Patented form of magnesium shown to cross the blood-brain barrier*
- Increases brain magnesium level*
- Used to support synaptic plasticity, cognitive health, and stress management*

Studies Show Magnesium L-Threonate (also known as MMFS-01, L-TAMS, and Magtein™) Provides Cognitive/Memory Support and May Allow for Adaptive Control of “Fear Extinction”*

- Administration of magnesium L-threonate was found to augment structural and functional synapse density, thereby enhancing learning and memory in young rats and preventing memory decline in aging rats.*^[1]
- In rodents, magnesium L-threonate improved synaptic plasticity and learning and significantly reduced freezing behavior in studies of conditioned fear response. The latter finding suggests possible adaptive control of fear extinction.*^[2]
- In a human clinical trial, magnesium L-threonate supported the global cognitive abilities of older adults.*^[3]

Learn more about our suite of magnesium formulas by heading over to their formula pages:

Magnesium Citrate page **84**

OptiMag® 125 page **112**

OptiMag® Neuro page **116**

OptiMag® Plus Calcium page **117**

References can be found on page 178.

OptiMag® Neuro

Patented Magnesium for the Brain*



 Available in Lemon-Lime, Mixed Berry, Unflavored powder and 90 capsules

OptiMag® Neuro features magnesium L-threonate (as Magtein®), the only form of magnesium known to cross the blood-brain barrier. Complemented by highly absorbable Albion® di-magnesium malate and TRAACS® magnesium lysinate glycinate chelate, this formula is designed to boost the brain's magnesium level. Magnesium is vital to supporting brain health and promoting healthy nervous system functions.*



OptiMag® Neuro Lemon-Lime

Serving Size: 1 Scoop (about 2.4 g)

	Amount Per Serving	%Daily Value
Calories.....	5	
Total Carbohydrate.....	1 g.....	<1%†
Magnesium (as di-magnesium malate ^{S1} , magnesium L-threonate ^{S2} , and magnesium lysinate glycinate chelate ^{S1}).....	200 mg.....	48%
Magnesium L-threonate ^{S2}	1 g.....	**

† Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Other Ingredients: Citric acid, malic acid, natural flavors (no MSG), stevia leaf extract, and riboflavin (color).

DIRECTIONS: Dissolve one level scoop in 4 oz water and consume once or twice daily, or use as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy protein, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, sesame, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

S1. Albion® and TRAACS® are registered trademarks of Albion Laboratories, Inc.

S2. Magtein® is protected under a family of U.S. patents and pending patents and is protected worldwide. Magtein® is a registered trademark of Magceutics®, Inc. and is distributed exclusively by AIDP, Inc.



OptiMag® Neuro Mixed Berry

Serving Size: 1 Scoop (about 2.5 g)

	Amount Per Serving	%Daily Value
Calories.....	5	
Total Carbohydrate.....	2 g.....	1%†
Magnesium (as di-magnesium malate ^{S1} , magnesium L-threonate ^{S2} , and magnesium lysinate glycinate chelate ^{S1}).....	200 mg.....	48%
Magnesium L-threonate ^{S2}	1 g.....	**

† Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Other Ingredients: Citric acid, malic acid, natural flavors (no MSG), stevia leaf extract, and anthocyanin extract (color).

DIRECTIONS: Dissolve one level scoop in 4 oz water and consume once or twice daily, or use as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, sesame, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

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OptiMag® Neuro Unflavored

Serving Size: 1 Scoop (about 1.7 g)

	Amount Per Serving	%Daily Value
Calories.....	5	
Total Carbohydrate.....	1 g.....	<1%†
Magnesium (as di-magnesium malate ^{S1} , magnesium L-threonate ^{S2} , and magnesium lysinate glycinate chelate ^{S1}).....	200 mg.....	48%
Magnesium L-threonate ^{S2}	1 g.....	**

† Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Other Ingredients: None.

DIRECTIONS: Dissolve one level scoop in 4 oz water and consume once or twice daily, or use as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, corn, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, sesame, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

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OptiMag® Neuro Capsules

Serving Size: 3 Capsules

	Amount Per Serving	%Daily Value
Magnesium (as di-magnesium malate ^{S1} , magnesium L-threonate ^{S2} , and magnesium lysinate glycinate chelate ^{S1}).....	200 mg.....	48%
Magnesium L-threonate ^{S2}	1 g.....	**

** Daily Value not established.

Other Ingredients: Capsule (hypromellose and water), hydroxypropyl cellulose, ascorbyl palmitate, and silica.

DIRECTIONS: Take three capsules once or twice daily, or as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, sesame, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

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OptiMag® Plus Calcium

Great Tasting, Flexible Dosing

 Available in
30 servings


OptiMag® Plus Calcium is a delicious, pear-flavored powdered supplement that provides high-quality, patented Albion® minerals in a state-of-the-art calcium/magnesium formulation. This supplement is easy to take for all ages, and the special forms of the minerals promote optimal absorption and utilization, while being gentle on the gastrointestinal tract.*

Serving Size: 1 Scoop (about 6.8 g)		
	Amount Per Serving	%Daily Value
Calories.....	20	
Total Carbohydrate.....	3 g.....	1%†
Dietary Fiber.....	1 g.....	4%
Calcium (as DimaCal® di-calcium malate).....	600 mg.....	46%
Magnesium (as Albion® di-magnesium malate and TRAACS® magnesium lysinate glycinate chelate).....	300 mg.....	71%
† Percent Daily Values are based on a 2,000 calorie diet.		

Other Ingredients: Citric acid, malic acid, guar gum, natural flavors (no MSG), stevia extract, and riboflavin (for color).

DIRECTIONS: Dissolve one scoop in 6 oz of cool, pure water. Drink once daily, or use as directed by your healthcare practitioner.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

 Albion, TRAACS and the Albion Medallion design are registered trademarks of Albion Laboratories, Inc. Malate covered by U.S. Patent 6,706,904 and patents pending.

OptiMetabolix™

For Support of Healthy Glucose and Insulin Metabolism* Featuring InSea^{2®}—Next Generation Carbohydrate Control[†]

 Available in Vanilla Delight No Added Sugar, No Stevia and Chocolate Mint

OptiMetabolix™ is an exclusive combination of well-researched, clinically validated, and highly bioavailable ingredients that provides multimodal support for healthy insulin and glucose metabolism and related pathways. It features InSea^{2®}—an optimized blend of purified polyphenols from wild-crafted brown seaweed. InSea² uniquely slows carbohydrate digestion and assimilation and can reduce the impact of high-glycemic foods. This newly developed, next generation dual carb controller is 100% natural, has an excellent safety profile, and is friendly to the gastrointestinal tract.[†]

OptiMetabolix also delivers other innovative ingredients, including VegaPro™—a proprietary sugar-free, sweetener-free, low-allergy-potential source of vegetable protein from pea protein and rice protein—and CinSulin®, a patented water extract of cinnamon with a potent 10:1 yield ratio. Cinnamon has been studied extensively for its roles in supporting healthy glucose uptake, glycogen synthesis, and insulin action, along with maintaining blood lipids already within the normal range. These principal ingredients are complemented by the inclusion of benfotiamine to boost transketolase activity; alpha-lipoic acid; green tea leaf extract; vanadium, chromium, and zinc as Albion® TRAACS® chelates; 5-MTHF (bioactive folate) as Quatrefolic®; fiber from inulin; and other key vitamins and minerals.[†]



OptiMetabolix™ Vanilla Delight No Added Sugar, No Stevia

10 Servings per container
Serving size 1 Packet (About 46g)

	Amount Per Serving	%Daily Value
Calories.....	160	
Total Fat.....	5 g	6%*
Saturated Fat.....	1.5 g	8%*
Total Carbohydrate.....	15 g	5%*
Dietary Fiber.....	10 g	36%
Total Sugars.....	1 g	**
Protein (from Pea Protein Isolate and Rice Protein Concentrate).....	21 g	
Niacin (as niacinamide).....	40 mg	250%
Vitamin B6 (as pyridoxal 5'-phosphate).....	5 mg	294%
Folate (as [6S]-5-methyltetrahydrofolic acid, glucosamine salt) ^{S1}	200 mcg DFE	50%
Vitamin B12 (as methylcobalamin).....	50 mcg	2083%
Biotin.....	5000 mcg	16,667%
Pantothenic Acid (as d-calcium pantothenate).....	35 mg	700%
Calcium (naturally occurring).....	25 mg	2%
Iron (naturally occurring).....	4 mg	22%
Zinc (as zinc bisglycinate chelate) ^{S2}	15 mg	136%
Chromium (as chromium nicotinate glycinate chelate) ^{S2}	500 mcg	1429%
Sodium (naturally occurring).....	430 mg	19%
Potassium (from tripotassium citrate and ingredients with naturally occurring potassium).....	410 mg	9%
Brown Seaweed Blend (<i>Ascophyllum nodosum</i> and <i>Fucus vesiculosus</i>) (20% polyphenols) ^{S3}	500 mg	**
Cinnamon 10:1 Aqueous Extract (<i>Cinnamomum cassia</i>) (bark) ^{S4}	200 mg	**
Organic Green Tea Aqueous Extract (<i>Camellia sinensis</i>) (leaf) (25% polyphenols, 15% catechins, <10% caffeine).....	200 mg	**
Alpha-Lipoic Acid.....	200 mg	**
Benfotiamine.....	50 mg	**
Vanadium (as vanadium nicotinate glycinate chelate) ^{S2}	2.5 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Inulin (from chicory), natural flavors (no MSG), sunflower oil, cellulose gum, xanthan gum, taurine, glycine, medium-chain triglyceride oil, fungal proteases^{S5}, guar gum, L-glutamine, and monk fruit extract.

DIRECTIONS: Blend, shake, or briskly stir the contents of one packet (46 g) into 8-10 oz chilled water and consume one to two times daily; or take one to two scoops approximately 20-30 minutes before each main meal; or use as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy protein, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, and artificial preservatives.



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S2. Albion® and TRAACS® are registered trademarks of Albion Laboratories, Inc. Chelates covered by US patent 7,838,042 and patents pending.

S3. InSea^{2®} is a registered trademark of innoVactiv Inc.

S4. CinSulin® is a registered trademark of Tang-An Medical Ltd., manufactured under US patents 8,304,000 and 8,329,232.



S5. AMINOGEN® is a registered trademark of Innophos Nutrition, Inc. AMINOGEN® is protected under U.S. patent 5,387,422.



VegaPro™
100% VEGAN
100% GLUTEN-FREE

OptiMetaboliX™ 2:1

For Support of Healthy Glucose and Insulin Metabolism*

 Available in
Vanilla Delight

Featuring InSea²®—Next Generation Carbohydrate Control*

OptiMetaboliX™ 2:1 is an exclusive combination of well-researched, clinically validated, and highly bioavailable ingredients that provides multimodal support for healthy insulin and glucose metabolism and related pathways. It features InSea²®—an optimized blend of purified polyphenols from wild-crafted brown seaweed. InSea² uniquely slows carbohydrate digestion and assimilation and can reduce the impact of high-glycemic foods. This newly developed, next generation dual carb controller is 100% natural, has an excellent safety profile, and is friendly to the gastrointestinal tract.[†]

OptiMetaboliX 2:1 also delivers other innovative ingredients, including VegaPro™—a proprietary sugar-free, sweetener-free, low-allergy-potential source of vegetable protein from pea protein and rice protein—and CinSulin®, a patented water extract of cinnamon with a potent 10:1 yield ratio. Cinnamon has been studied extensively for its roles in supporting healthy glucose uptake, glycogen synthesis, and insulin action, along with maintaining blood lipids already within the normal range. These principal ingredients are complemented by the inclusion of benfotiamine to boost transketolase activity; alpha-lipoic acid; green tea leaf extract; vanadium, chromium, and zinc as Albion® TRAACS® chelates; 5-MTHF (bioactive folate) as Quatrefolic®; and other key vitamins and minerals.[†]



10 Servings per container
Serving size 1 Packet (About 43g)

	Amount Per Serving	%Daily Value
Calories.....	170	
Total Fat.....	4.5 g	6%*
Saturated Fat.....	1 g	5%*
Total Carbohydrate.....	12 g	4%*
Dietary Fiber.....	3 g	11%
Total Sugars.....	5 g	**
Includes 5g Added Sugars.....	10%	
Protein (from Pea Protein Isolate and Rice Protein Concentrate).....	21 g	
Niacin (as niacinamide).....	40 mg	250%
Vitamin B6 (as pyridoxal 5'-phosphate).....	5 mg	294%
Folate (as [6S]-5-methyltetrahydrofolic acid, glucosamine salt) ^{S1}	200 mcg DFE	50%
Vitamin B12 (as methylcobalamin).....	50 mcg	2083%
Biotin.....	5000 mcg	16667%
Pantothenic Acid (as d-calcium pantothenate).....	35 mg	700%
Calcium (naturally occurring).....	25 mg	2%
Iron (naturally occurring).....	4 mg	22%
Zinc (as zinc bisglycinate chelate) ^{S2}	15 mg	136%
Chromium (as chromium nicotinate glycinate chelate) ^{S2}	500 mcg	1429%
Sodium (naturally occurring).....	430 mg	19%
Potassium (from tripotassium citrate and ingredients with naturally occurring potassium).....	410 mg	9%
Brown Seaweed Blend (<i>Ascophyllum nodosum</i> and <i>Fucus vesiculosus</i>) (20% polyphenols) ^{S3}	500 mg	**
Cinnamon 10:1 Aqueous Extract (<i>Cinnamomum cassia</i>)(bark) ^{S4}	200 mg	**
Organic Green Tea Aqueous Extract (<i>Camellia sinensis</i>)(leaf)(25% polyphenols, 15% catechins, <10% caffeine).....	200 mg	**
Alpha-Lipoic Acid.....	200 mg	**
Benfotiamine.....	50 mg	**
Vanadium (as vanadium nicotinate glycinate chelate) ^{S2}	2.5 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Dried cane syrup, natural flavors (no MSG), sunflower oil, cellulose gum, xanthan gum, taurine, glycine, medium-chain triglyceride oil, fungal proteases^{S5}, guar gum, L-glutamine, stevia leaf extract, and silica.

DIRECTIONS: Blend, shake, or briskly stir the contents of one packet (43 g) into 8-10 oz chilled water and consume approximately 20-30 minutes before a main meal; or use as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy protein, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, and artificial preservatives.



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^{S3} InSea²® is a registered trademark of innoVactiv Inc.

^{S4} CinSulin® is a registered trademark of Tang-An Medical Ltd., manufactured under US patents 8,304,000 and 8,329,232.



^{S5} AMINOGEN® is a registered trademark of Innophos Nutrition, Inc. AMINOGEN® is protected under U.S. patent 5,387,422.



Oraxinol™

Antioxidant Support from Fruits and Berries*

Available in
60 capsules

Oraxinol™ is a proprietary fruit extract blend containing fruits and berries rich in polyphenols and antioxidant-supportive elements. The high-quality ingredients in this blend go through a multiple-stage quality assurance program to ensure potency, safety, integrity, and purity from field to finished product.*

Serving Size: 1 Capsule



Amount Per Serving %Daily Value

Oraxinol Proprietary Blend

Grape (*Vitis vinifera*)(seed, skin, and pulp), pomegranate (*Punica granatum*)(whole fruit), blueberry (*Vaccinium uliginosum*)(whole berry), chokeberry (*Aronia arbutifolia*)(whole berry), mangosteen (*Garcinia mangostana*)(skin), cranberry (*Vaccinium macrocarpon*)(whole berry), goji berry (*Lycium barbarum*)(whole berry), apple (*Malus pumila* Milh)(skin), bilberry (*Vaccinium myrtillus*)(whole berry)(6,000 µmol TE/g)

..... 500 mg **

** Daily Value not established.

Other Ingredients: HPMC (capsule), stearic acid, magnesium stearate, and silica.

DIRECTIONS: Take one capsule twice daily, or as directed by your healthcare professional.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

OrganiX™ PhytoFood™

All-Natural Greens and Reds Formula

Available in
30 servings

OrganiX PhytoFood is a convenient powdered formulation providing key nutrients to support a healthy lifestyle. This comprehensive formula incorporates an innovative blend of organic greens, vegetables, fruits, berries, phytonutrients, organic fiber sources, probiotics, and digestive enzymes. OrganiX PhytoFood also features a bioavailable, antioxidant-rich blend of green tea and apple extracts. In addition, TrueBroc® broccoli seed extract, standardized to glucoraphanin, is present to provide long-lasting antioxidant support.*

This nutrient-dense formula features concentrates from “superfoods” known to provide phytonutrients and antioxidants that play important roles in maintaining our health and well-being. OrganiX PhytoFood is lactose-free and suitable for vegans.*

Serving Size: 1 Scoop (about 8 g)

Servings Per Container: About 30

Amount Per Serving %Daily Value

Calories.....	30	
Total Carbohydrate.....	7 g	3%†
Dietary Fiber.....	4 g	14%
Total Sugars.....	1 g	**
Vitamin C (as ascorbic acid and ingredients with naturally occurring vitamin C)	300 mg	333%
Organic Fiber Blend (organic gum acacia, organic inulin, organic flaxseed)	4.275 g	**
Organic Greens and Veggies Blend.....	1.28 g	**
(organic carrot (<i>Daucus carota</i>)(whole carrot), organic green cabbage (<i>Brassica oleracea</i> L. var. <i>Capitata</i>)(whole cabbage), organic broccoli (<i>Brassica oleracea</i> <i>Botrytis cymosa</i>)(whole plant), organic beet (<i>Beta vulgaris</i>)(root), organic chlorella (<i>Chlorella vulgaris</i>)(whole plant), organic spinach (<i>Spinacia oleracea</i>)(whole plant))		
Organic Fruits and Berries Blend.....	875 mg	**
(organic blueberry (<i>Vaccinium corymbosum</i>)(whole berry), organic apple (<i>Malus domestica</i>)(whole apple), organic strawberry (<i>Fragaria Spp.</i>)(whole fruit), organic sea-buckthorn juice powder (<i>Hippophae rhamnoides</i>)(fruit), organic acai (<i>Euterpe oleracea</i>)(berry), organic acerola cherry extract (<i>Malpighia glabra</i>)(fruit), organic plum extract (<i>Prunus salicina</i>)(fruit))		
Antioxidant Phytonutrients Blend.....	710 mg	**
(organic green tea extract (<i>Camellia sinensis</i>)(leaf) and organic apple extract (<i>Malus sieversii</i>)(whole fruit), organic astragalus (<i>Astragalus membranaceus</i>)(root), organic ginger (<i>Zingiber officinale</i>)(root), organic goji berry extract (<i>Lycium sp.</i>)(fruit))		
Digestive Support* Blend.....	20 mg	**
(probiotics (<i>L. acidophilus</i> , <i>B. longum</i> , <i>L. casei</i> , <i>L. rhamnosus</i>) and enzymes (protease, amylase, bromelain, cellulase, lactase, lipase))		
Glucoraphanin (from broccoli extract)(<i>Brassica oleracea italica</i>)(seed) ^{S1}	5 mg	**

†Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Other Ingredients: Organic flavors, organic stevia extract, and organic Luo Han Guo extract.

DIRECTIONS: Blend, shake, or briskly stir one level scoop (8 g) of OrganiX™ PhytoFood™ into 6-8 fl oz chilled water, or as directed by your healthcare professional. Adjust amount of water to desired sweetness and/or thickness.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.



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